



Piecing It Together: *A Paradigm Shift in 3D Printing Foot Ankle Surgery*

Alan Y. Yan, MD FAAOS

Director of Limb Preservation Center Sanford Clinic USD

Chief Orthopedic Foot Ankle Surgeon Sanford Clinic

SANFORD[®]
HEALTH



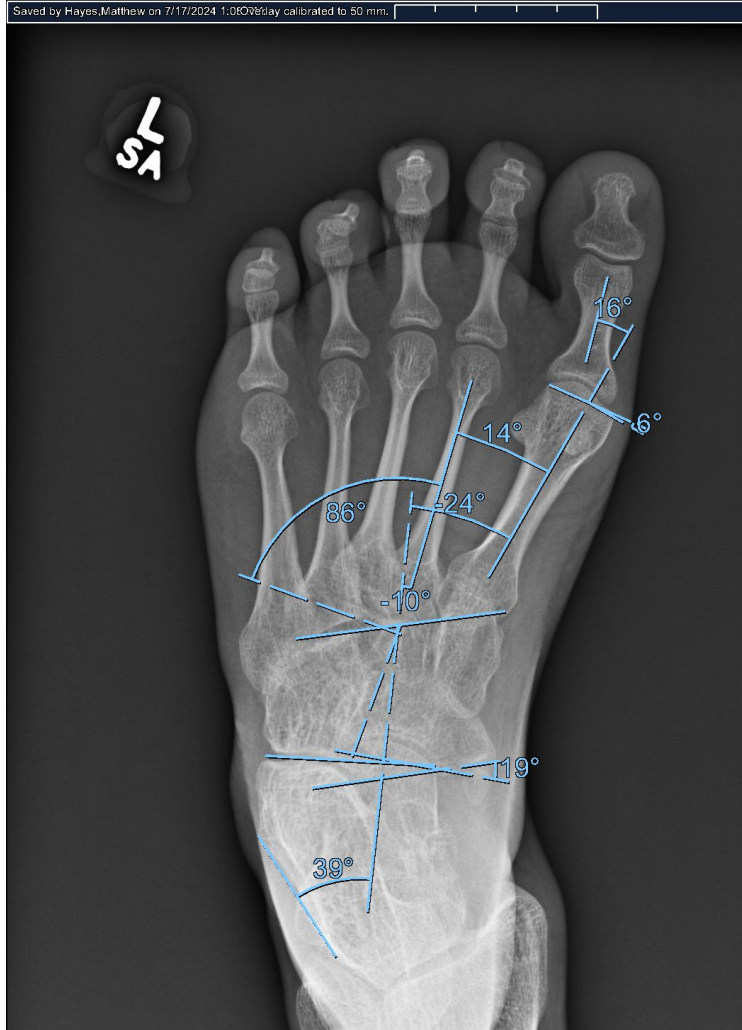
Disclosure:

- Consultant Fusion Inc.
- Consultant Flower Conventus
- Design & Ownership Yanstrument
- Membership Committee AOFAS
- Foot Ankle Content Committee
AAOS

My 3D Planning Case 1. Muscular Dystrophy (EDMD) Rigid Equines Foot Auto-Strut Frame

Muscular Dystrophy Rigid Equines Foot
19 Y.O. Male





Color Snapshot
 Not for diagnostic use

User: Hayes, Matthew
 7/17/2024 1:08:39 PM

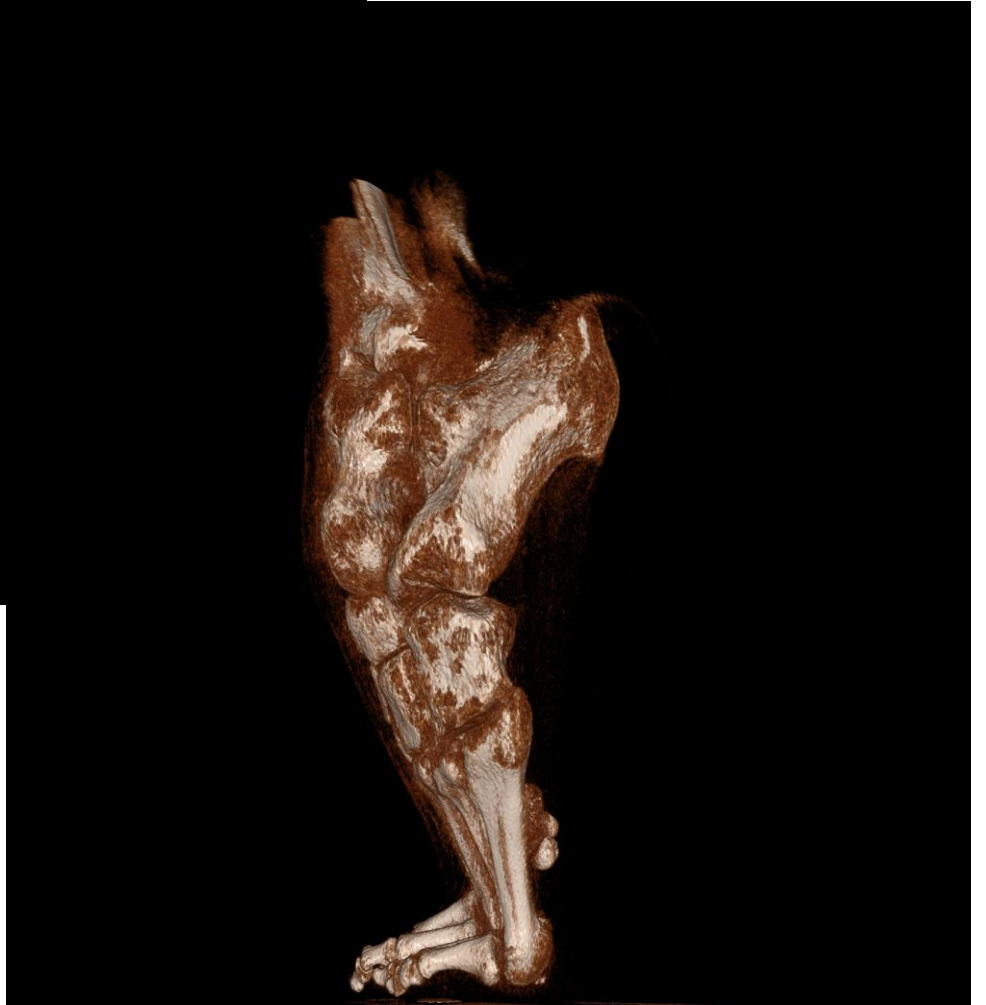
Image not calibrated
 Measurements based on original DICOM data.

AP Foot

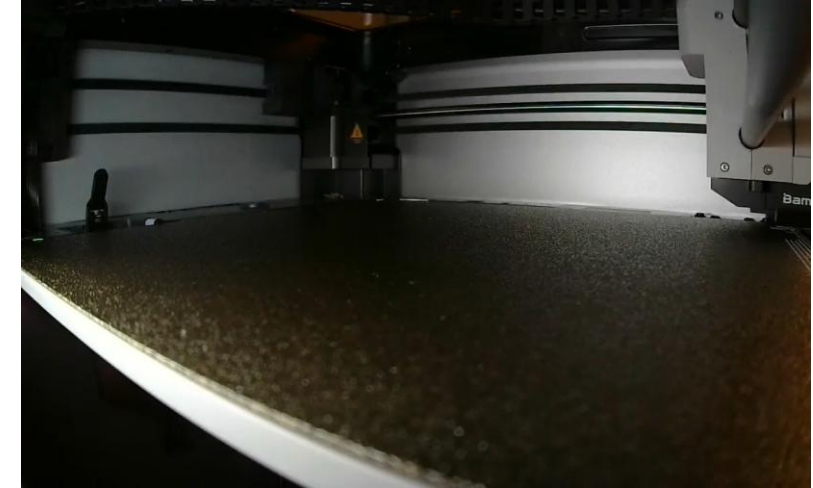
- Hallux valgus angle (HVA): 16°
- I-II Intermetatarsal angle (I-II IMA): 14°
- Distal metatarsal articular angle (DMAA): 6°
- Talonavicular coverage angle (TNCA): 19°
- Talo-first metatarsal angle (T1MA): -10°
- Talo-second metatarsal angle (T2MA): -24°
- Talo-calcaneal angle (TCA): 39°
- Metatarsus adductus angle (MAA): 86°



Regular 2D Plain X-Ray



**WBCT standing
3D imaging**



In Office 3D Printed Model: UNDER 24 HRS & 5 DOLLARS IN COST DESK TOP FROM Yan's Lab:



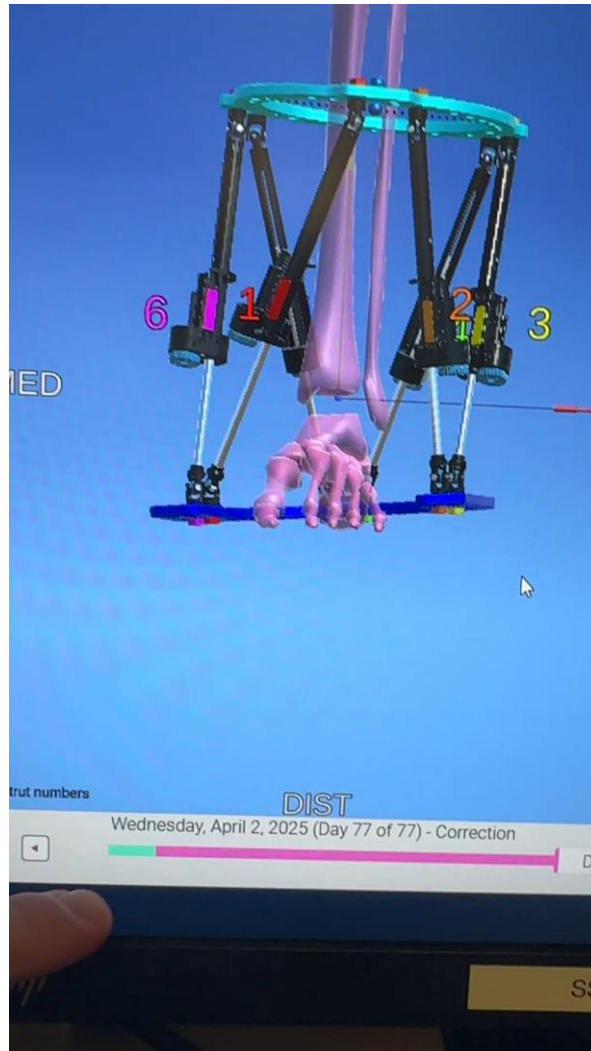
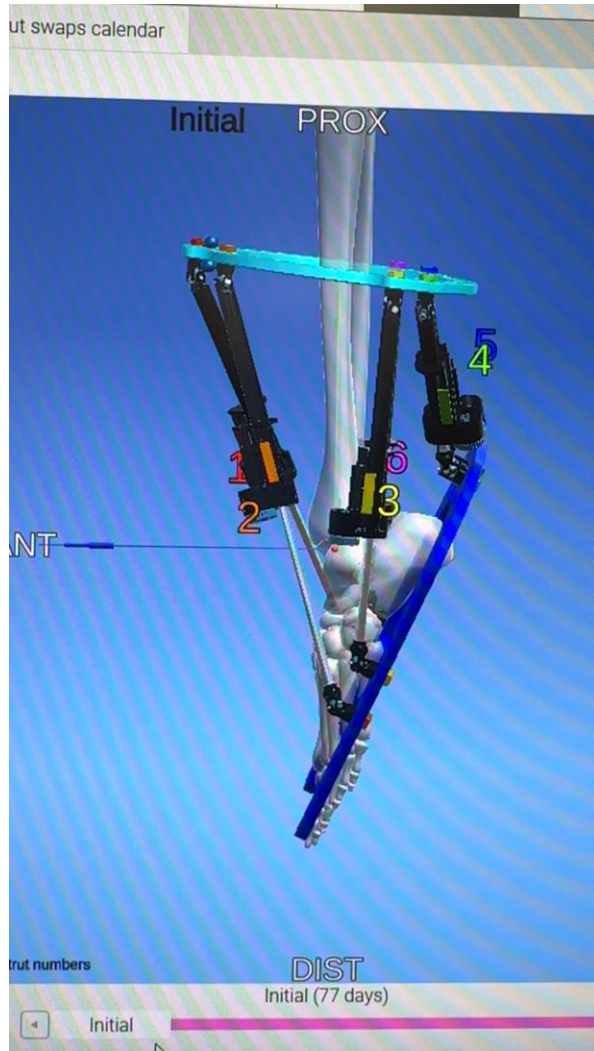
**Business
Opportunities in
Italy**



500 Euro???

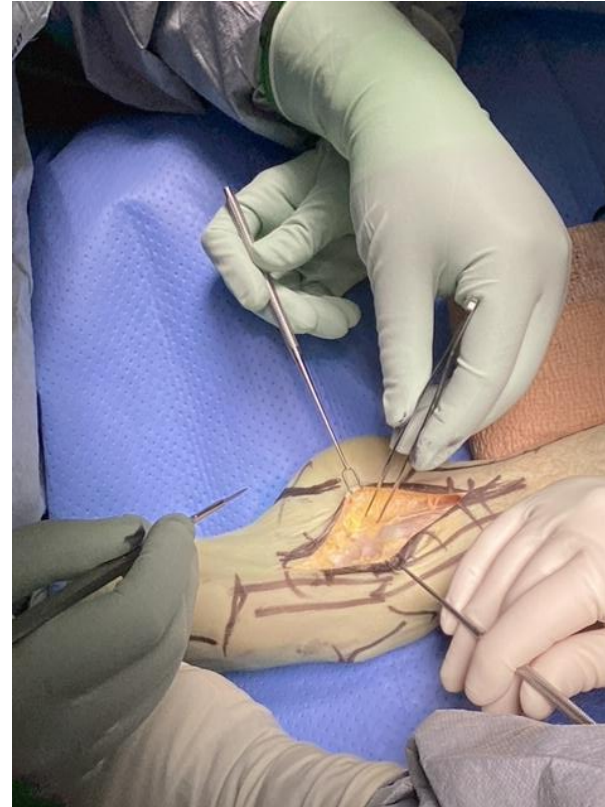
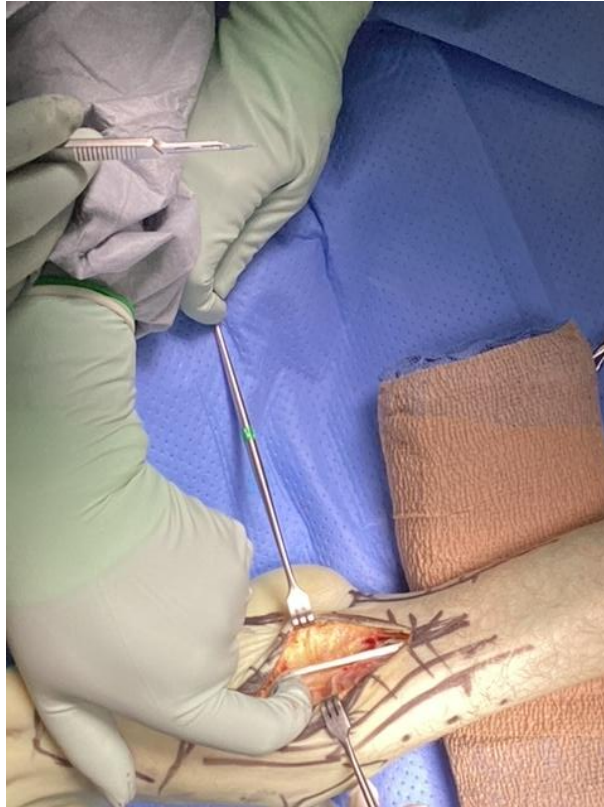


Clinical Exam in Dynamics



PreOp 3D Planning with autostruts:

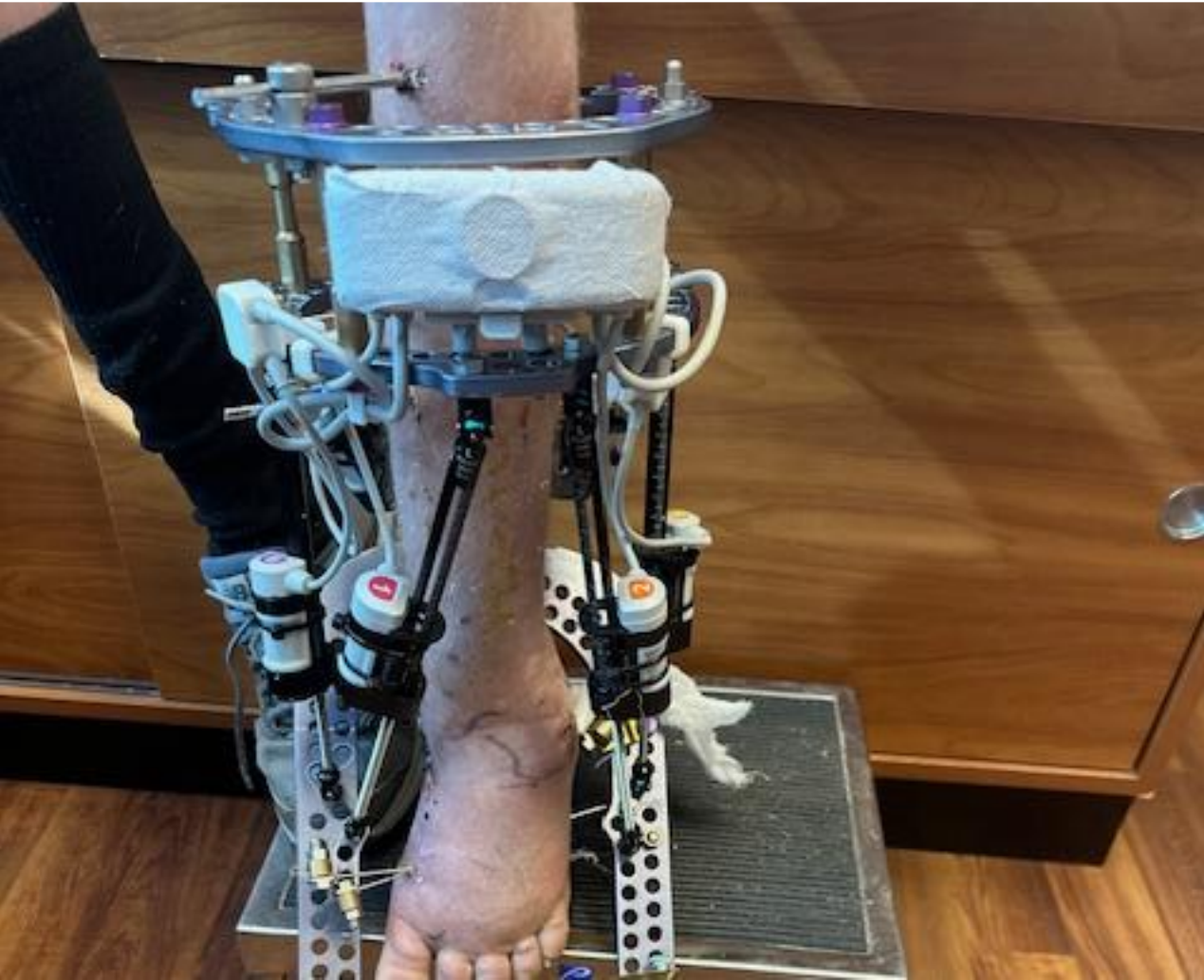
Intra-Op: Soft tissue release

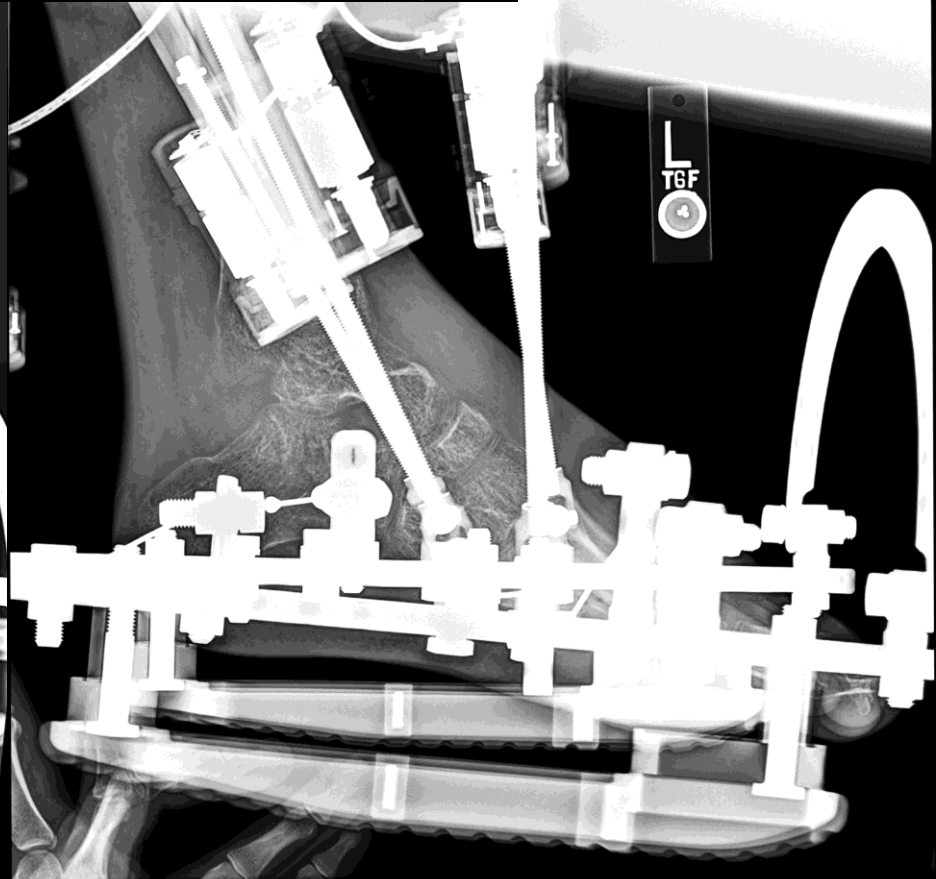
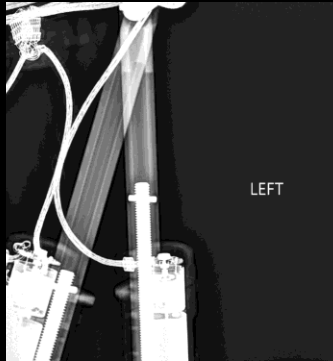
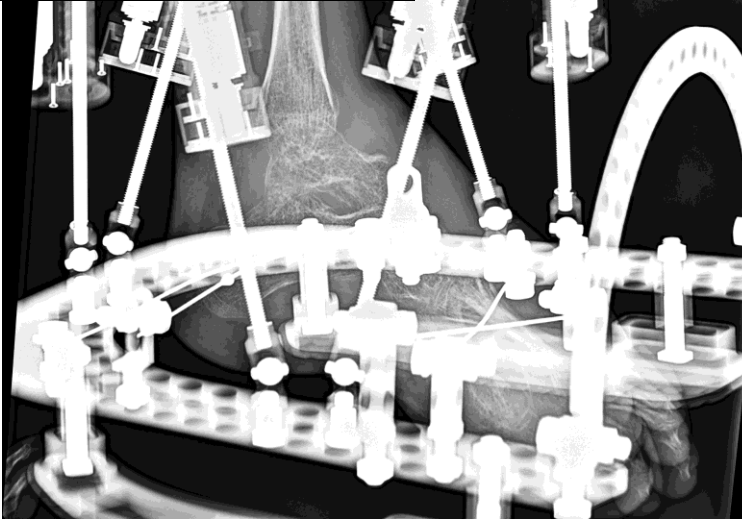
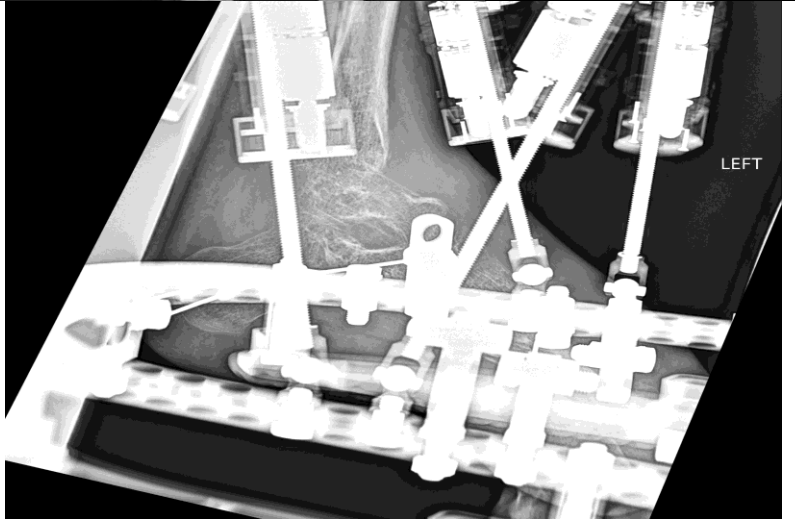
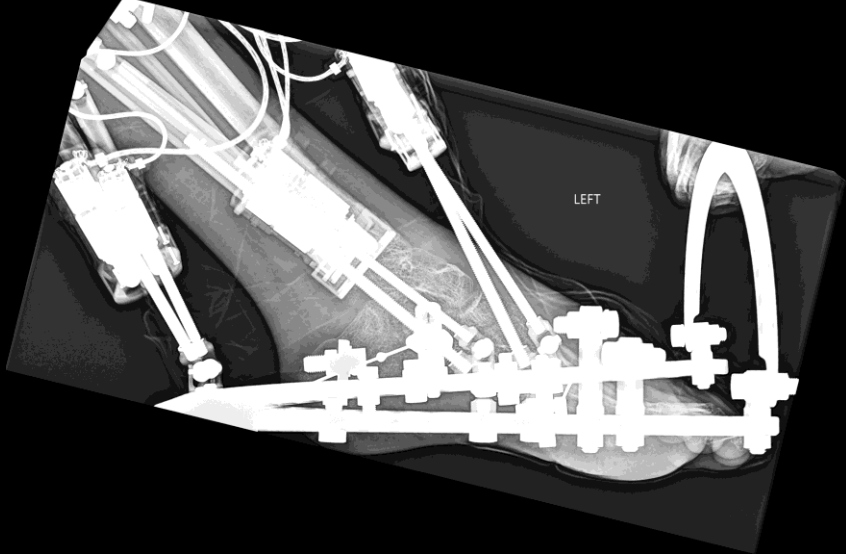
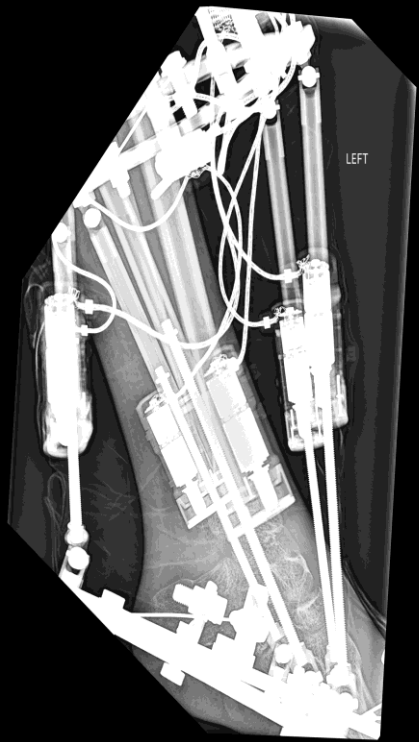
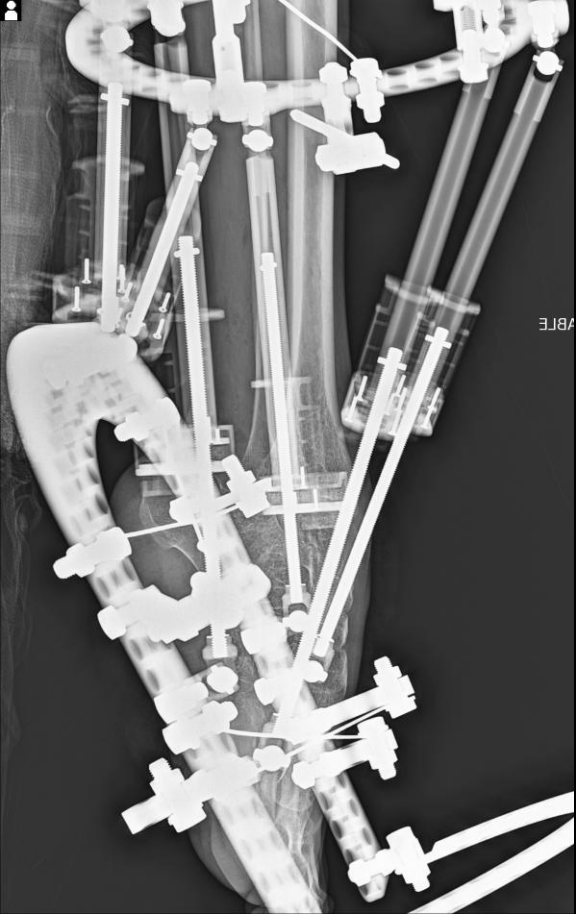




**IntraOp Execution of Plan:
Hexapod Autostruts**

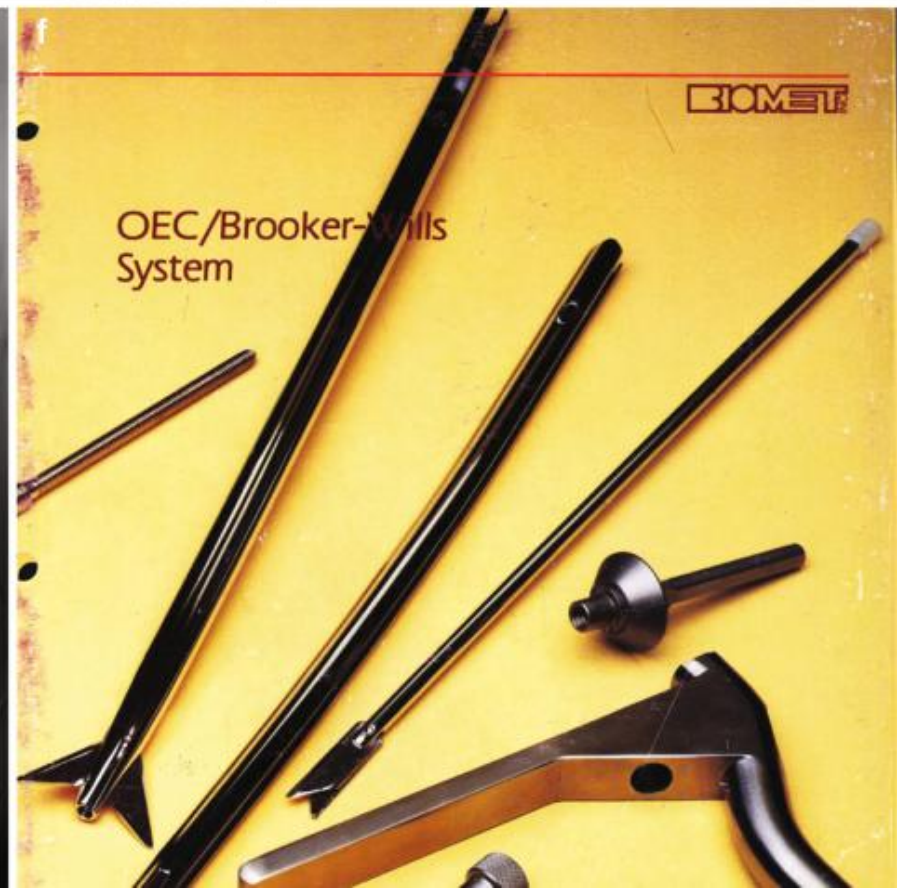
Post Op Follow ups:





**My 3D Planning Case
2. Complex Deformity
TTC Fusion with 3D
Printing Cage**





**Multiple Trauma Hx from MVA: 1990
Antiquated Tib Nail**

Second MVA with Poly-trauma: 2 Years Prior



Smoker & Open Wound Plastic Flap:



VIETATO FUMARE
NO SMOKING

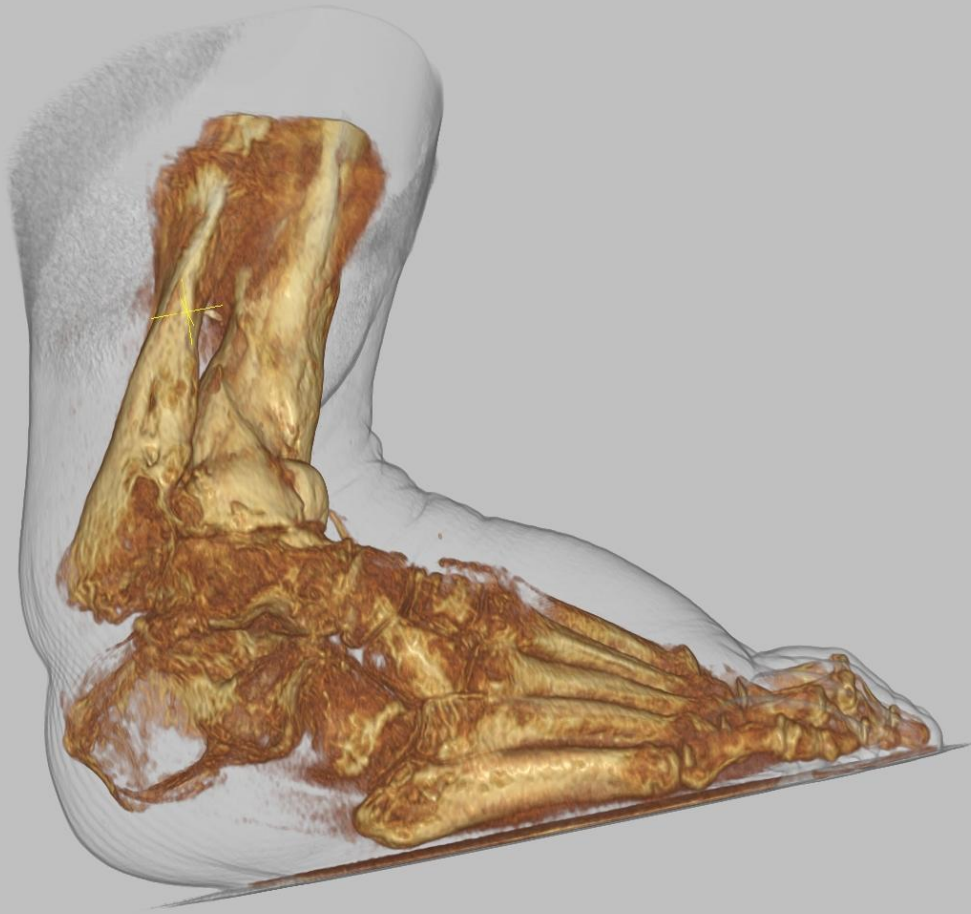




Refused Amputation & My Limb Salvage Clinic:



Staged Nail Removal & Abx Spacer





VIETATO FUMARE
NO SMOKING

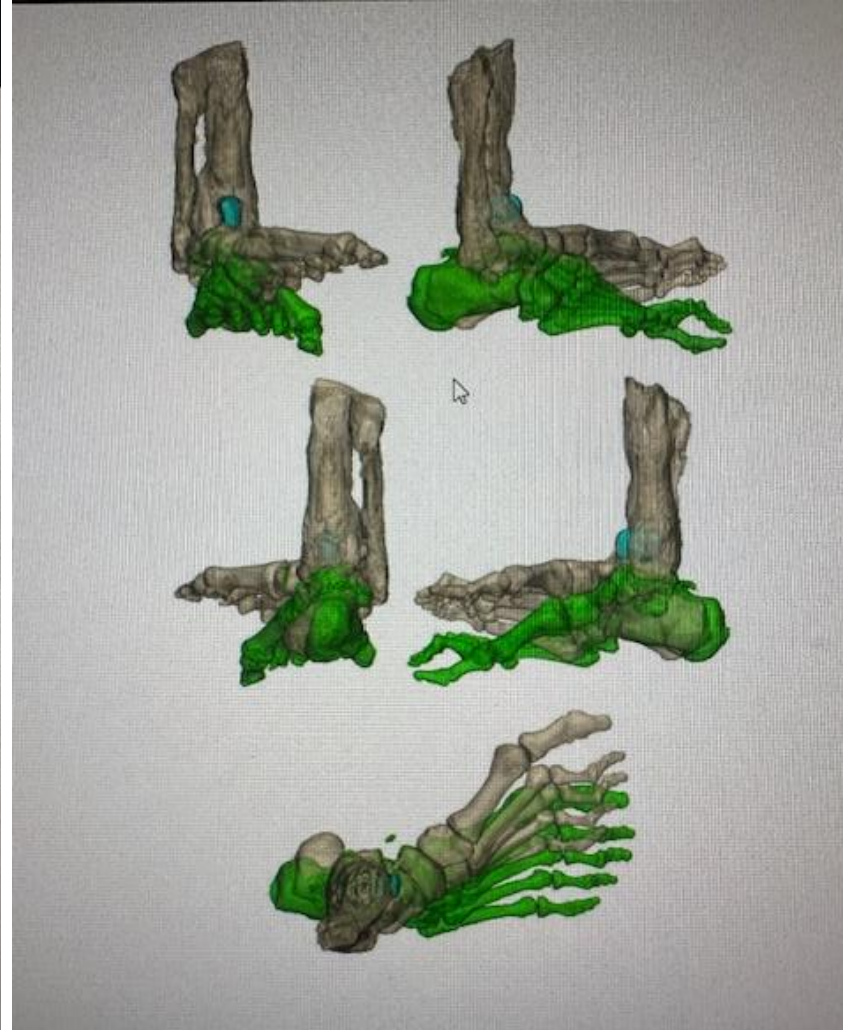
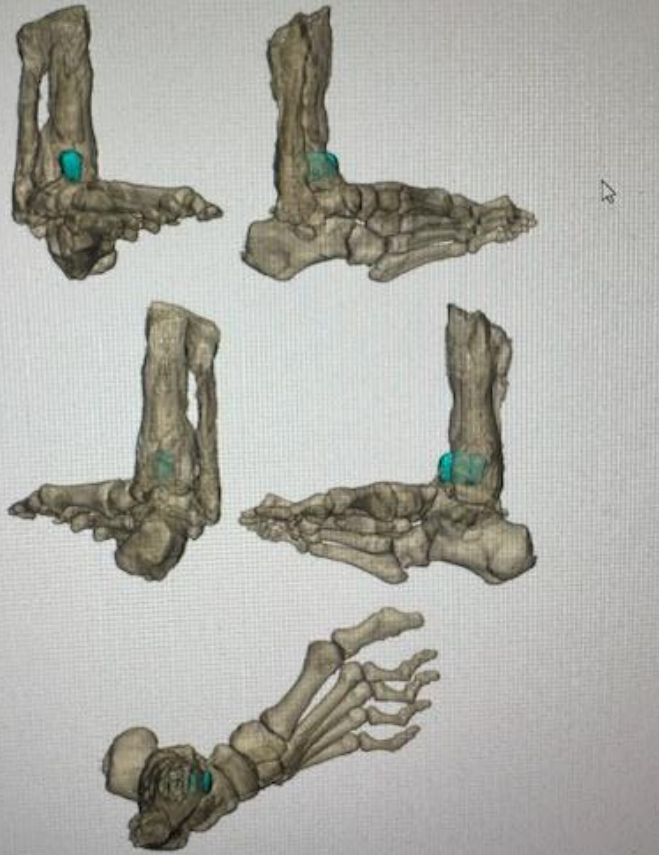
Stop Smoking 6 to 8 Weeks: Urine Nicotine Test Verification 1 Week prior to Reconstruction Surgery



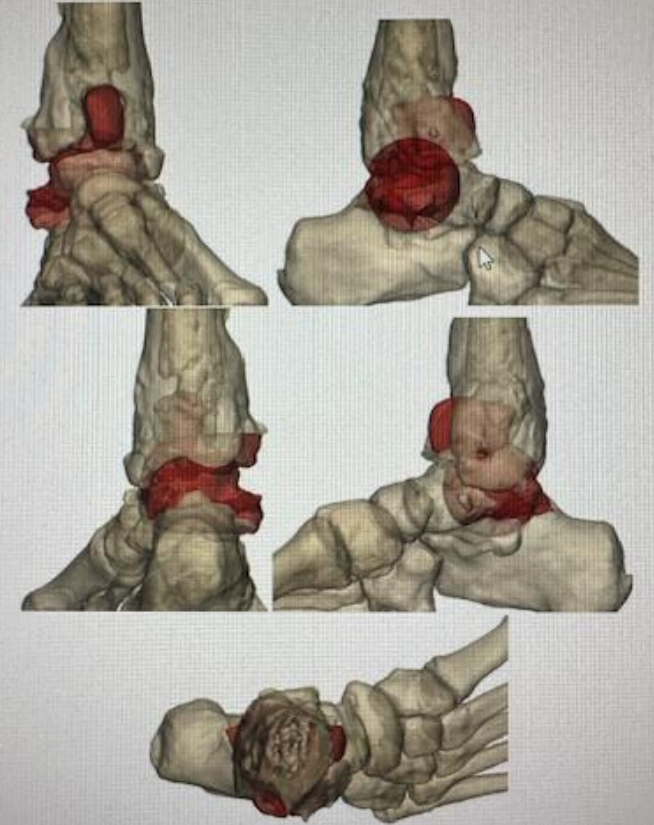
WARNING: Smoking reduces blood flow to the limbs, which can require amputation.



Preoperative Anatomy

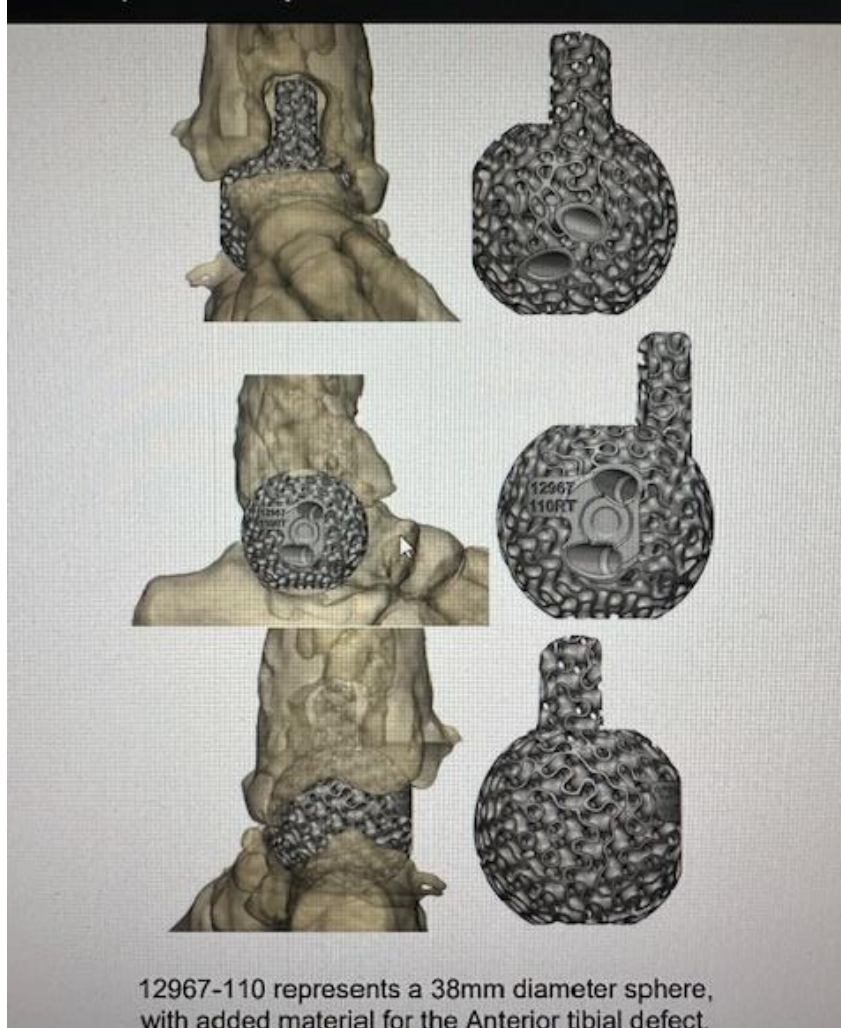
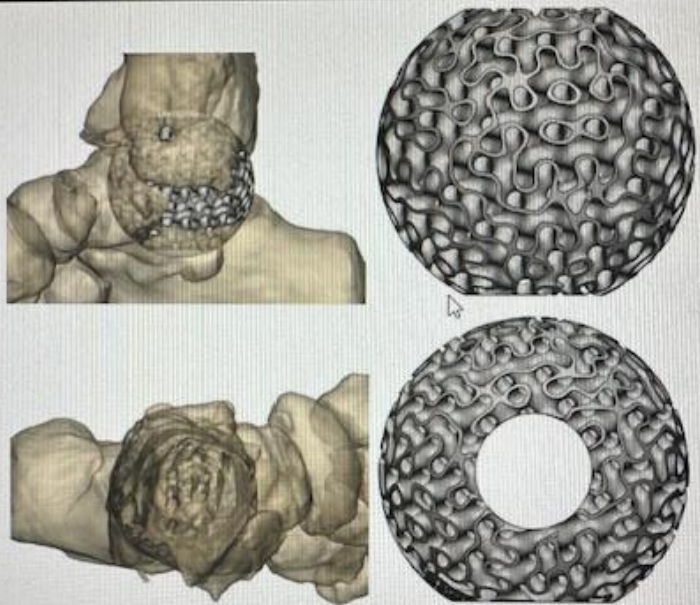


Proposed Resected Anatomy



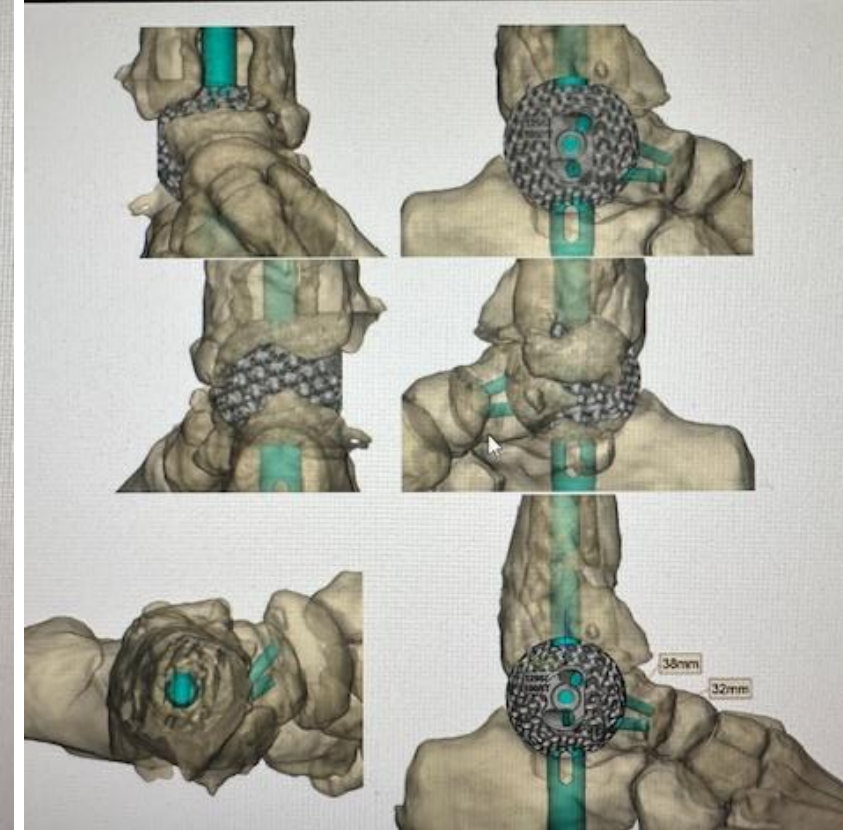
**Surgical Planning & 3D Printed
Implant for Large Bone Defects:**

Proposed Implant - Large



12967-110 represents a 38mm diameter sphere, with added material for the Anterior tibial defect.

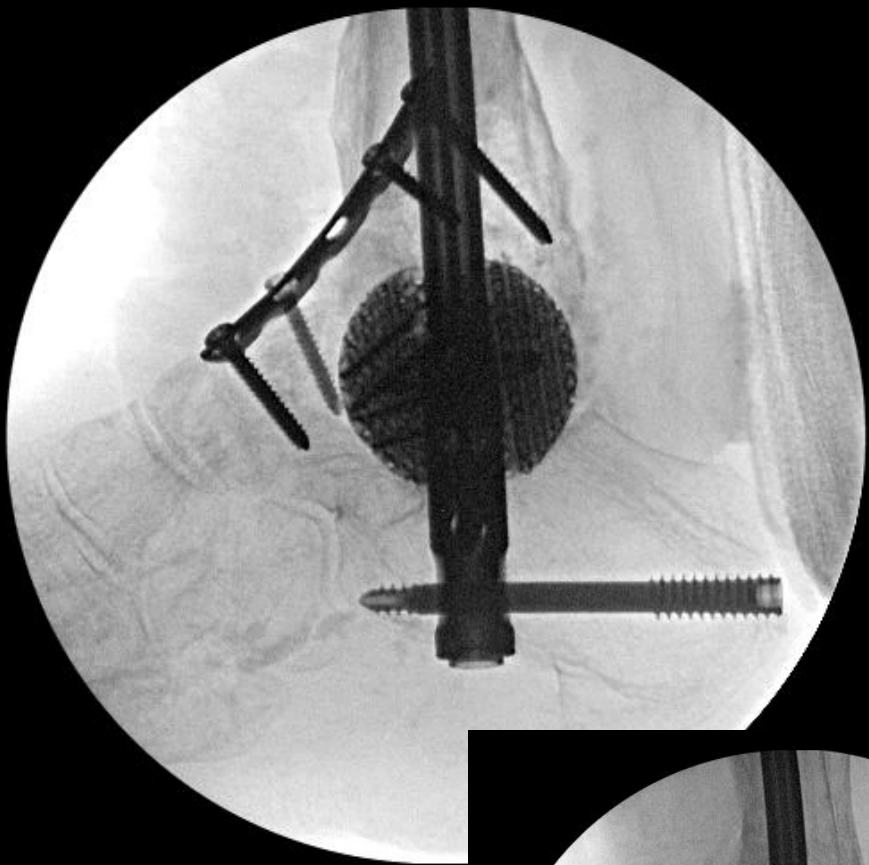
Proposed Fixation



TTC through the Cage



IntraOp 3D Cage Implant Bone Grafting: Italian Meatball Technique



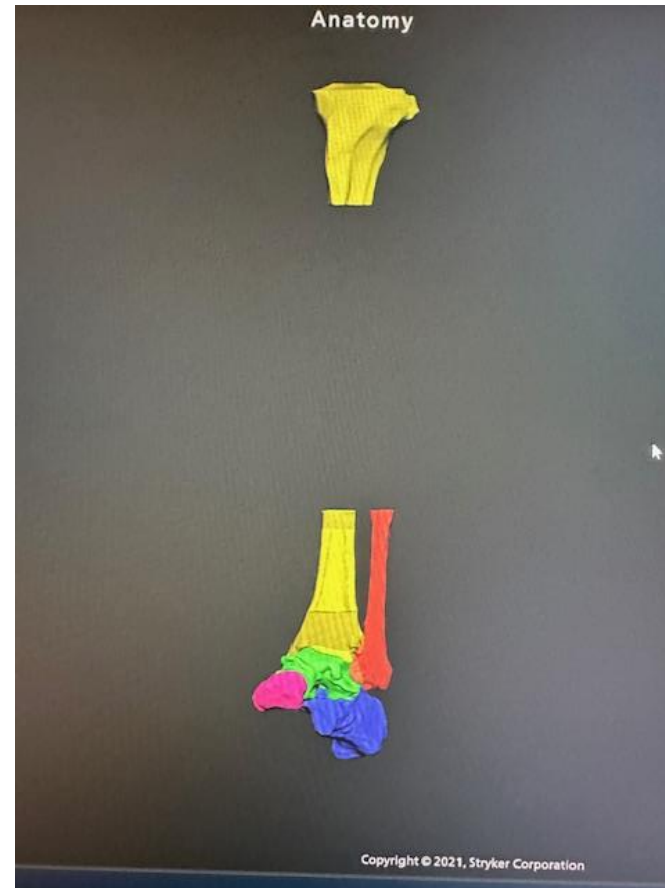
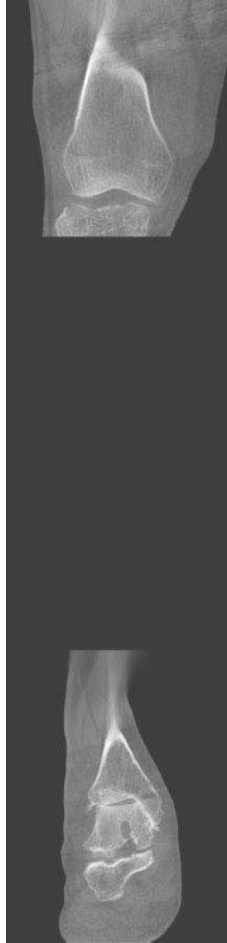


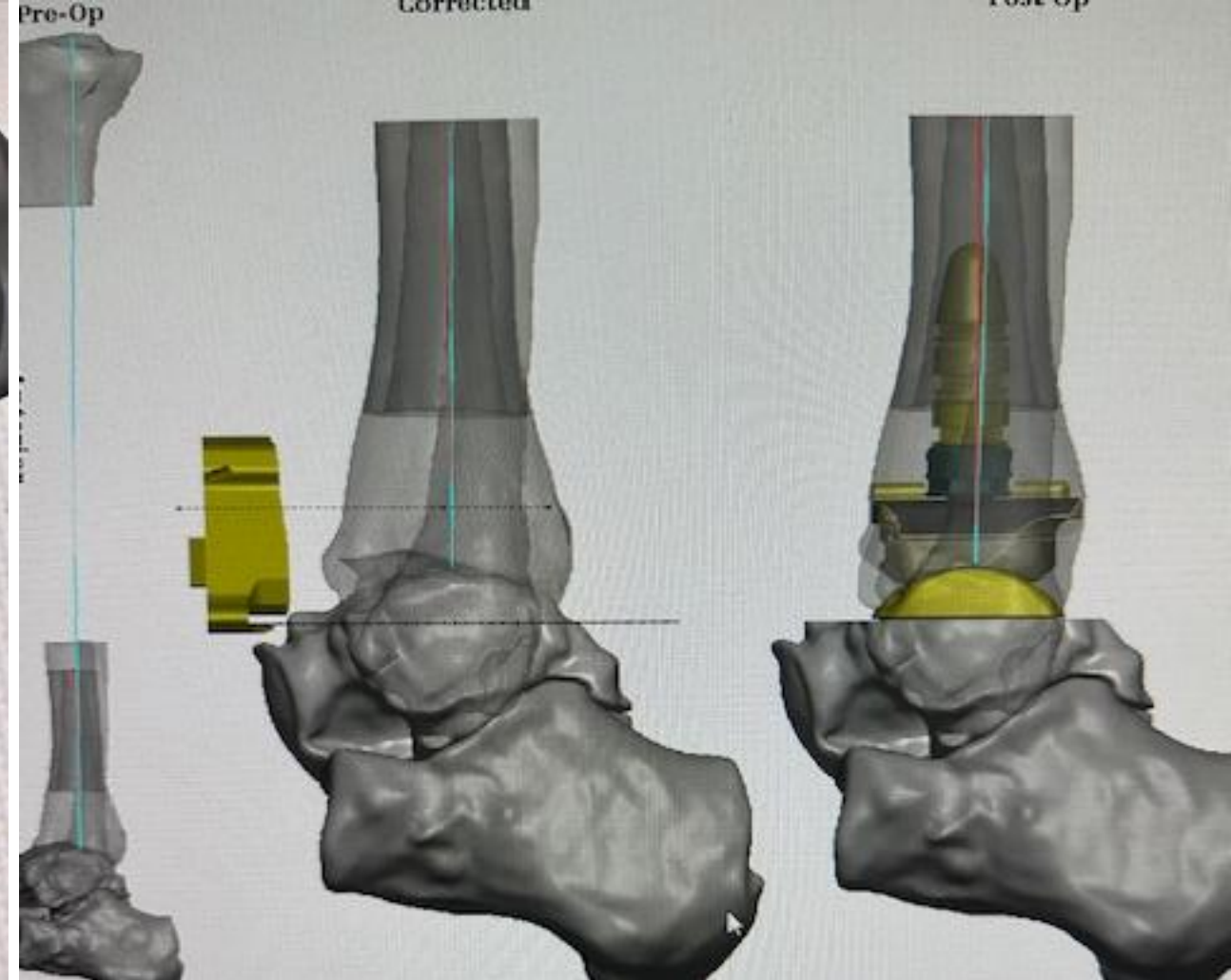
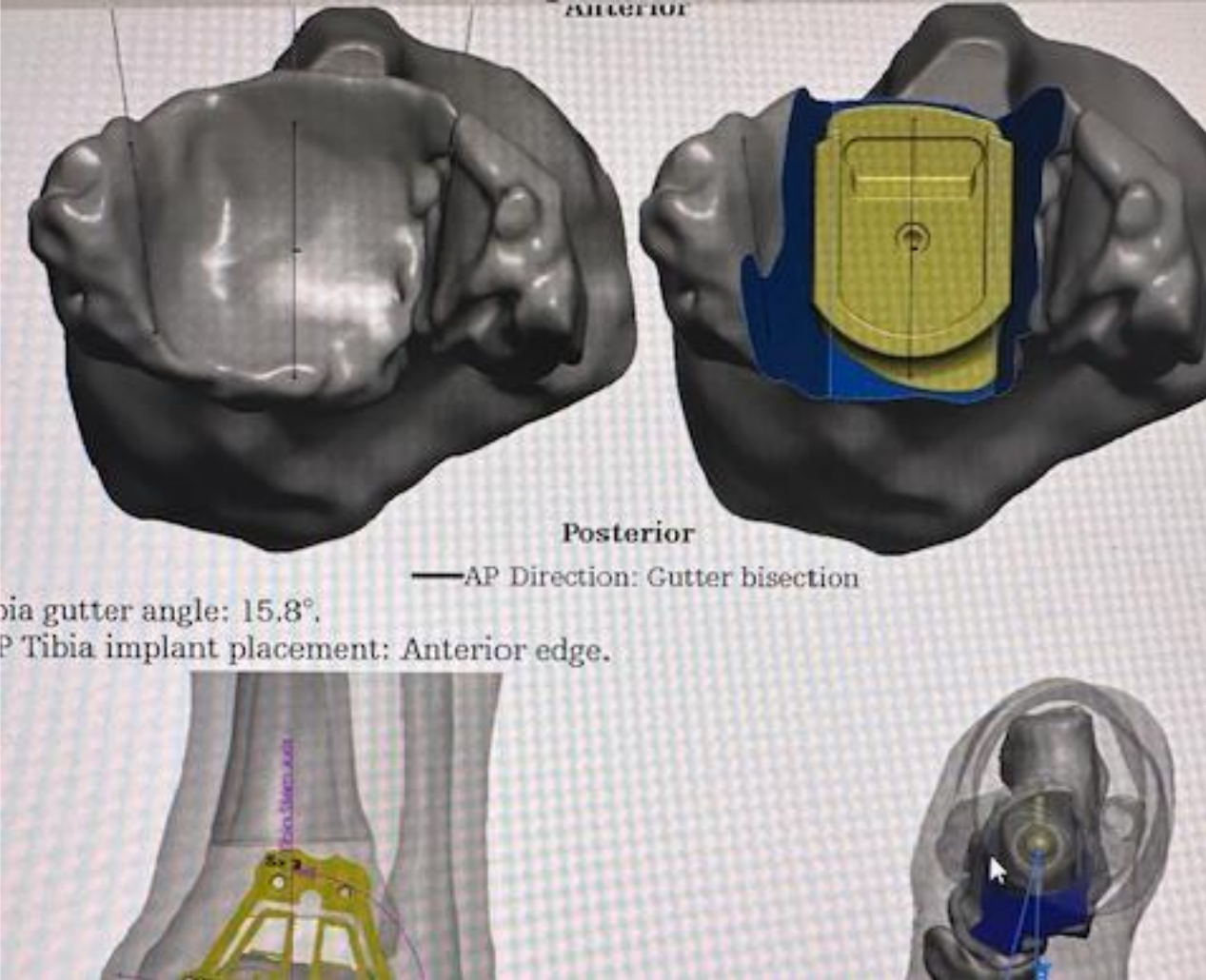
Immediate Post Op Correction



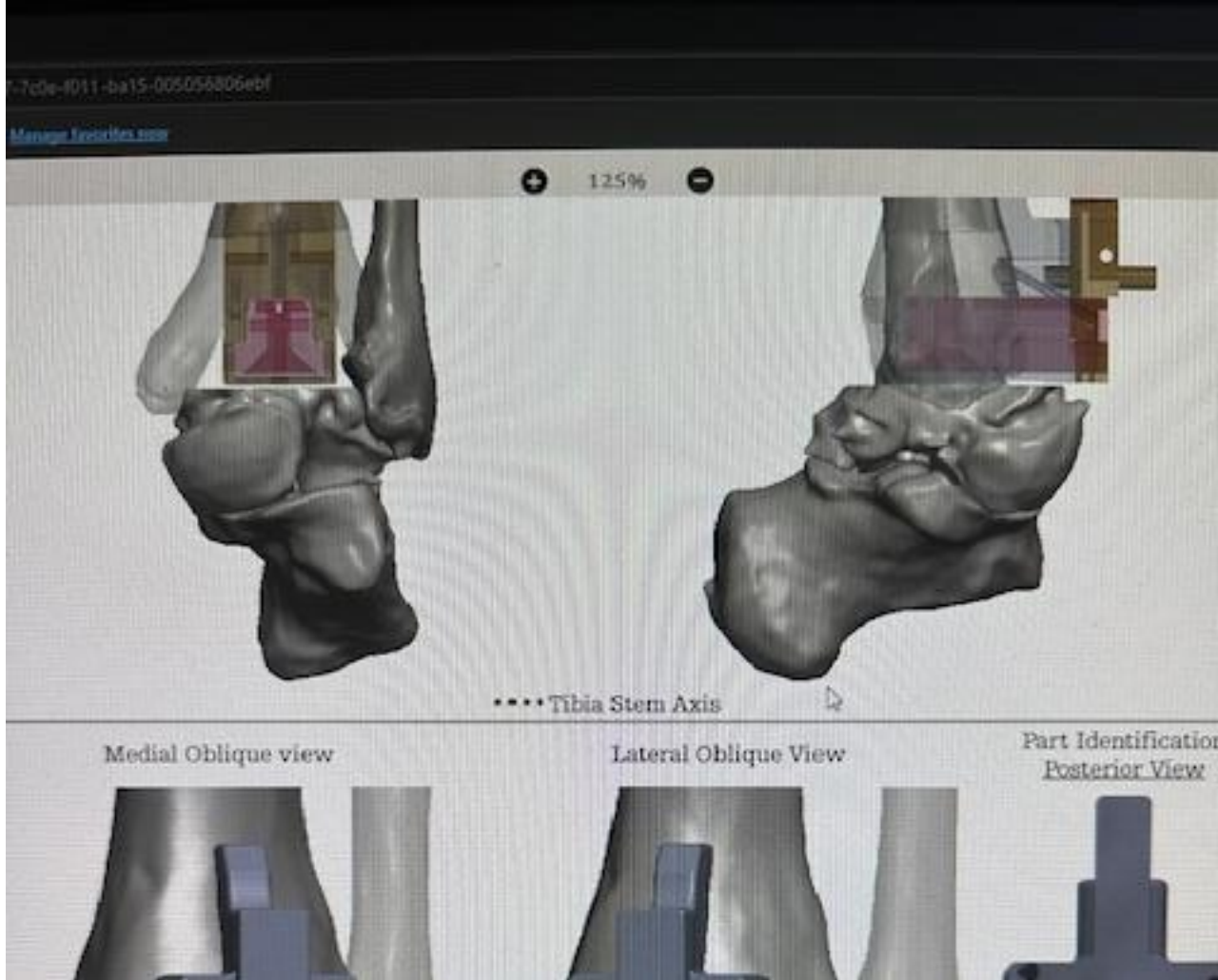
**My 3D Printing Case 3. 52 M
Revision Total Ankle Cage vs. Total Talus**

WBCT w Specific Protocol:





Design Discussion w Engineer



3D Printed Cutting Block PSI



Hi Five.



Fracture of the Talus



Staging Surgery for Revision TAA vs Fusion Vs. TATTER



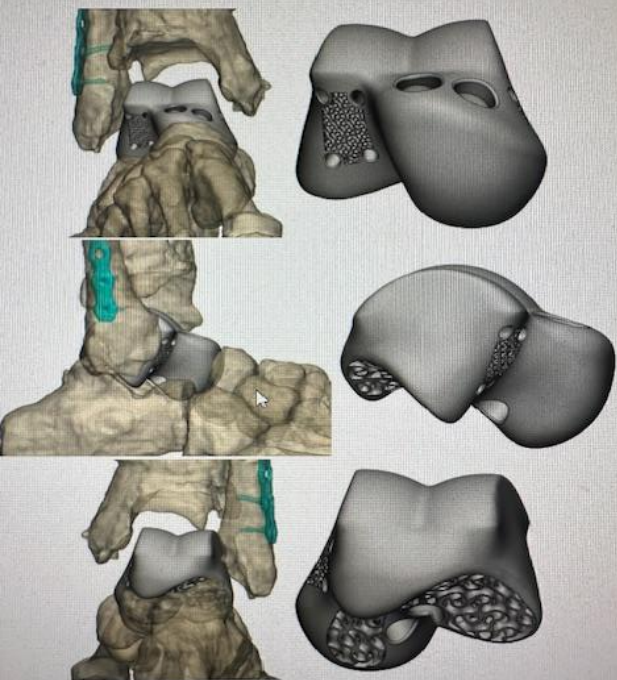
WBCT for Details in Standing



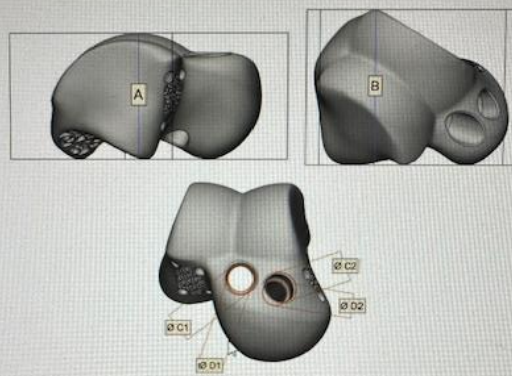
3D Design Predicted Correction

Total Talus TATTR

Proposed Implant – TATTR, Large

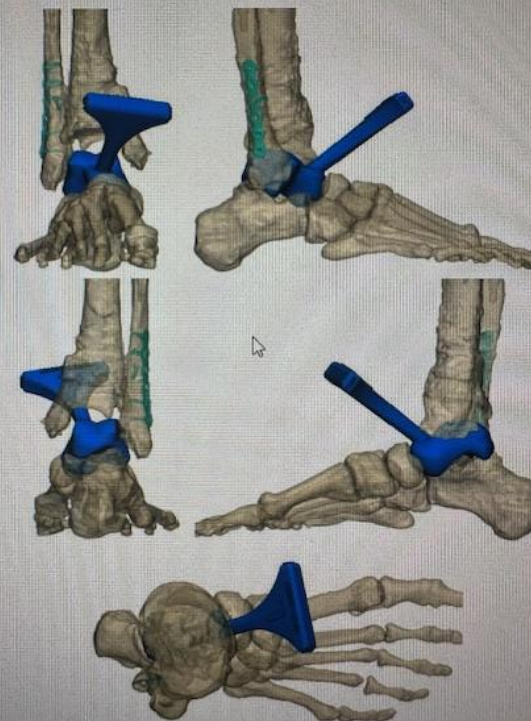


Implant Details – TATTR

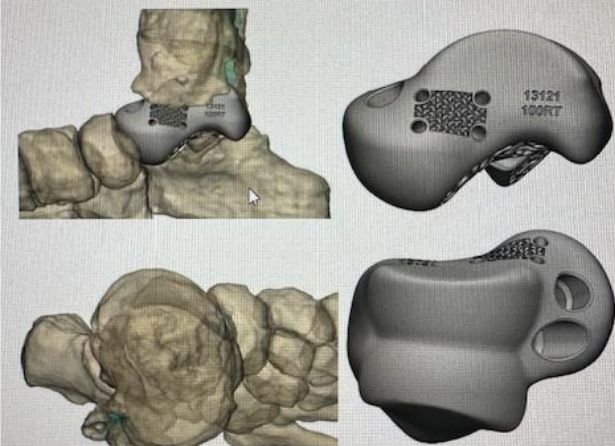


Part Number	A (mm)	B (mm)	C (mm)	D (mm)
-100	35.0	46.4	8.7	7.2
-102	33.2	45.6	8.7	7.2

Trials – TATTR



Proposed Implant – TATTR, Large



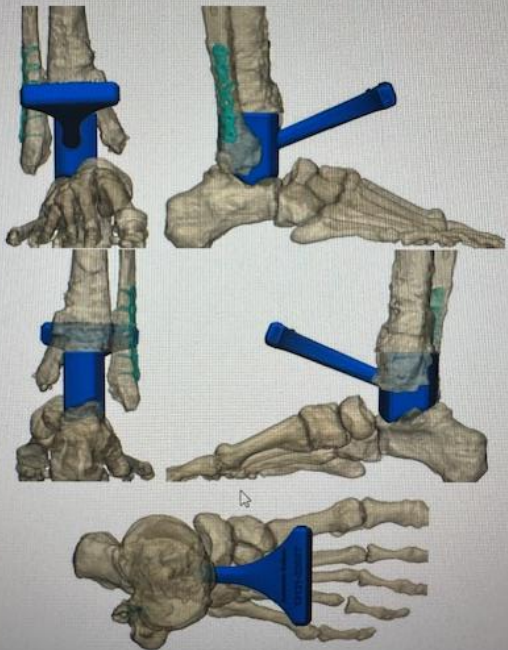
Approval, Manufacture & Delivery in Sterile Package

Proposed Fixation – TATTR

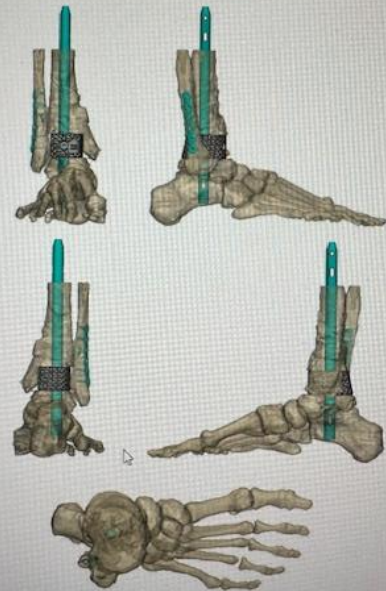


3D Printed Cage for Large Bone Defect

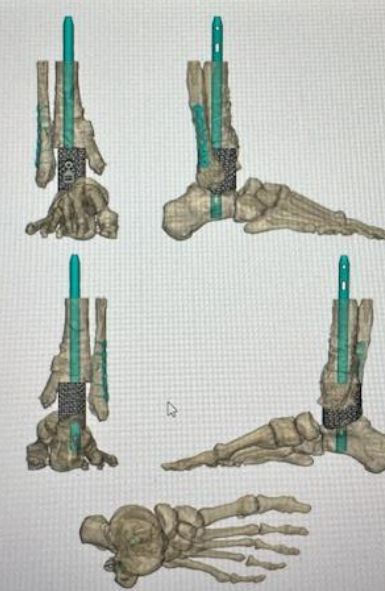
Trials – Ankle Cage, Anatomic Bottom



Proposed Fixation – Ankle Cage, Flat Bottom



Proposed Fixation – Ankle Cage, Anatomic Bottom



Proposed Implant – Ankle Cage, Flat Bottom





Planning for Bone Defect Cages: Engineer Communication



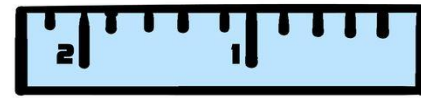
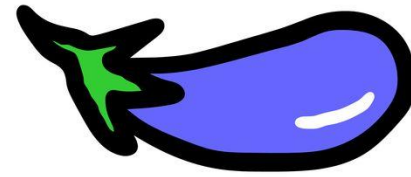
Attempt Plan A:



**Eliminating
Plan B due to
Tibial
Failure:**



Execution of Plan C: Here we go.



Average size

**Orthopaedic Golden
Rule !!! EYEBALL IT &
Average Sizing.**





Historical Lessons: One View is NO View.

Appropriately Used from Some Genius Twitter Pix

Stefan Rammelt, MD, PhD

Andrzej Boszczyk, MD, PhD

*Investigation performed at University
Hospital Carl Gustav Carus, Dresden,
Germany*

COMPUTED TOMOGRAPHY IN THE DIAGNOSIS AND TREATMENT OF ANKLE FRACTURES

A Critical Analysis Review

Historical Lessons for Orthopaedic Visualization:

of formulating a treatment plan. In 24% of cases, the original operative strategy was changed after the preoperative CT scans were reviewed. The most common

American pizza

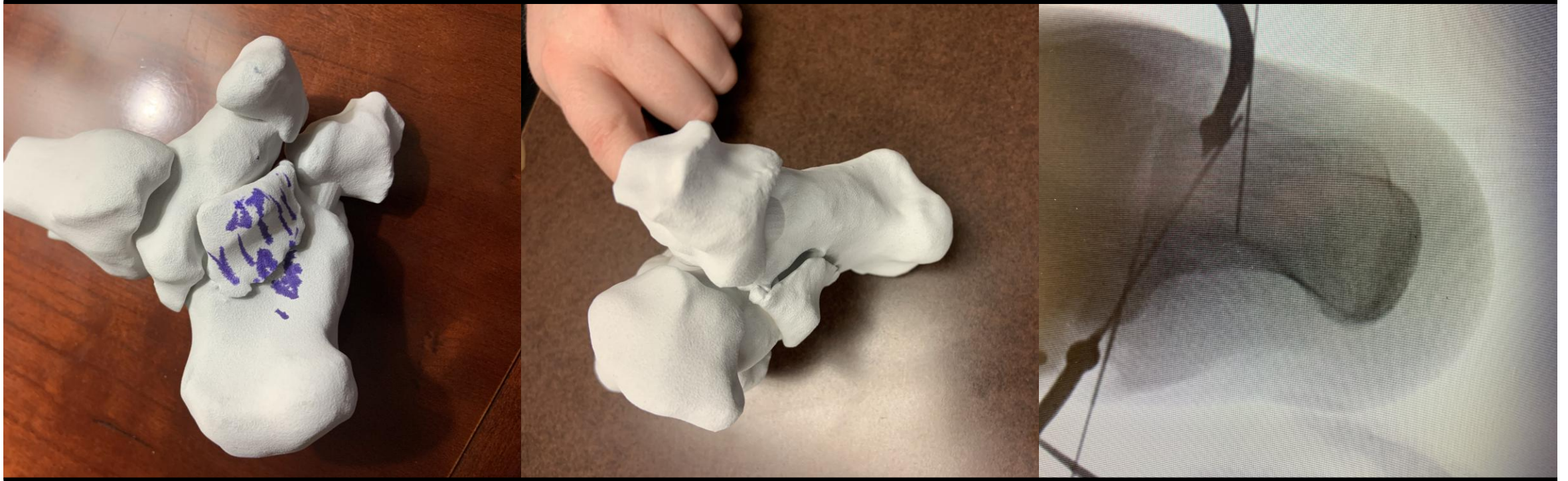
Italian pizza



**A Pix
Worth A
Thousand
Words:
???**
**Escape
from
Average**

A 3D Print Start-Up:



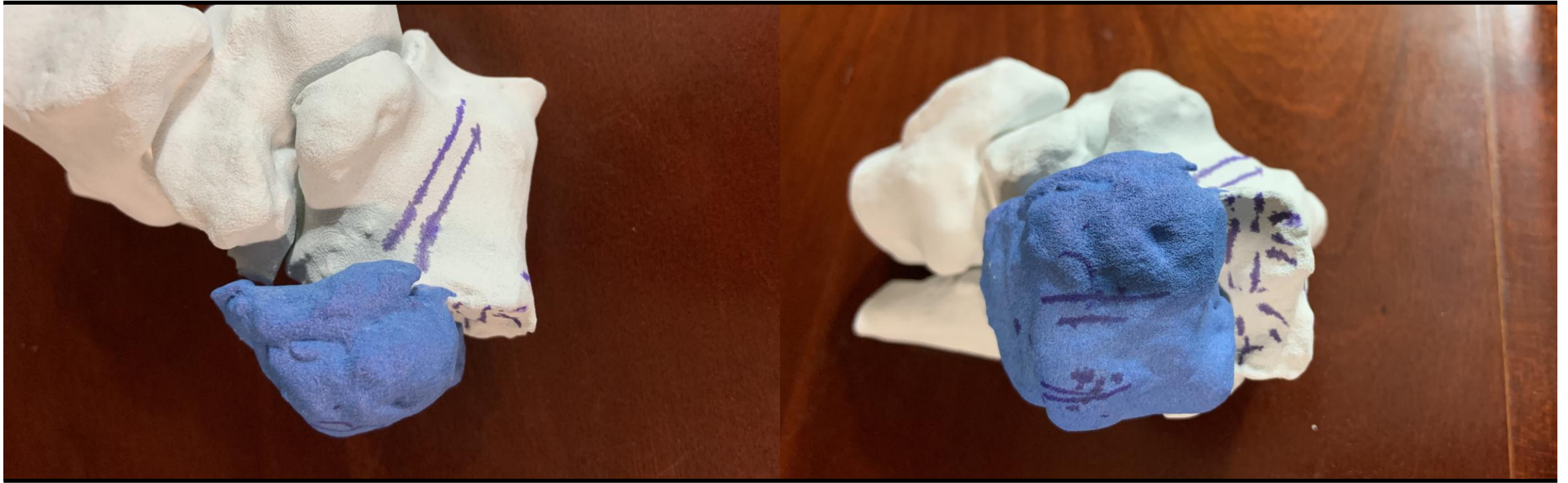


Precision: Time Efficient & Cost Saving

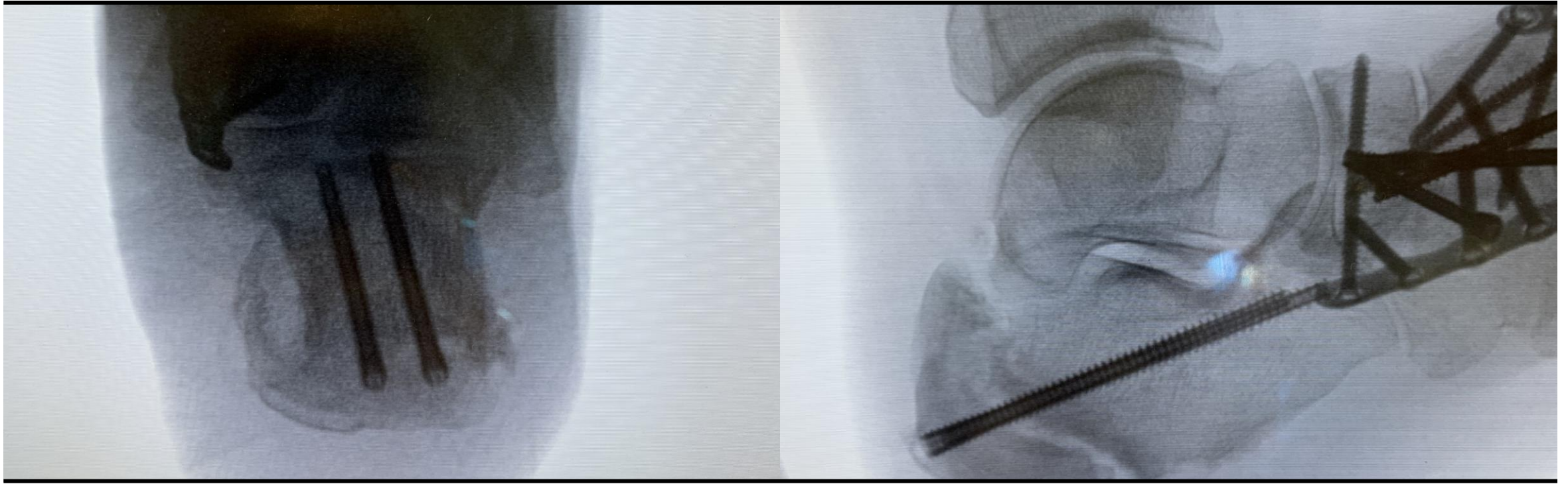
- PreOp Planning:
 - Incision & Safety Zones
 - Reduction
 - Accurate Placement of Screw Trajectory
-



**Love It: Keep Going &
Experimenting in a Safe Margin**



**Truly Appreciation of
What is Going ON.**



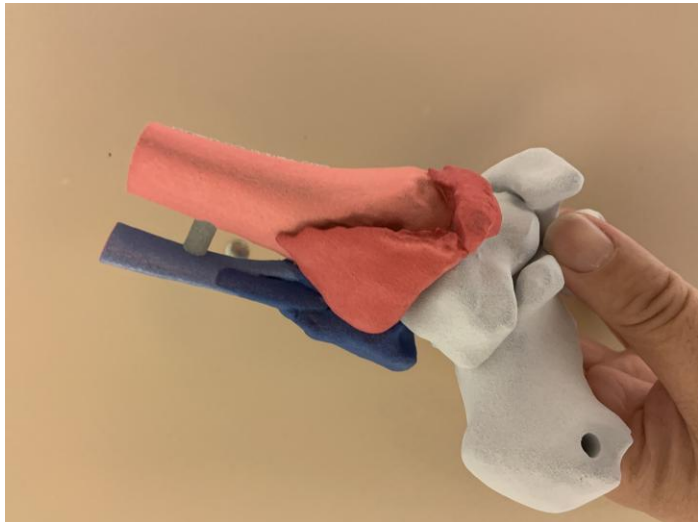
Easy Smooth Execution Intra-Op

Time is Money: Reducing Radiation

- Exactly Where to
Put Your
- MIS Burr

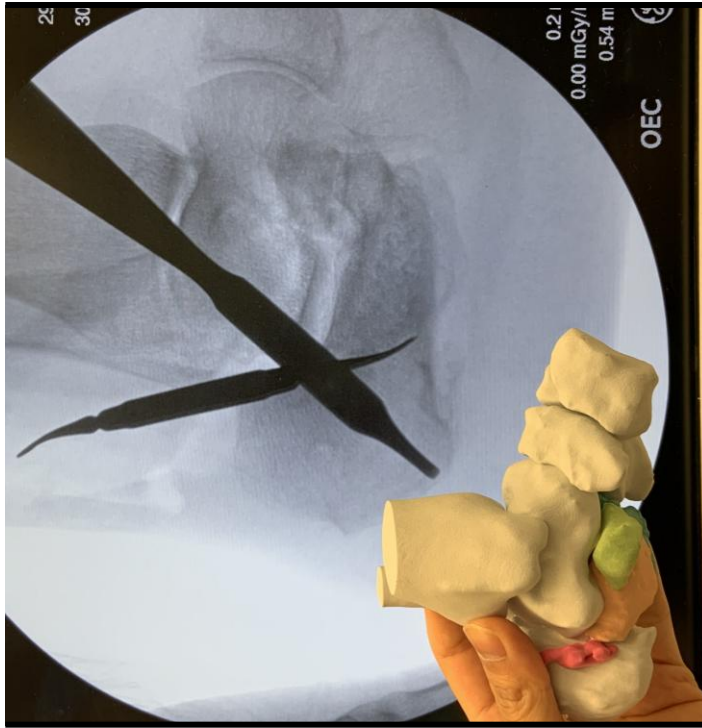


Understand All Pieces:

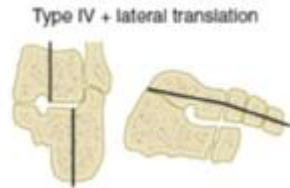




My Cases: Complicated Malunion Need More Understanding



Romash Osteotomy:



Type IV + lateral translation

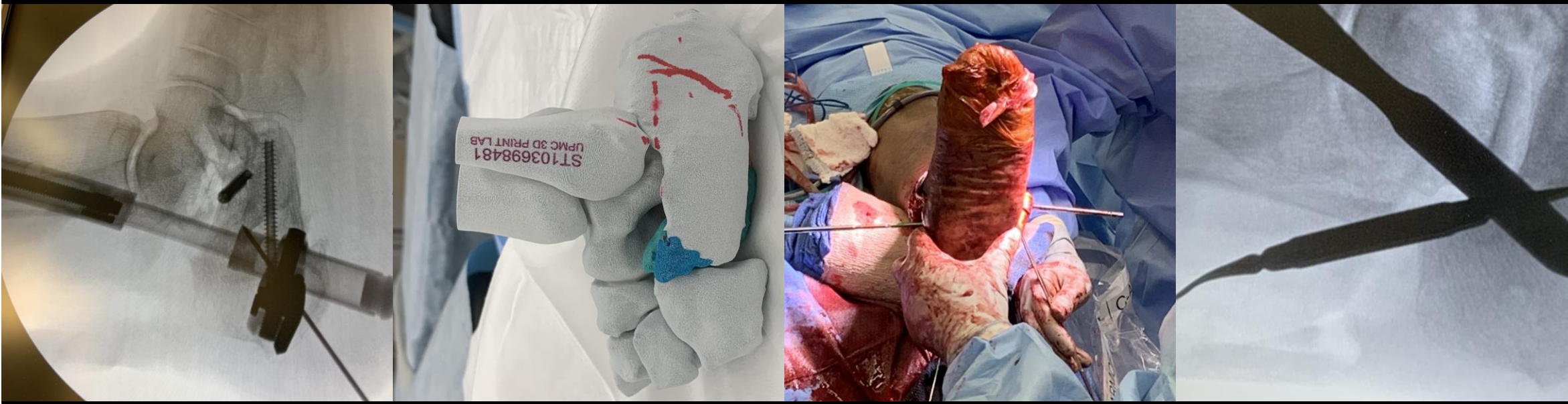
Lateral and upward translation of the tuberosity (malunited fracture-dislocation)

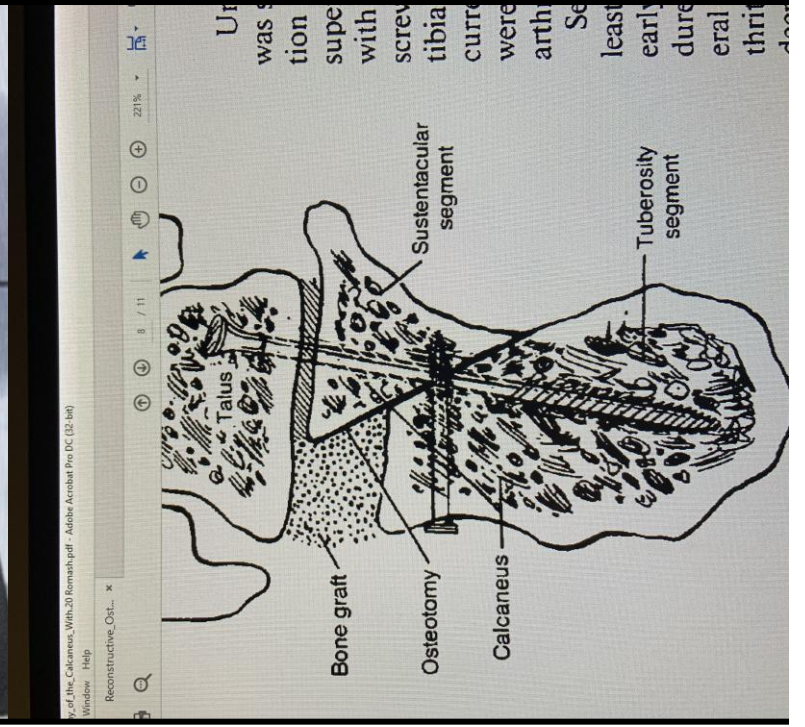
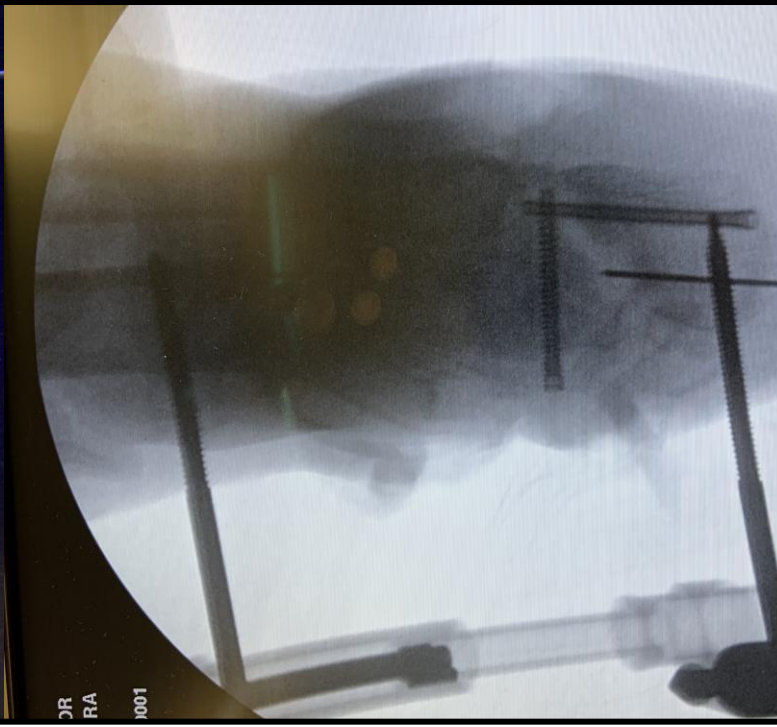
Corrective osteotomy along the former fracture with subtalar fusion and bone grafting

Managing Severely Malunited Calcaneal Fractures and Fracture-Dislocations

Stefan Rammelt, MD, PhD*, Christine Marx, MD

Easy & Make Sense Intra-Op References





**As Planned: More
Reliable & Predictable**



**Sterilizable Option
IntraOp:**

Screw vs Plate & Incision & Hardware Planning: Pre-Op Simulation



Target Colorization:



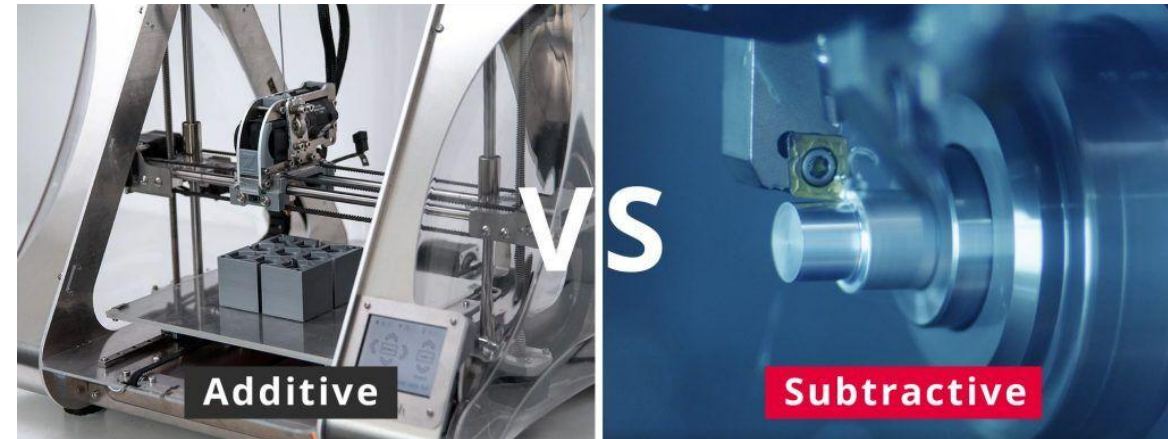
Parekh Family Foundation
2022 Global Foot and Ankle Townhall: Sports



3D Printed Model: tangible & direct visual appreciation

A screenshot from a video conference. The main content is a close-up of a 3D printed model of a hand with pink and green colorization, similar to the first image. The text at the top reads "Parekh Family Foundation" and "2022 Global Foot and Ankle Townhall: Sports". On the left side, there are small video thumbnails of participants. On the right side, there is a thumbnail image of a hand holding the 3D printed model. At the bottom, a blue banner contains the text "3D Printed Model: tangible & direct visual appreciation".

A Bit of Amazing History of New Toy: Additive vs Subtractive



Accurate, Accessible & Affordable

- Basic models to biocompatible implants or cutting tools
- DESKTOP 3D Printer (FDM/SLA) vs High End Machine
- CT/MRI → STL file → 3D print
- 3D Slicer Free Open Software 2018 (3D slicer.org)



Hideo Kodama is widely credited with being the first to develop a layer-by-layer manufacturing system using a photosensitive resin cured by UV light, which is considered a precursor to modern Stereolithography (SLA) 3D printers.

Major Event in a glance:

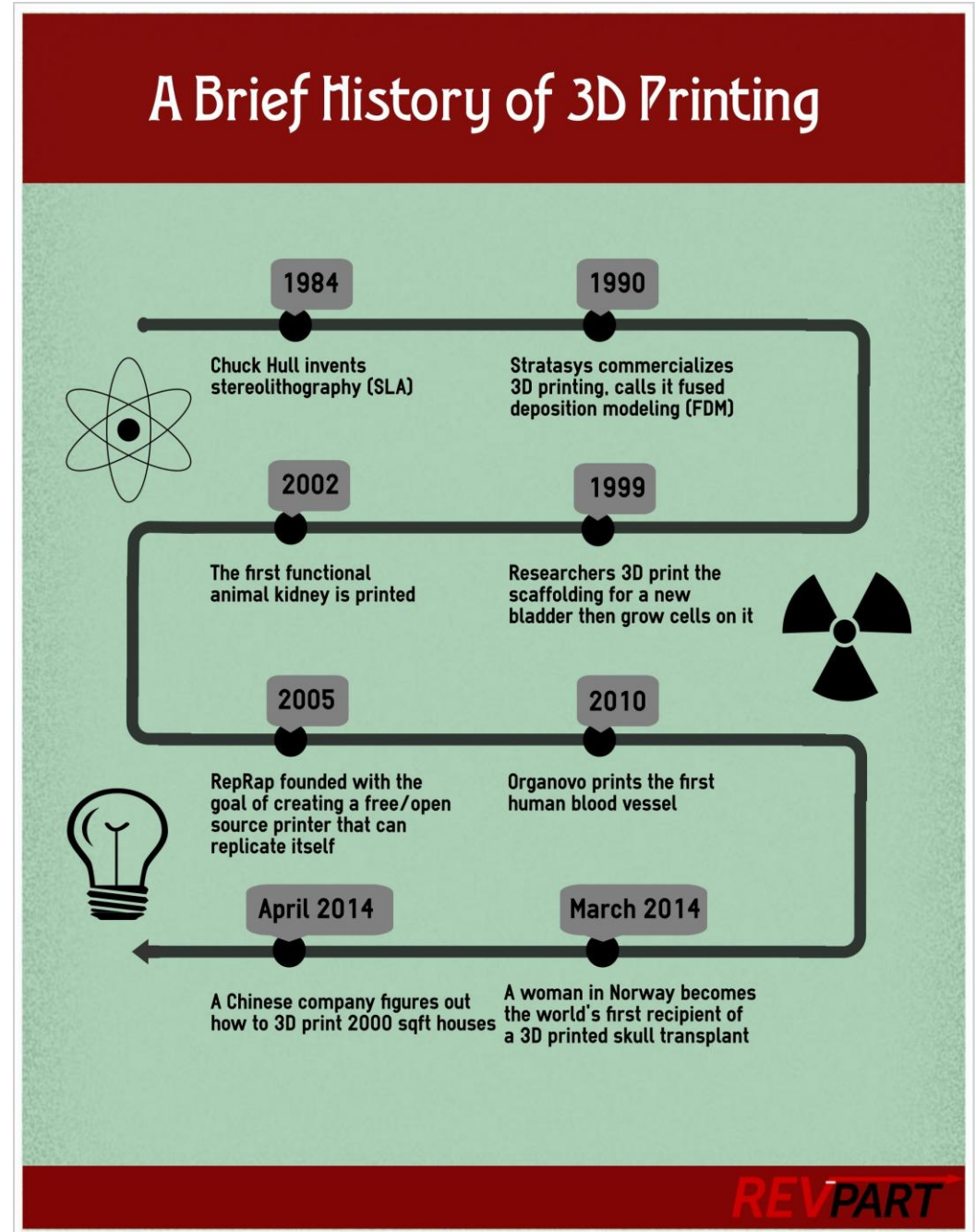
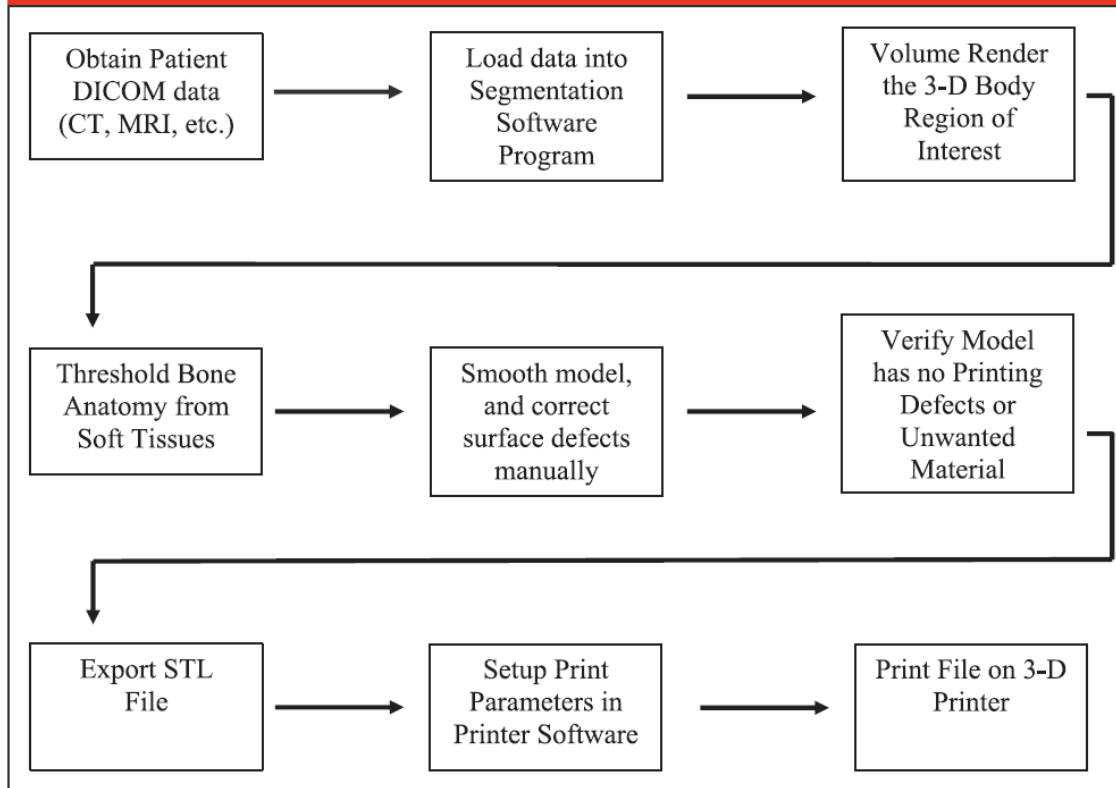
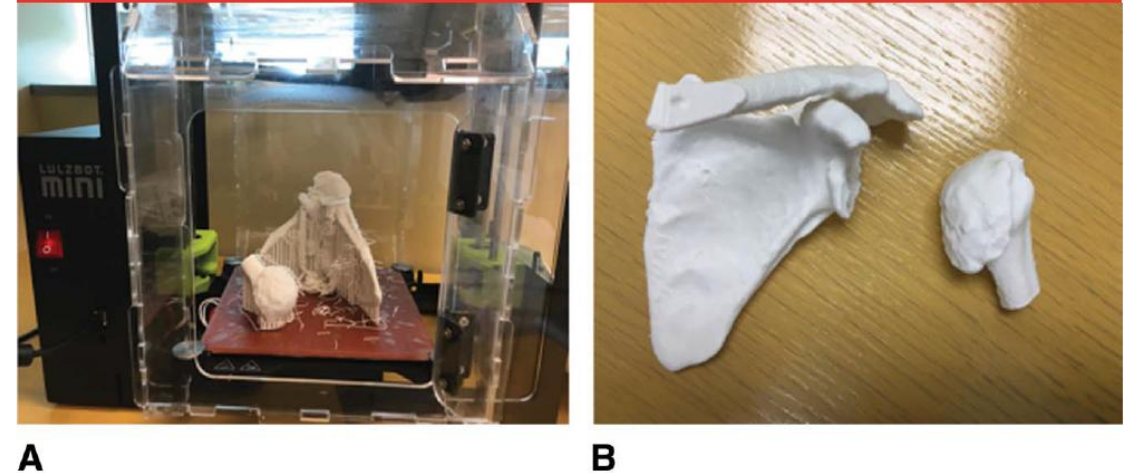


Figure 3



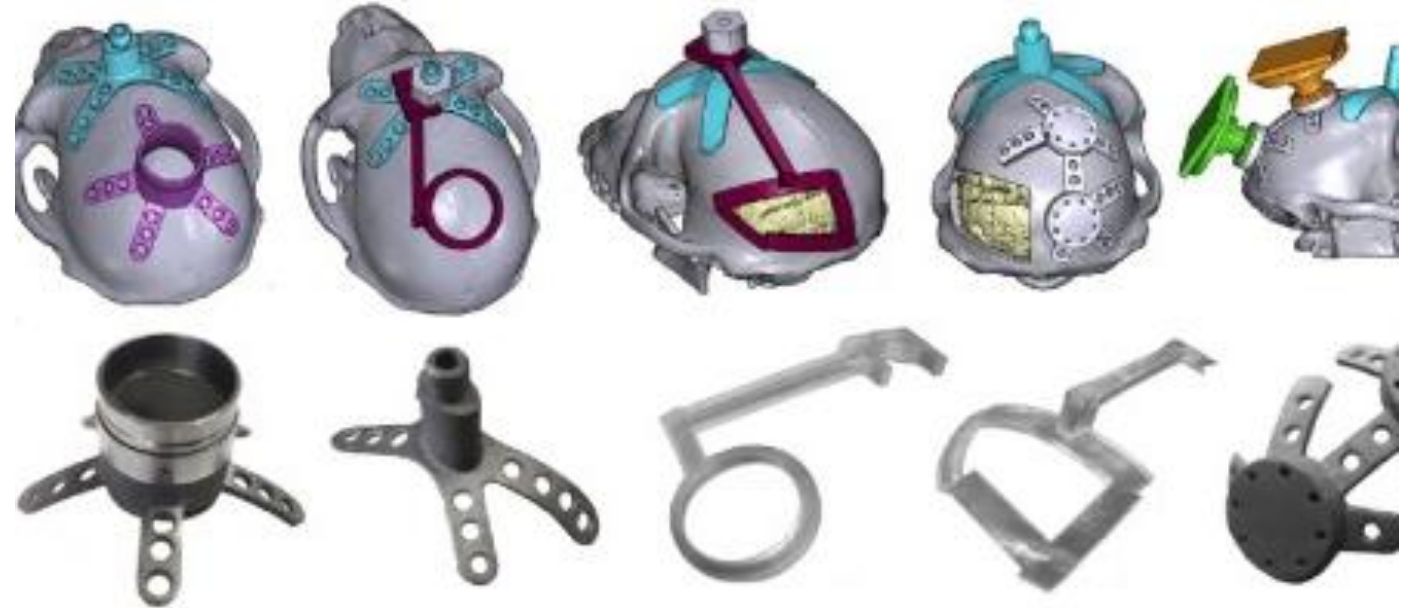
This flowchart demonstrates the process of creating a 3-D printed structure from a patient's advanced imaging study. For more information and an example, please see Video, Supplemental Digital Content 1, <http://links.lww.com/JAAOS/A356>. 3-D = three-dimensional, DICOM = digital imaging and communications in medicine

Figure 4



Journal^{of the}
AAOS[®]

What's More?



- 3D Guide
- 3D Implant
- 3D Planning Imaging Software
- Many More of Your Imagination

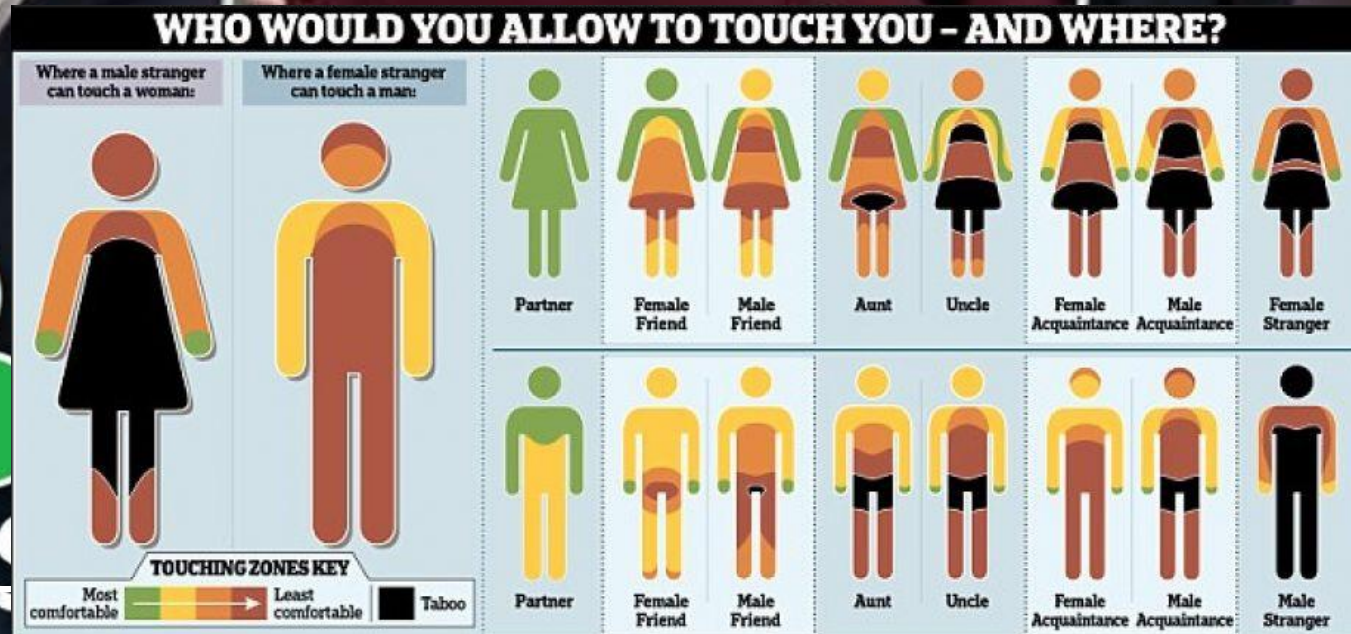
A



A large iceberg floats in the ocean. The tip of the iceberg, which is jagged and white, is visible above the water surface. The rest of the iceberg, which is much larger and more jagged, is submerged underwater. The water is a deep blue color. The sky is a clear, light blue.



**We Are Only
Scratched the
Surface.**

New Orthopaedic Golden Rules: Touchy and Feely!



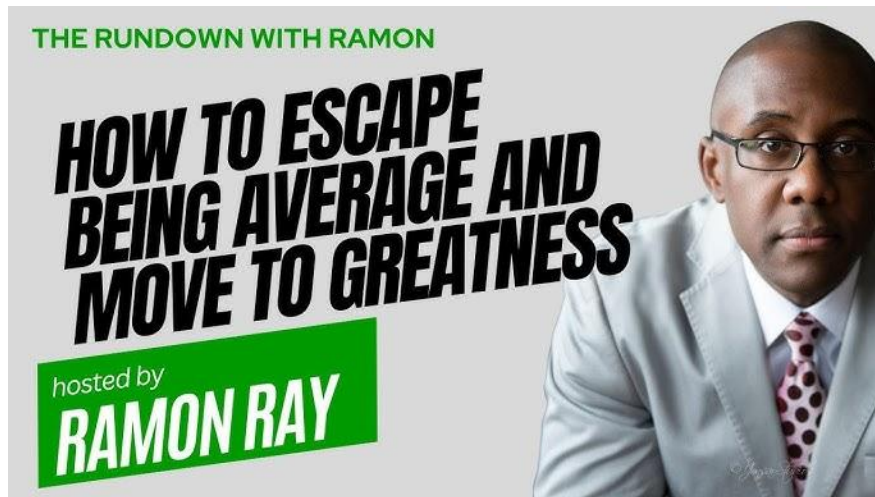


Touch Feely in Advance

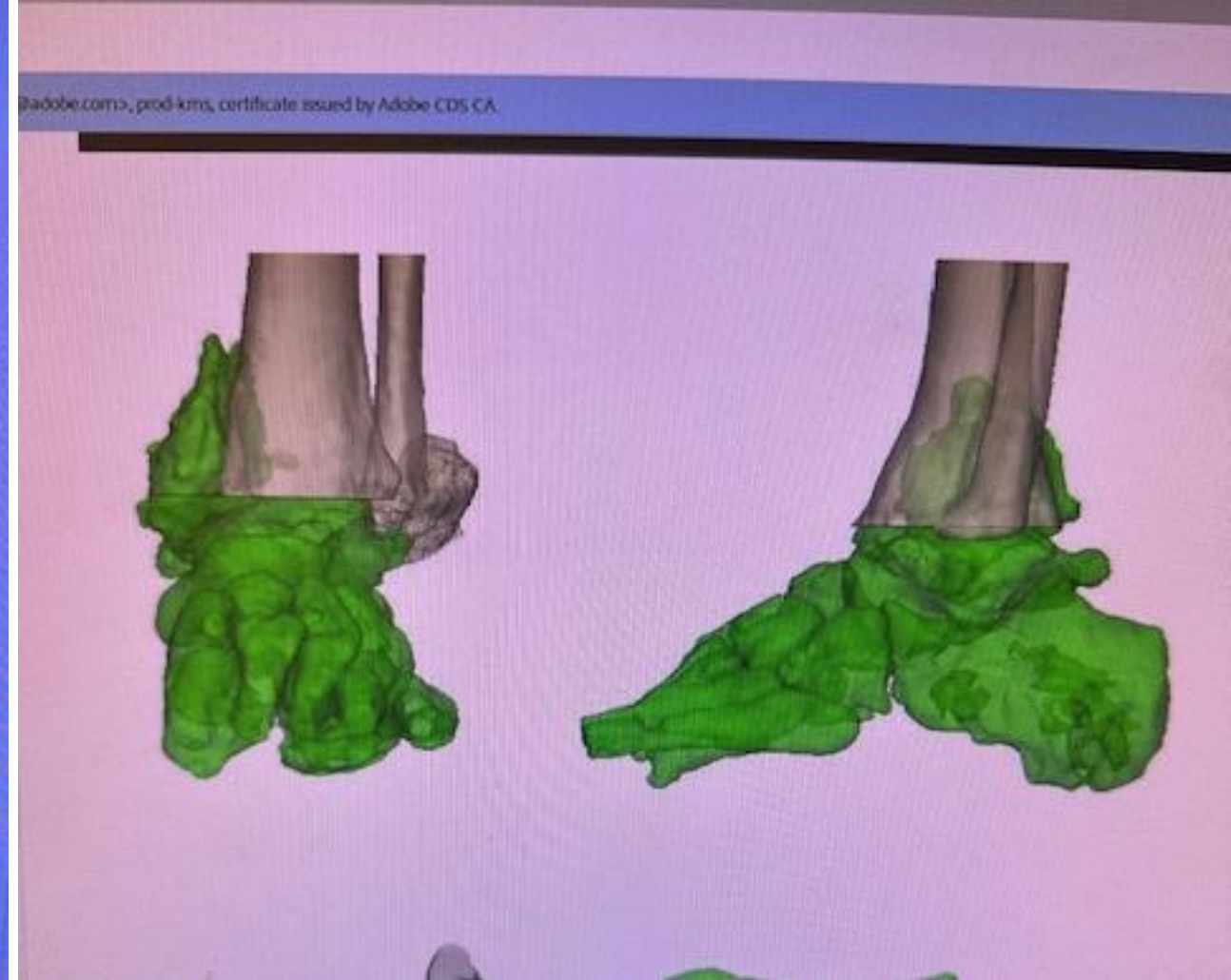
**Use it and Do it and you
will  it.
Turn  Gut Wrenching
to Enjoyable Event for
you and your patient.
(Can't Tell You How Much
Happier Since...)**



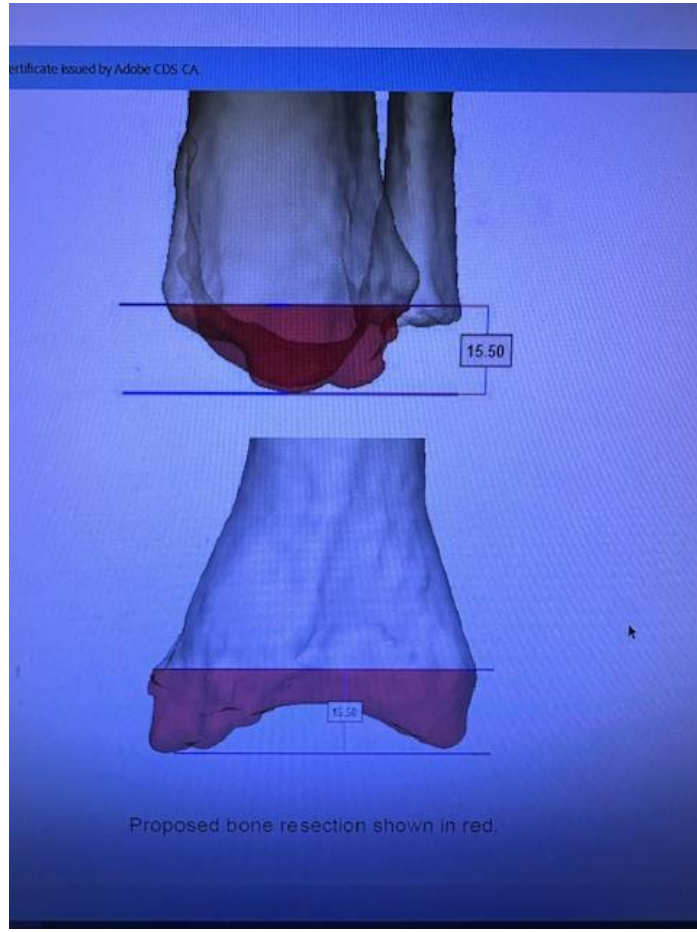
Precision Personalized Predictable Outcome



Corrected Anatomy

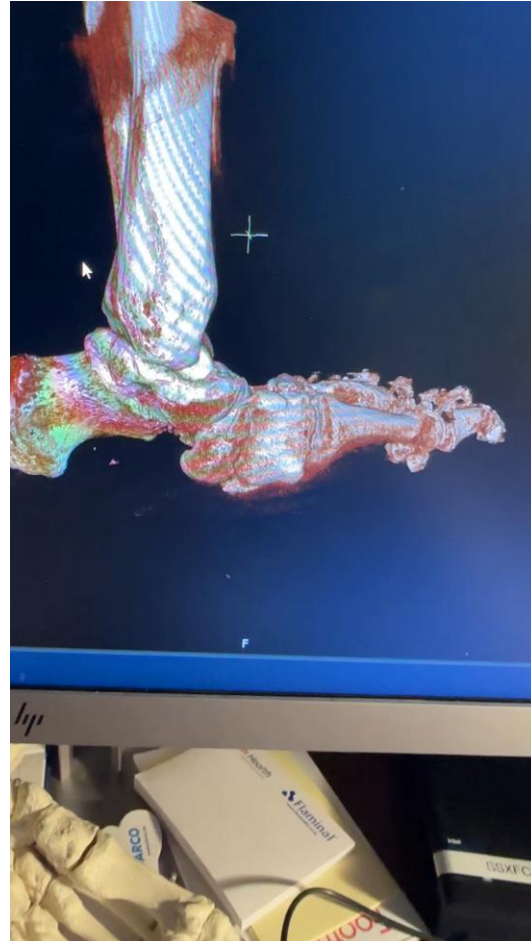
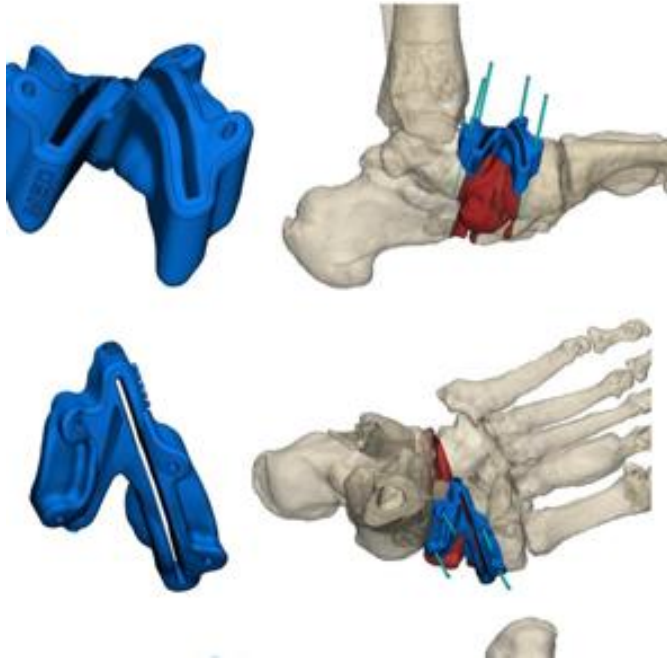


Use in F & A Deformity Correction

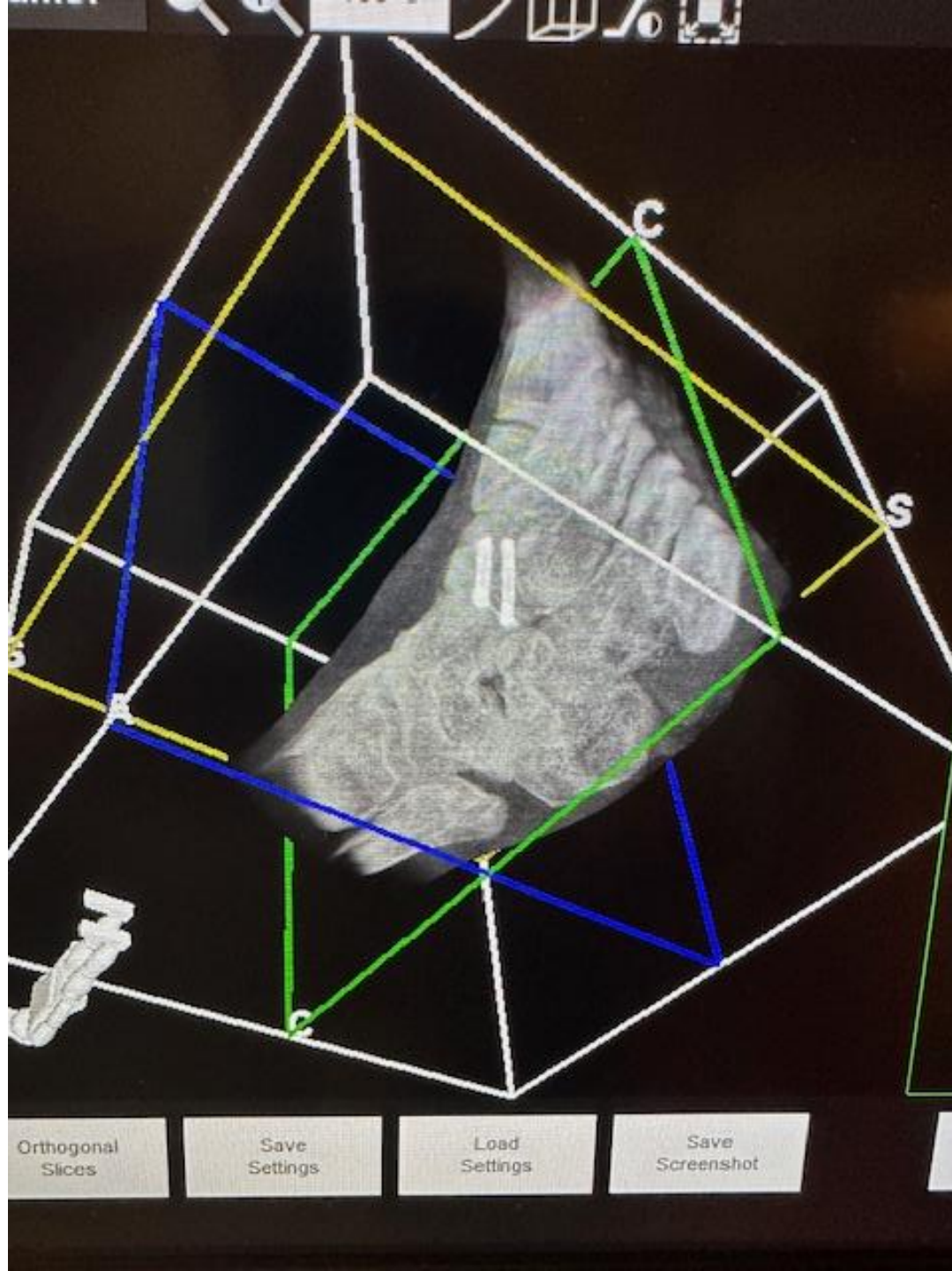


Simulated Cutting Planes:

3D Printed Cutting Guides:

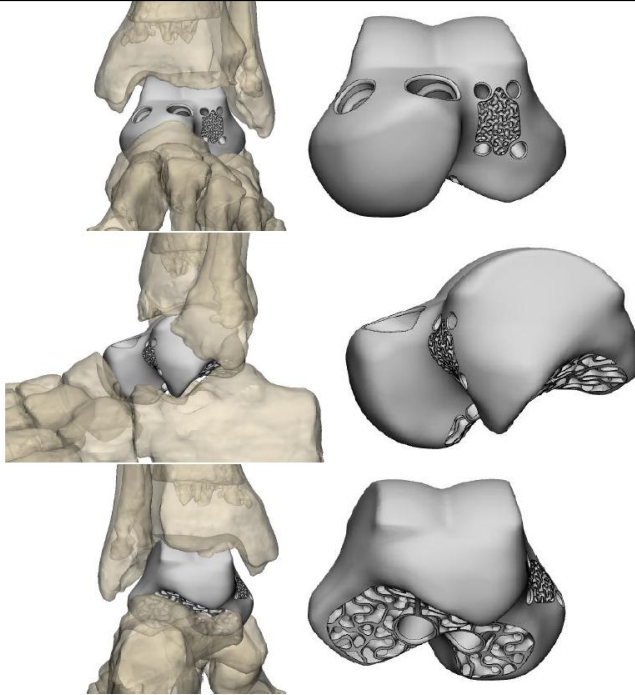


Efficient Intra-Op 3D Guidance:

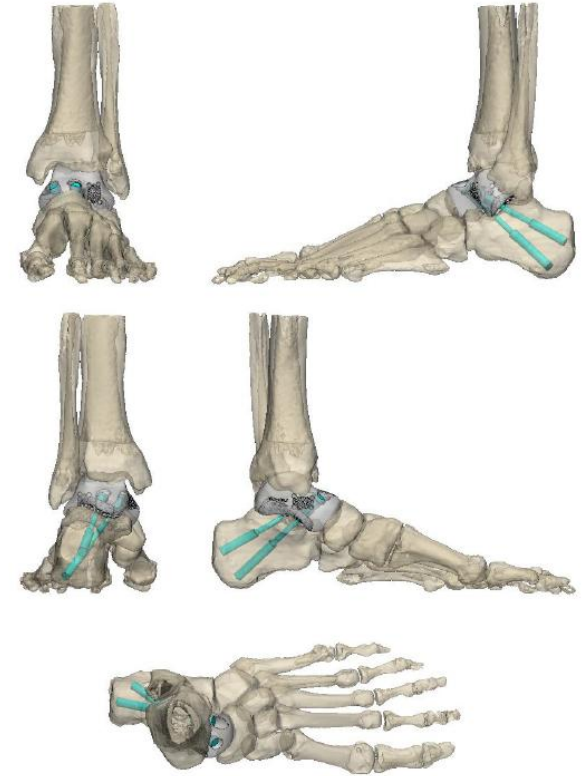


Total Talus & TATTER

Proposed Implant - Small (95% Volume STJ Fusion)



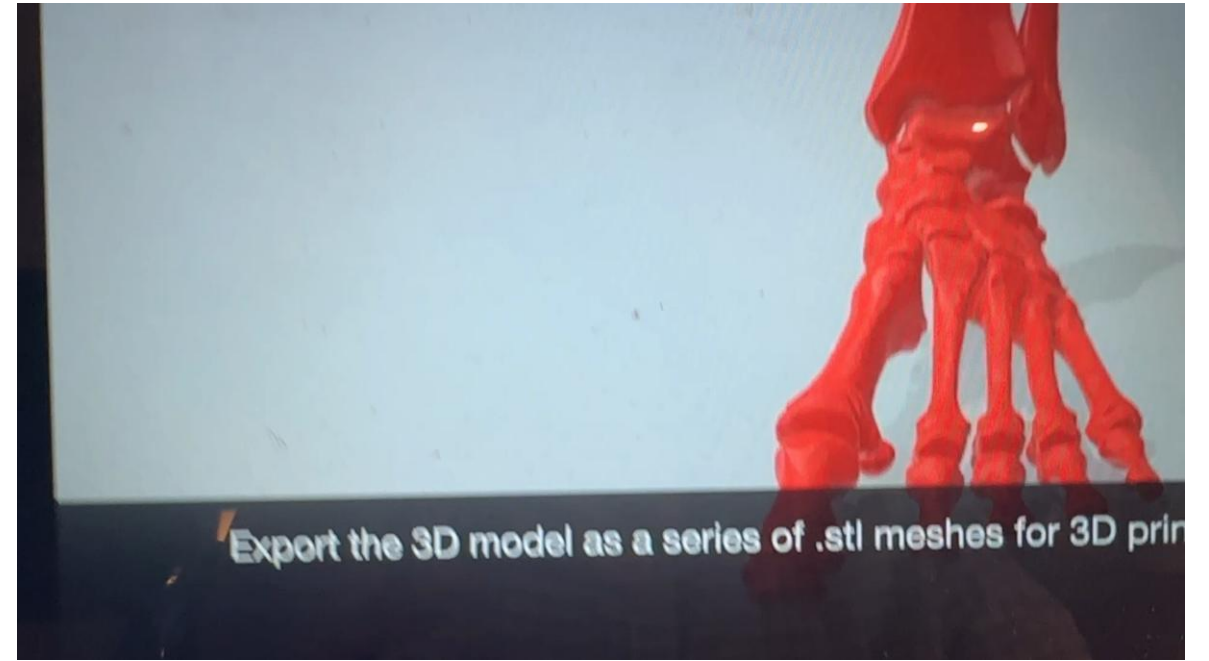
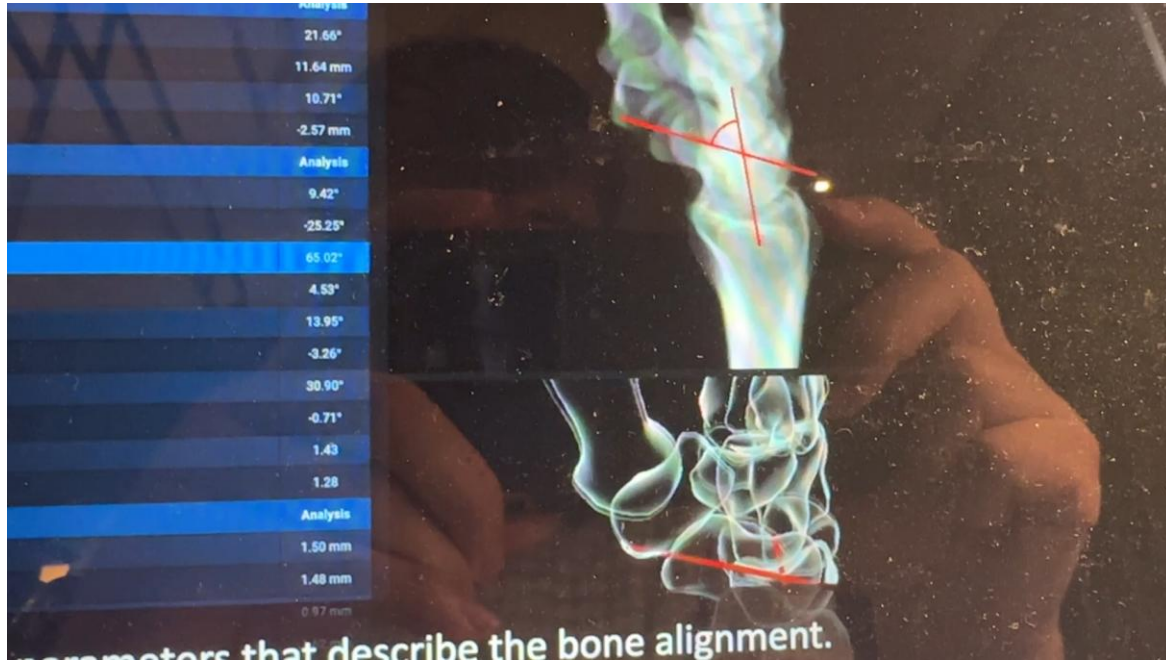
Proposed Fixation Detail (112 and 110 Only)



Implants facilitate Subtalar-Joint Fusion using Vilex 6.5mm Cannulated Screws
Screws.

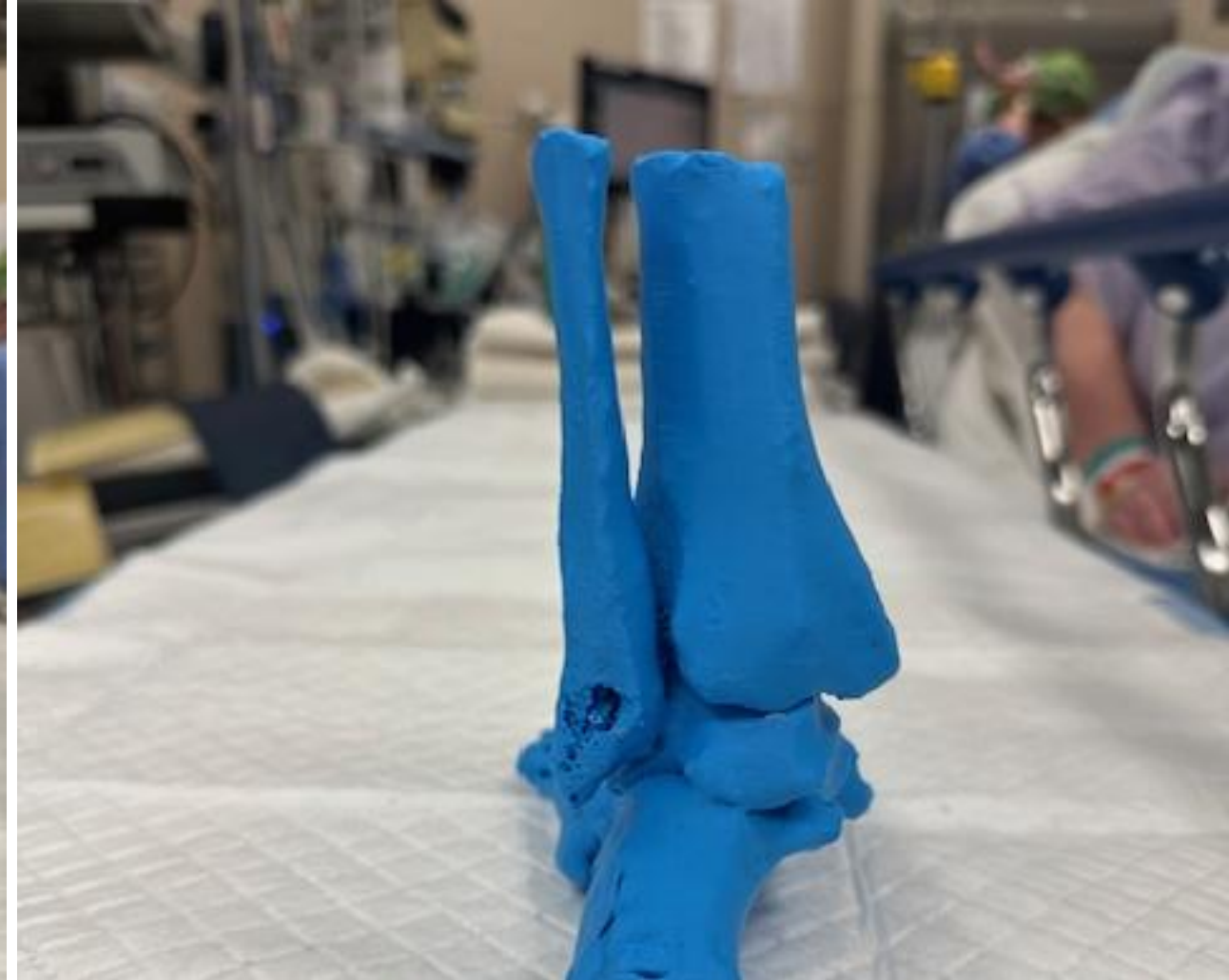
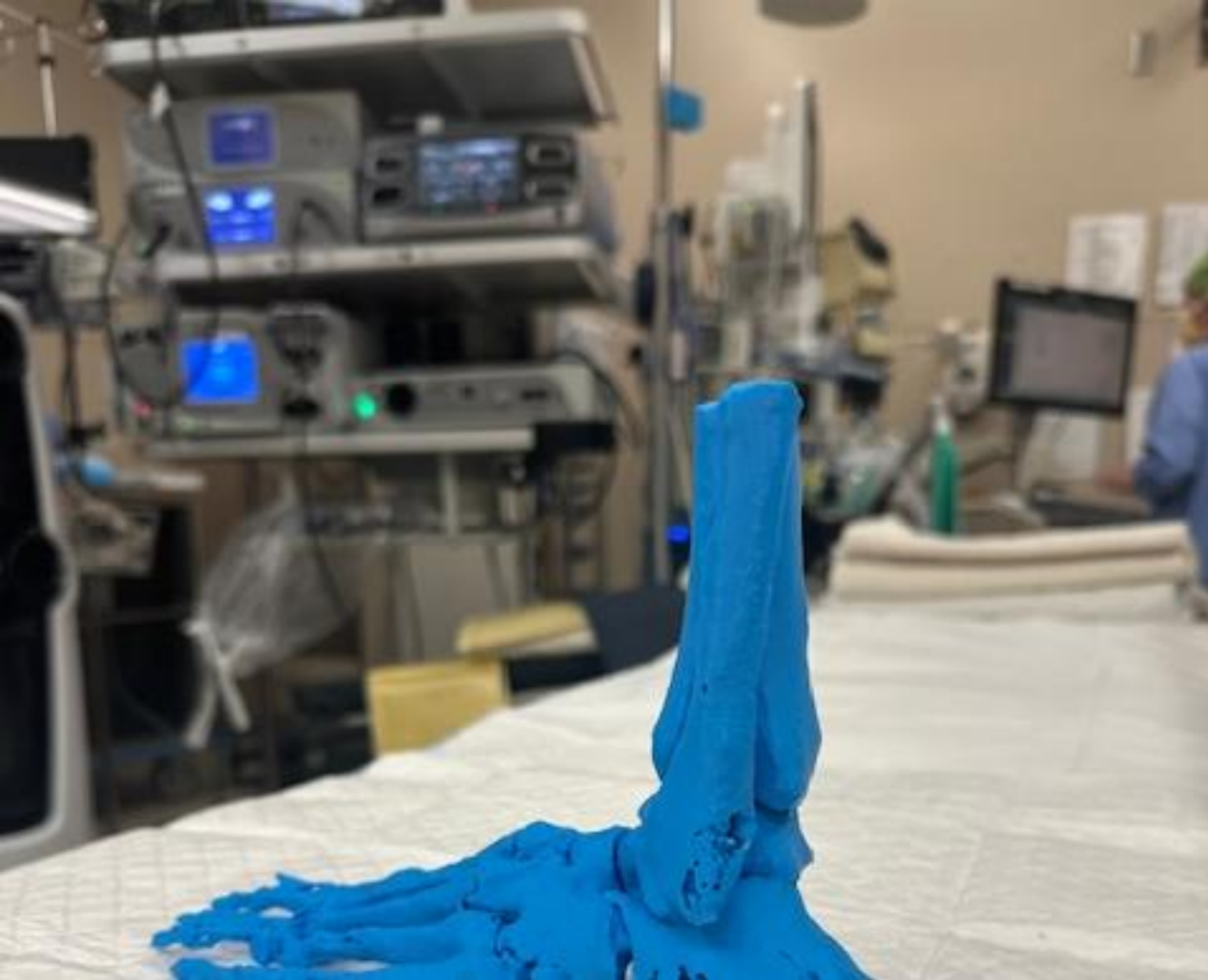
Medial Entrance: 90mm Representative Screw Shown
Lateral Entrance: 80mm Representative Screw Shown

3D Imaging Viewers:



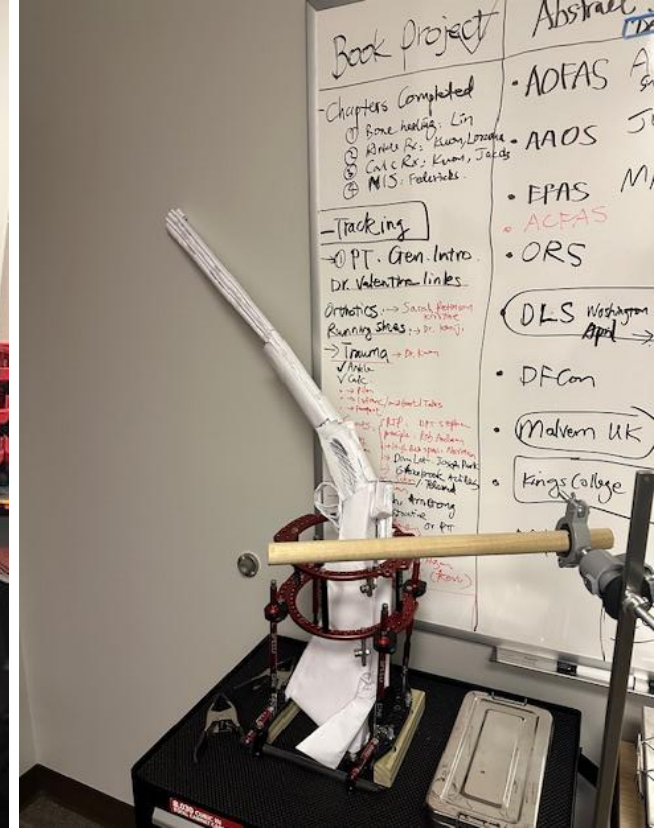


Details in Standing Position

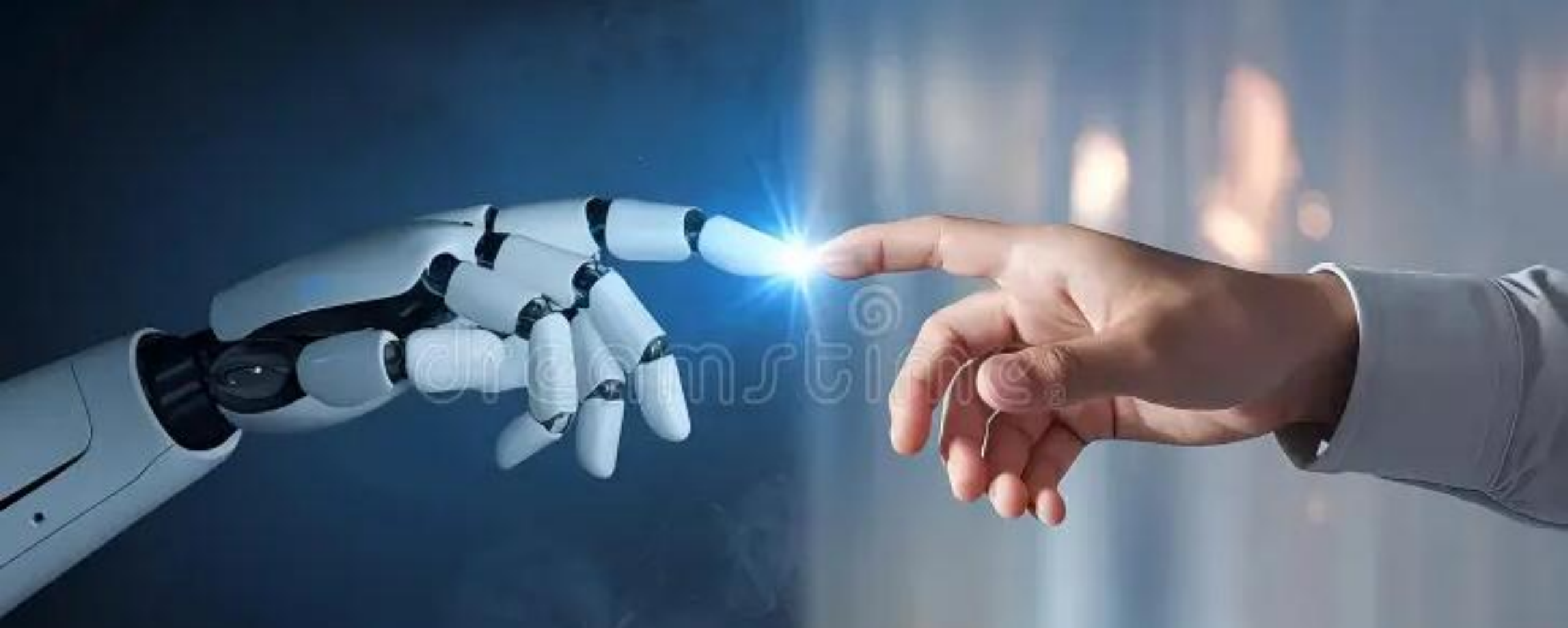




Execution of Plans Intra-Op

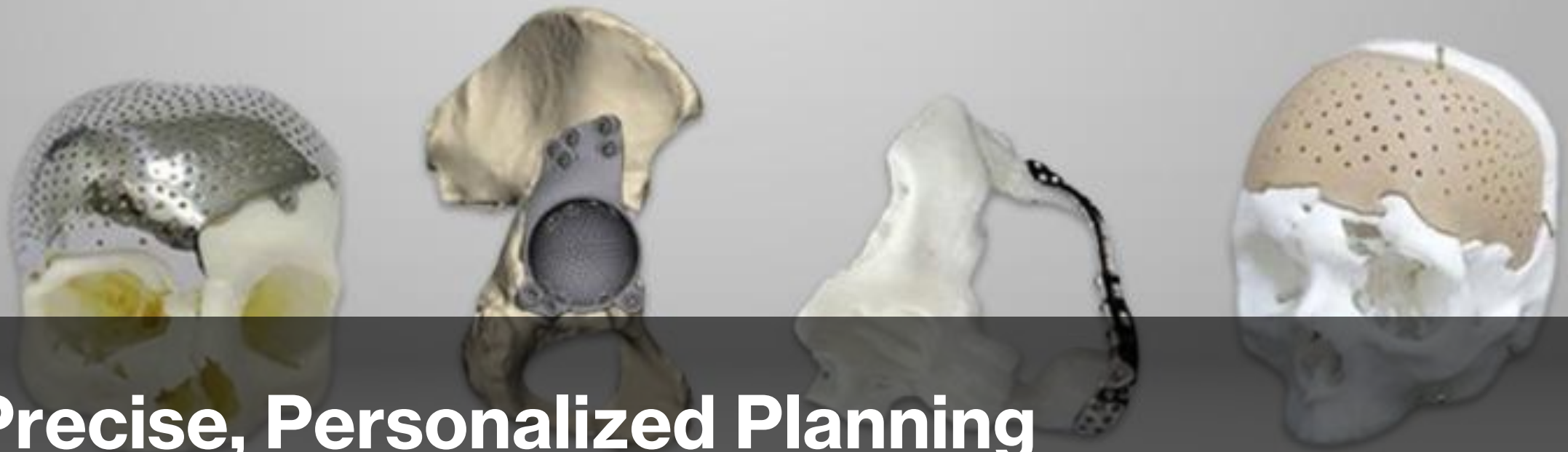


My Humble Office Lab:



**Time of Transition: The Future
is Now.
My Sistine Chapel Moment**

PRECISION AND PERSONALIZATION:
WHY 3D INCREDIBLE STANDS OUT FOR
CUSTOMIZED 3D PRINTED IMPLANTS



**Precise, Personalized Planning
for a Predictive Outcome**

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3D Printing, Bio-3D Printing, Wearable, VR, AI, Robotic Surgery: Frontier of Orthopedic Surgery

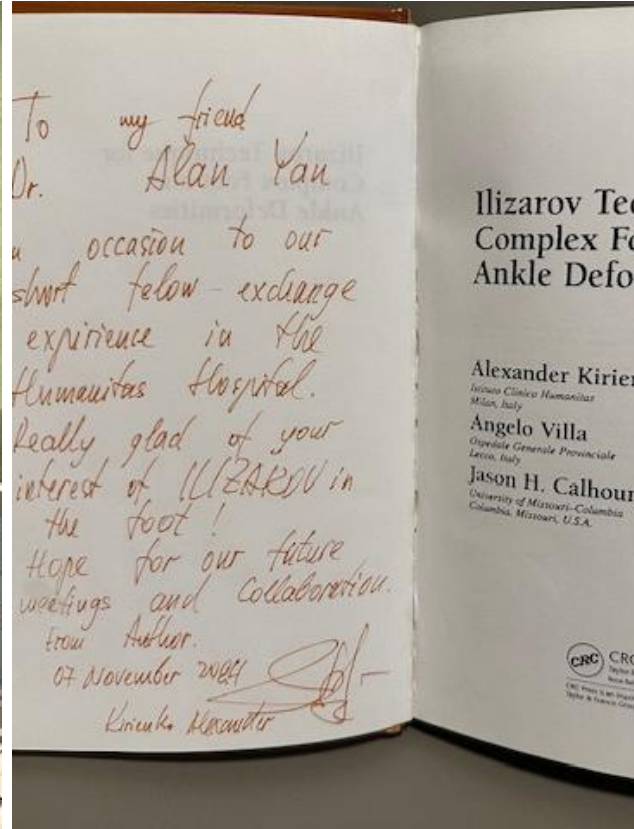


There are three types of people in this world: those who make things happen, those who watch things happen and those who wonder what happened. We all have a choice. You can decide which type of person you want to be. I have always chosen to be in the first group.

— *Mary Kay Ash* —

**There are 3 Types of
Person in the World:
Don't Miss Out.**

Glazie.





Piacere Di Conoscerla.



Sanford USD Medical Center
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MT. RUSHMORE

DIABETIC FOOT RECONSTRUCTUON FORUM