

# CONGRESSO NAZIONALE SOCIETÀ ITALIANA FISSAZIONE ESTERNA

Fissazione esterna nel trattamento  
delle emergenze e traumi militari,  
tecniche di ricostruzione degli arti e  
trattamento degli esiti posttraumatici

ROMA

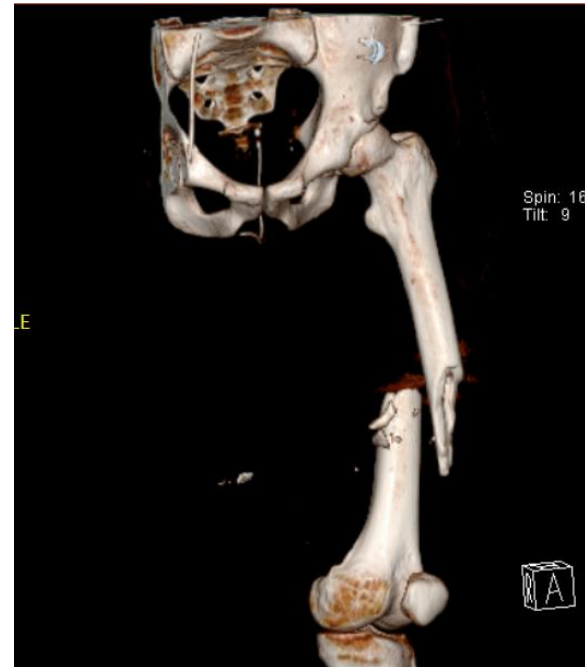
2025

16-17 MAGGIO 2025

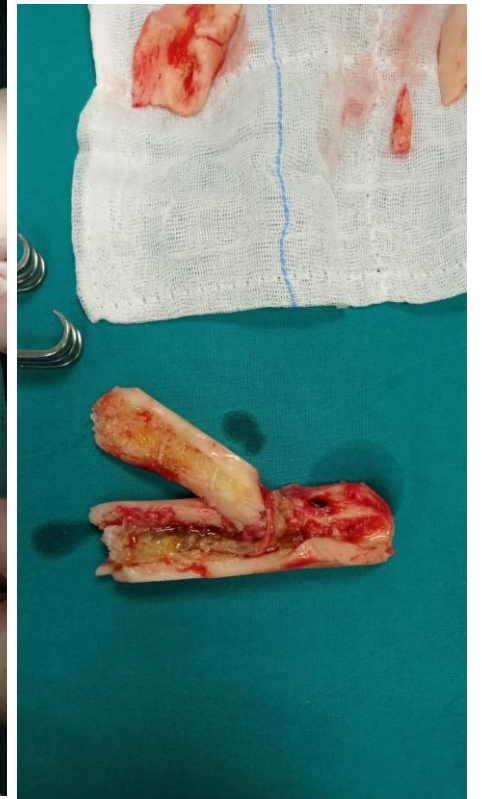
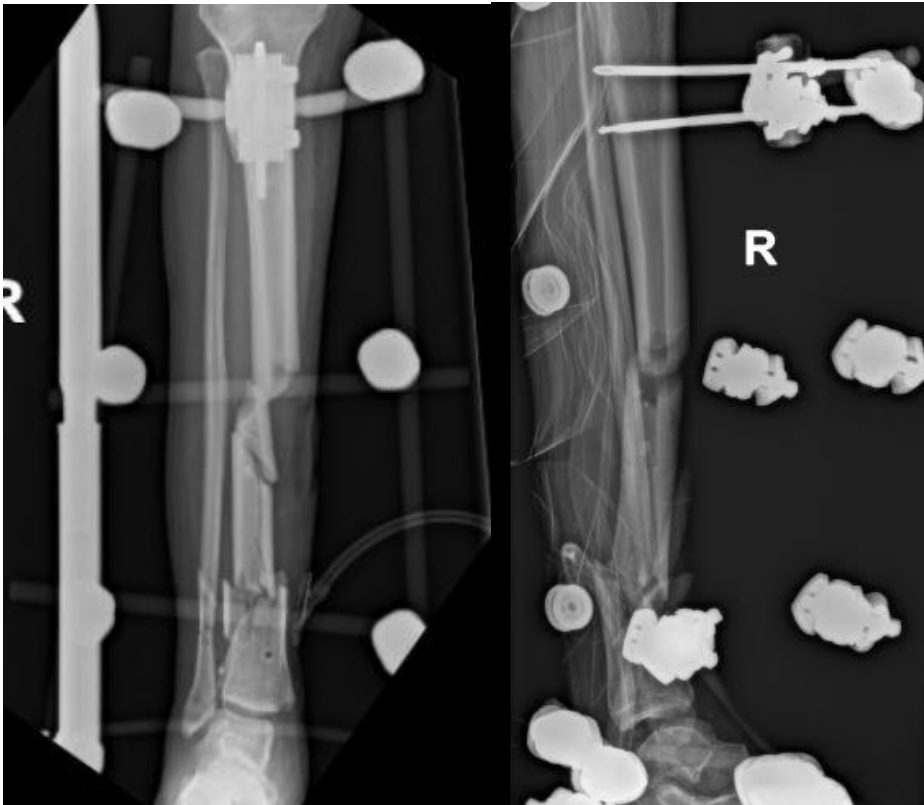


# Difetti ossei ed infezioni nei traumi severi

## Primari



## Secondari



# Classificazione

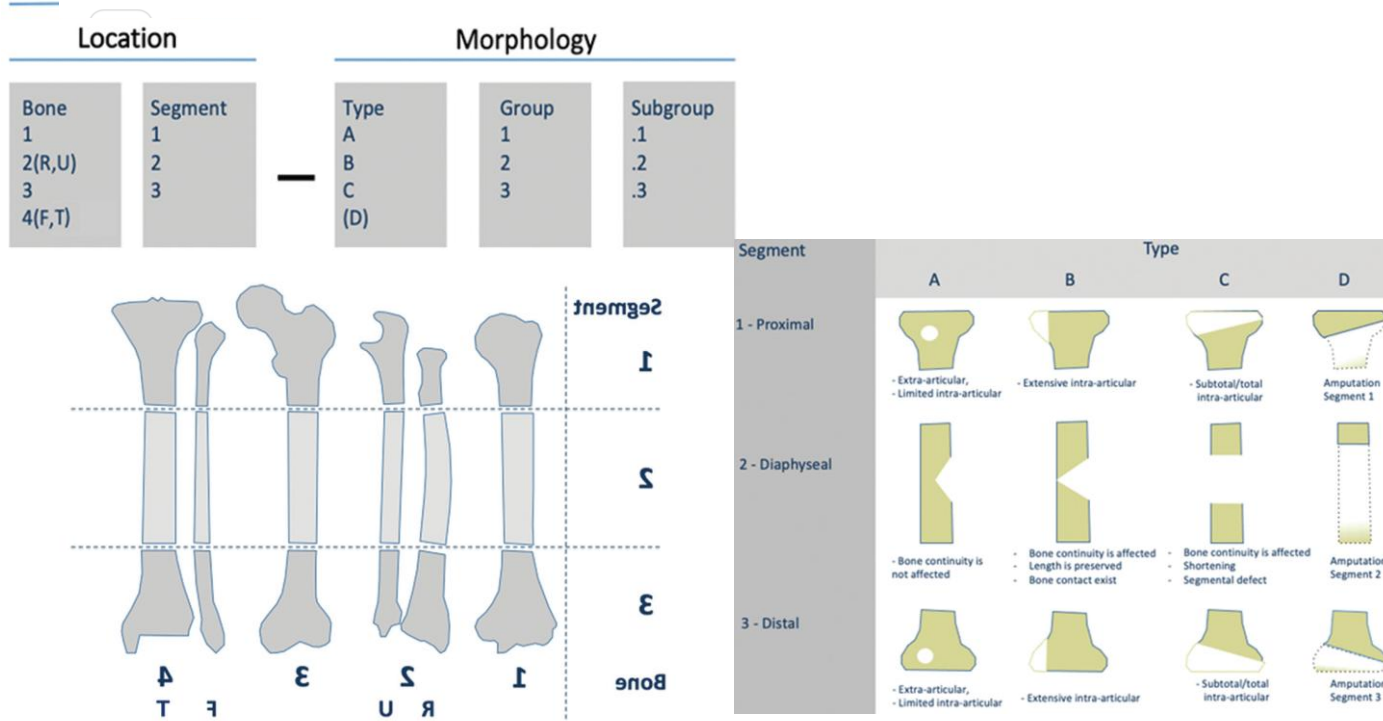
ORIGINAL ARTICLE

## Universal Long Bone Defect Classification

Solomin, L.<sup>1</sup>; Komarov, Artem<sup>2</sup>; Semenisty, Anton<sup>3</sup>; Sheridan, Gerard A.<sup>4</sup>; Rozbruch, S. Robert<sup>4</sup>

Author Information

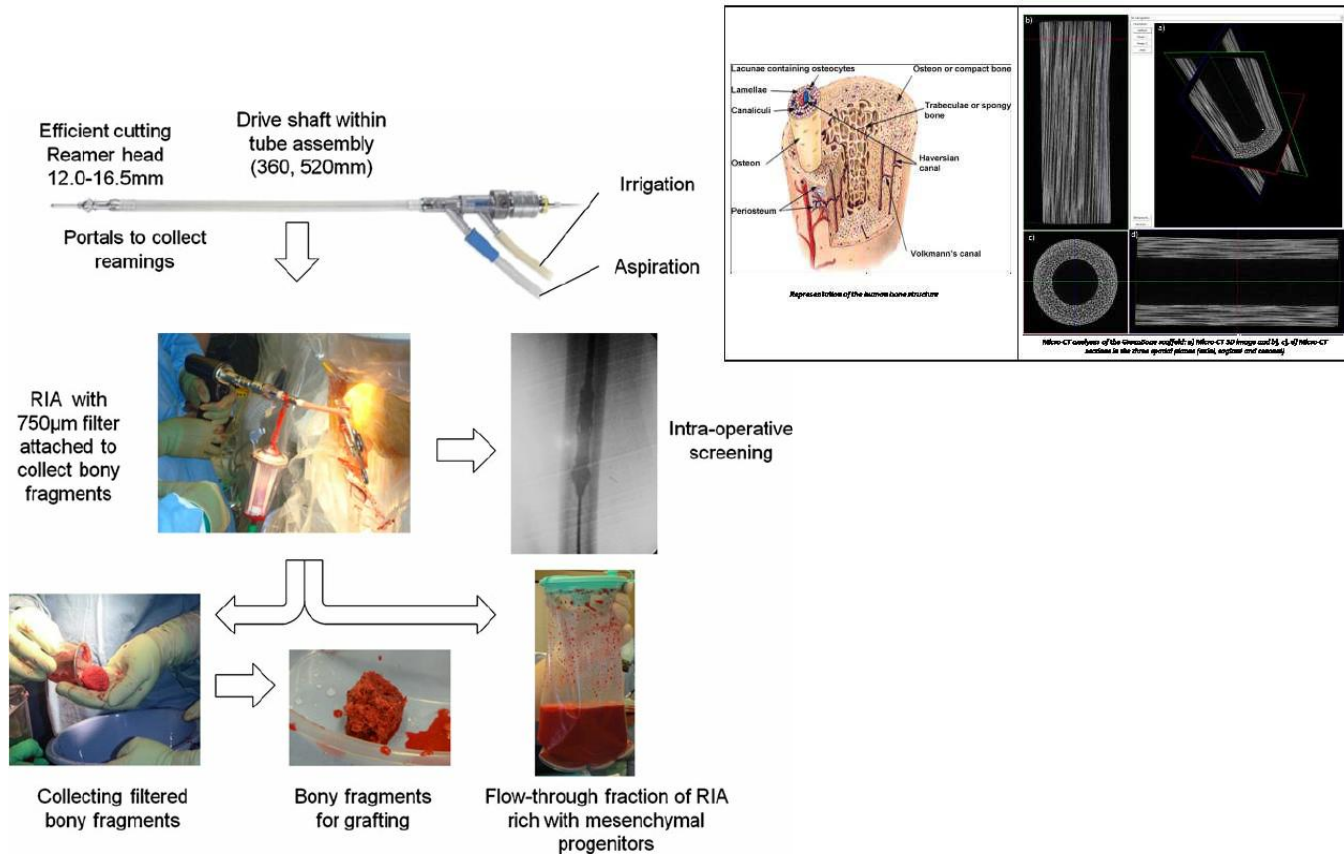
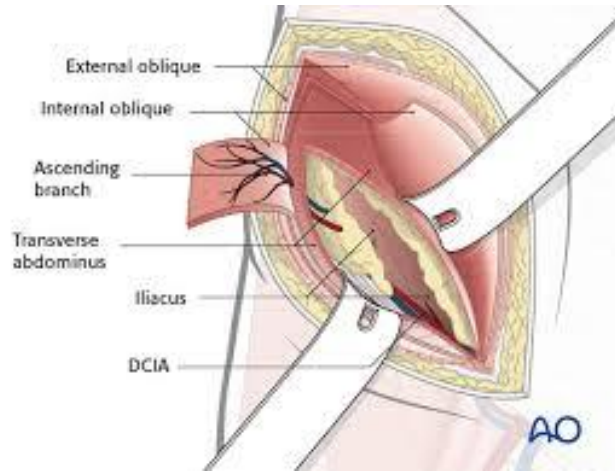
Journal of Limb Lengthening & Reconstruction 8(1):p 54-62, Jan-Jun 2022. | DOI: 10.4103/jllr.jllr\_3\_22



- Parziali
- Minimi
- Critici : Lunghezza maggiore 2 cm o maggiore del 50% della circonferenza

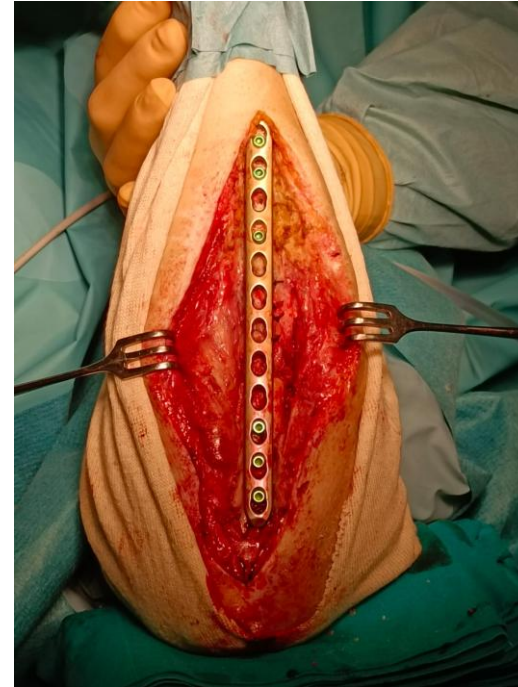
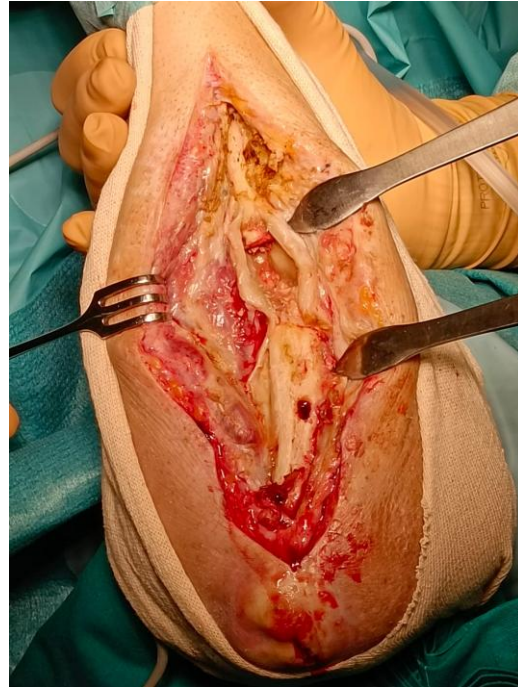
Il riempimento del gap osseo può essere realizzato tramite:

- Innesti ossei autologhi (Prelievo da siti donatori, RIA, innesto di perone vascolarizzato)
- Innesti ossei omologhi
- Innesti ossei eterologhi
- Innesti di materiale sintetico (calcio solfato, calcio fosfato)





## Tecnica di Masquelet



## Perone vascolarizzato

### IL TRATTAMENTO DELLE PERDITE DI SOSTANZA OSSEA POST-TRAUMATICHE DELL'AVAMBRACCIO MEDIANTE IL PERONE VASCULARIZZATO

R. ADANI, L. DELCROIX\*, M. INNOCENTI, I. MARCOCCIO, L. TARALLO, M. CERUSO\*  
 Dipartimento delle Emergenze-Urgenze - Sezione di Ortopedia e Traumatologia,  
 Università degli Studi di Modena e Reggio Emilia  
 \*Unità di Chirurgia della Mano e Microchirurgia Ricostruttiva, CTO, Firenze

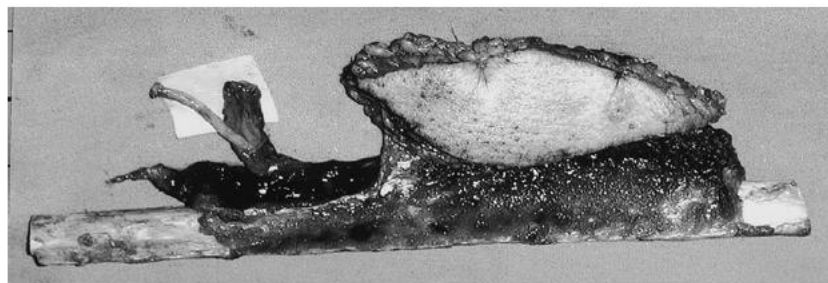
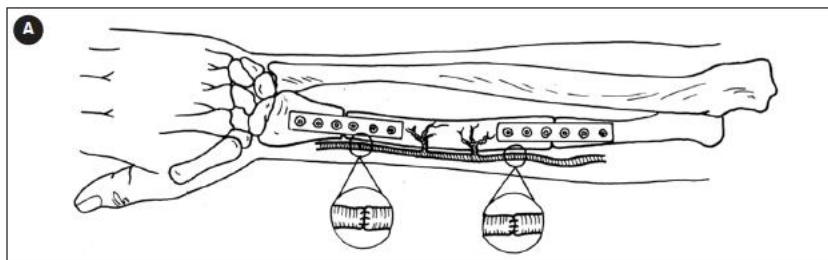
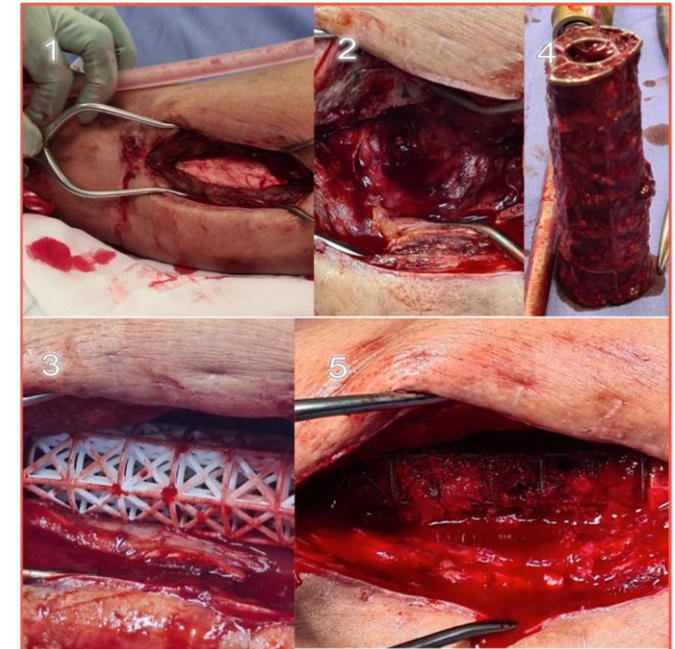
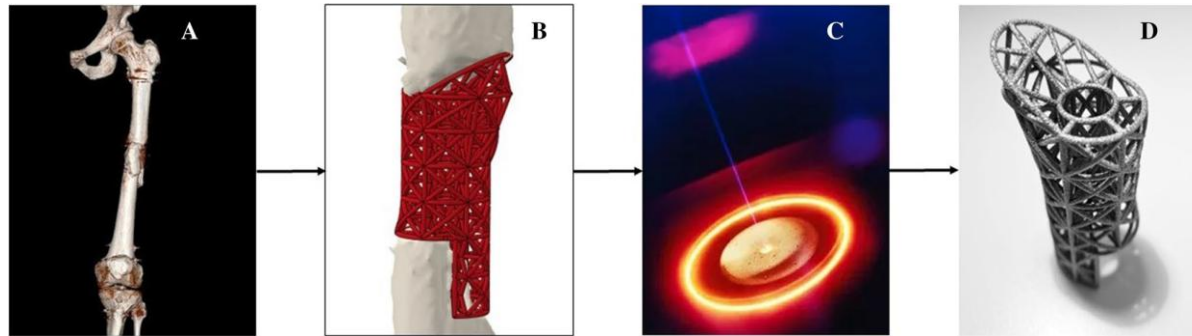


Figura 2. Prelievo del perone come lembo osteocutaneo.



## Utilizzo di cage in titanio



> [Eur J Orthop Surg Traumatol.](#) 2023 Apr;33(3):497-505.  
doi: 10.1007/s00590-022-03434-5. Epub 2022 Nov 16.

**Filling the gap: a series of 3D-printed titanium truss cages for the management of large, lower limb bone defects in a developing country setting**

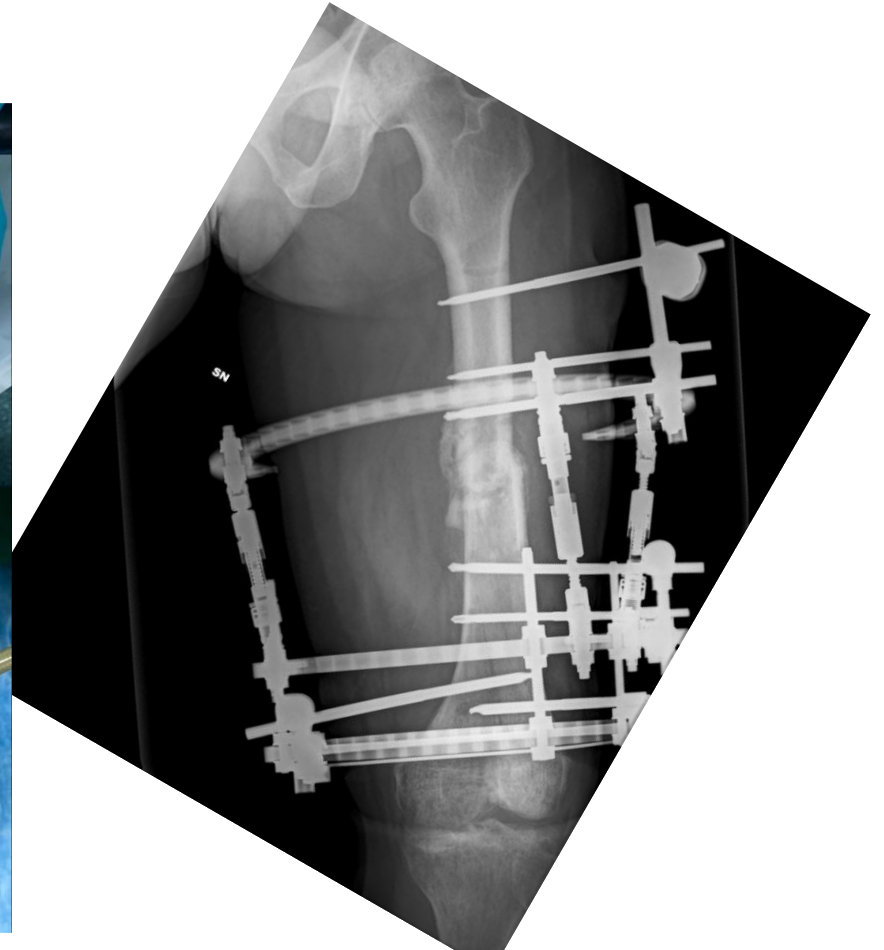
Hammaad Gamielien <sup>1</sup>, Nando Ferreira <sup>2</sup>, Franz Friedrich Birkholtz <sup>3 4</sup>, Thomas Hilton <sup>5</sup>,  
Neil Campbell <sup>6</sup>, Maritz Laubscher <sup>5</sup>





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## Accorciamento in acuto





# Osteogenesi per distrazione

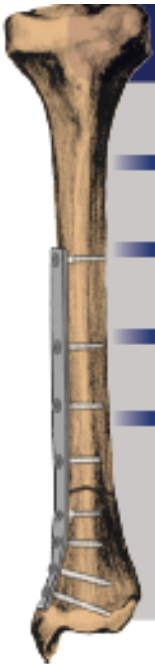


# Fracture Related Infection

**BJR** ■ INFOGRAPHIC  
**Fracture-related infection**

S. Baertl, W.J. Metsemakers, Cite this article: Bone Joint Res 2021;10(6):351-353.

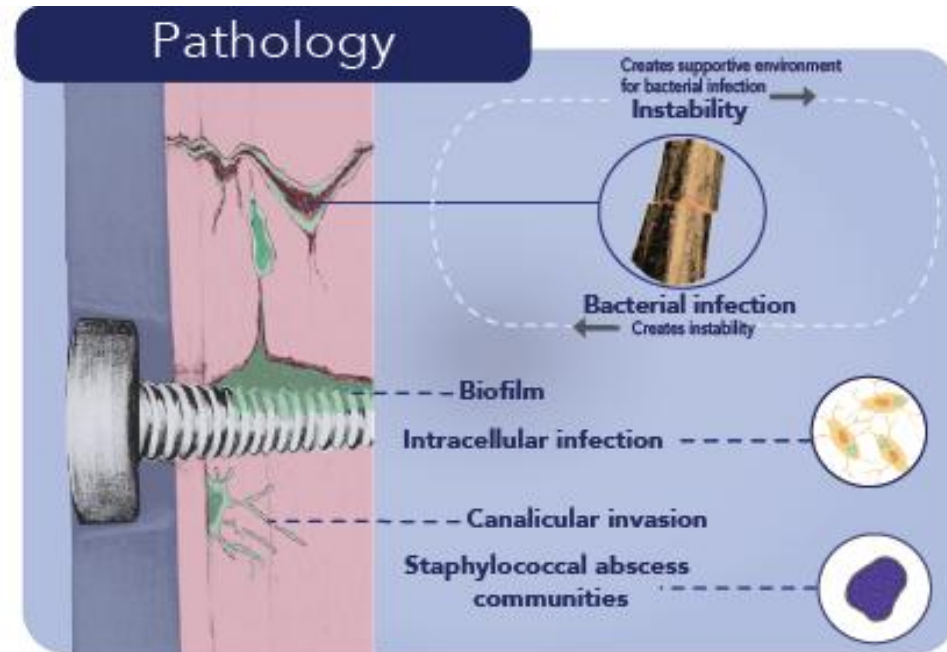
## Background



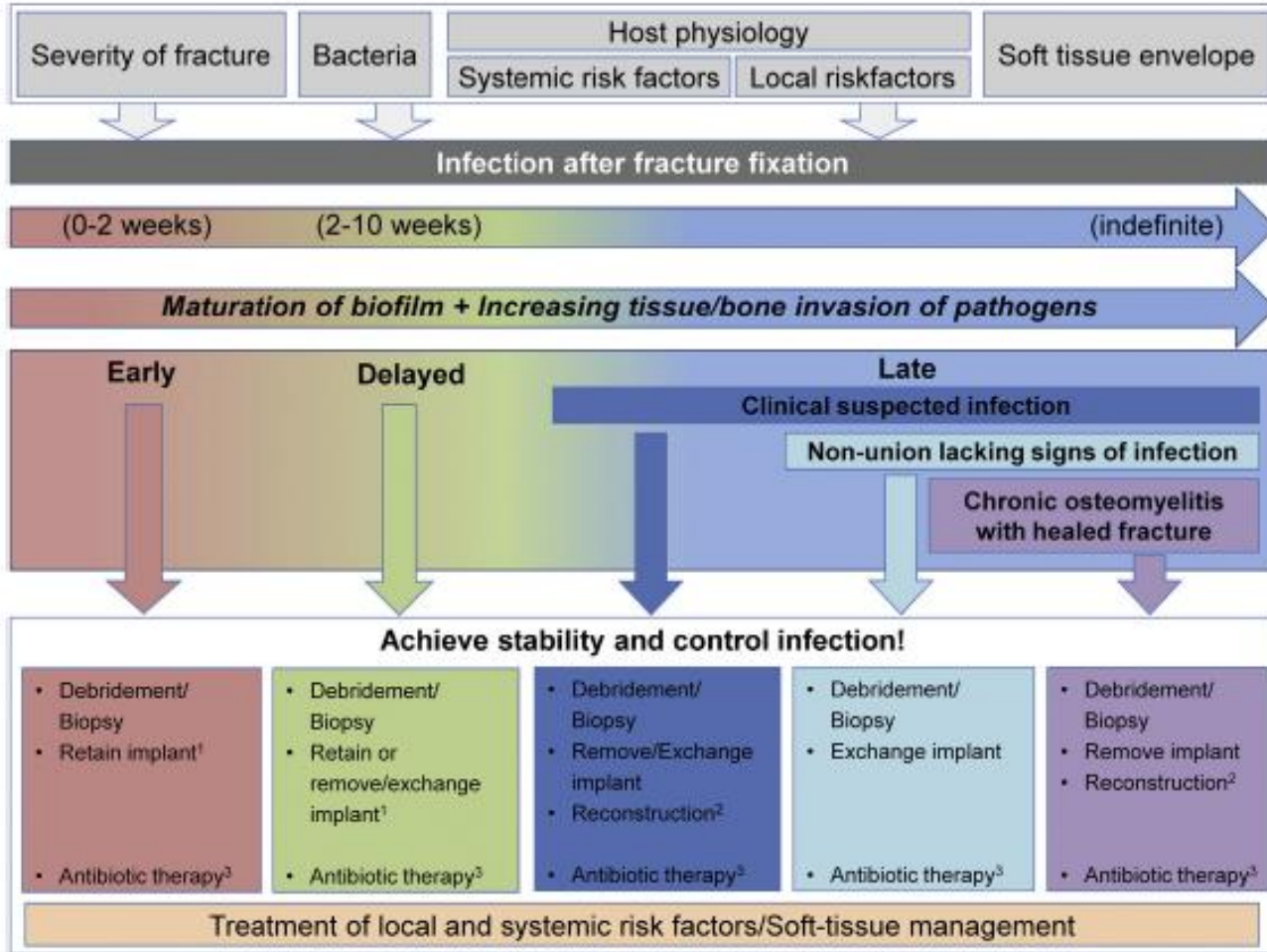
- ➔ **Incidence:** Up to 30% of open fractures  
1-2% of closed fractures
- ➔ **Recurrence:** 6-9%
- ➔ **Amputation rate:** 3-5%
- ➔ **Large burden of disease:**
  - ⊖ Increased non-union rates
  - 💰 Up to 6.5 x higher treatment costs
  - ⊕ Increased length of stay
  - 👤 Decreased quality of life

Fracture-related infection: A consensus on definition from an international expert group

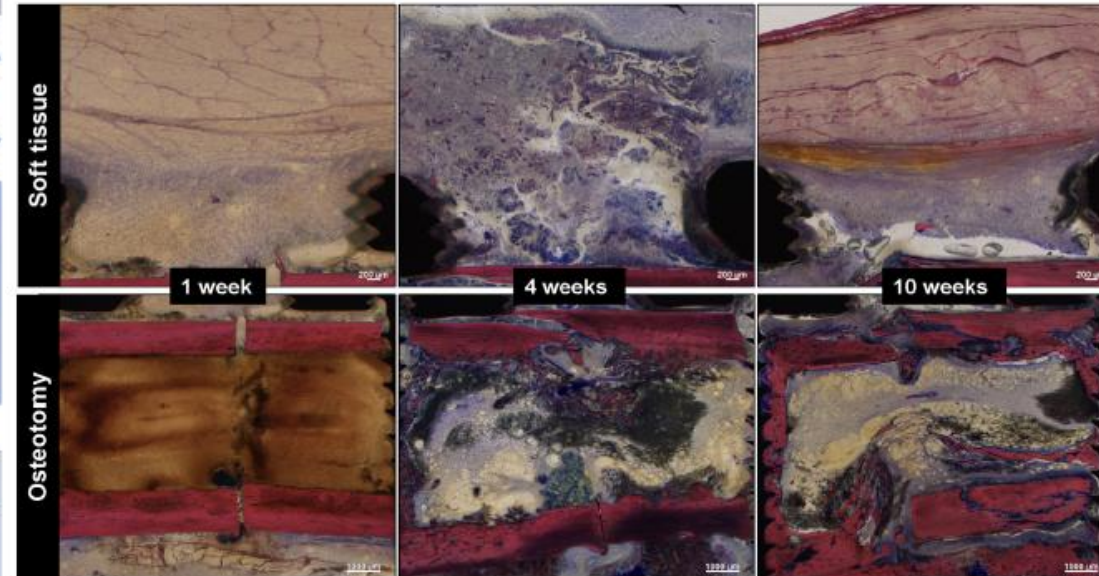
W.J. Metsemakers<sup>a,s,\*</sup>, M. Morgenstern<sup>b</sup>, M.A. McNally<sup>c</sup>, T.F. Moriarty<sup>d</sup>, I. McFadyen<sup>e</sup>,



W.J. Metsemakers et al./Injury, Int. J. Care Injured 49 (2018) 511–522



W.J. Metsemakers et al./Injury, Int. J. Care Injured 49 (2018) 511–522



The FRI classification – A new classification of fracture-related infections

Volker Alt<sup>a,1</sup>, Martin McNally<sup>b,1,\*</sup>, Marjan Wouthuyzen-Bakker<sup>c</sup>, Willem-Jan Metsemakers<sup>d,e</sup>,  
Leonard Marais<sup>f</sup>, Charalampos Zalavras<sup>g,2</sup>, Mario Morgenstern<sup>h,2</sup>

	1	2	3	4	5
<b>Fracture</b> <b>F</b>	Fracture healed	Fracture not healed  Good bone healing potential	Fracture not healed  Poor bone healing potential	Fracture not healed  Major bone defect	Fracture not healed  Bone reconstruction not possible
<b>Relevant patient factors*</b> <b>R</b>	Fit for Surgery	1 or 2 systemic comorbidities, without end-organ damage	3 or more systemic comorbidities without end-organ damage	Systemic comorbidity with end-organ damage	Unfit for surgery or Declines treatment
<b>Impairment of soft tissues</b> <b>I</b>	Robust direct wound closure possible	Direct wound closure possible but cover of bone and/or implant is fragile	Soft tissue reconstruction is required with local tissue transfer	Soft tissue reconstruction is required with free tissue transfer	Soft Tissue reconstruction not possible

- Diagnosi
- Debridement
- Stabilità ossea
- Terapia antibiotica
- Ricostruzione ossea e dei tessuti molli

BJR



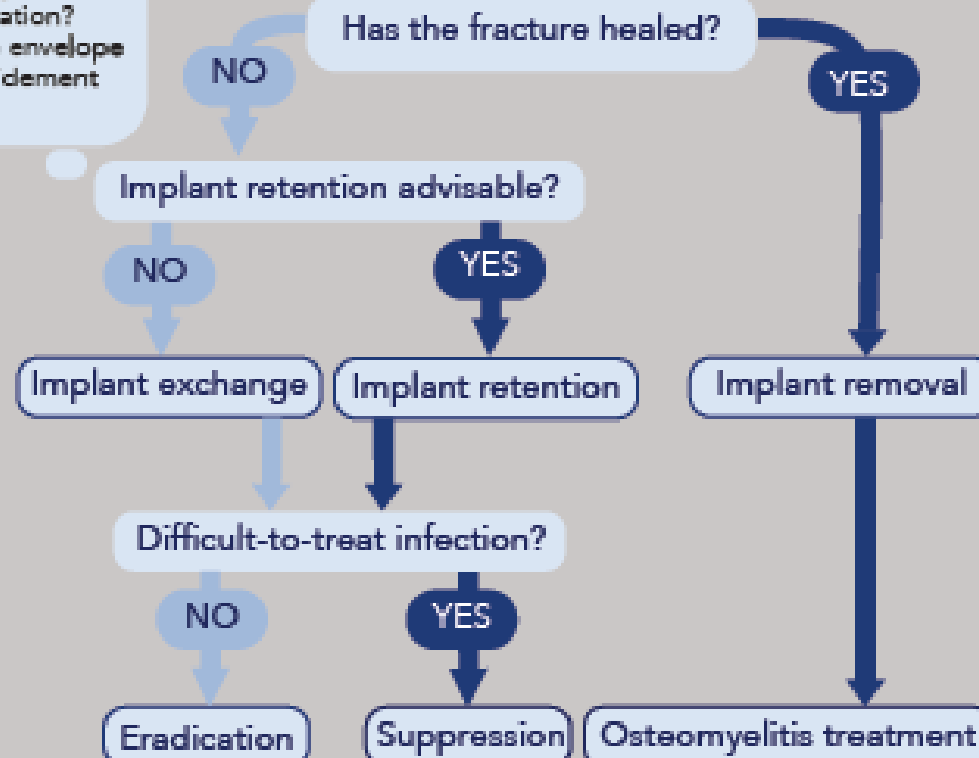
■ INFOGRAPHIC

Fracture-related infection

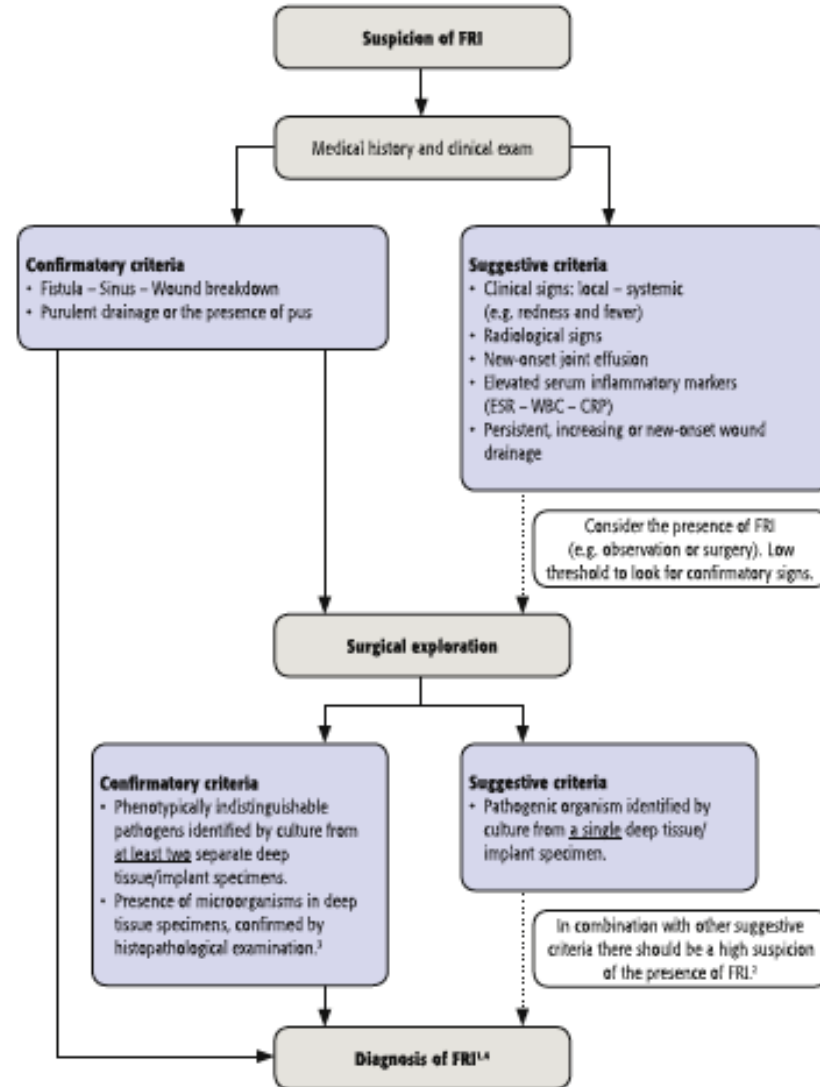
S. Baertl,  
W.J. Metsemakers,Cite this article: *Bone Joint Res* 2021;10(6):351–353.

## Management

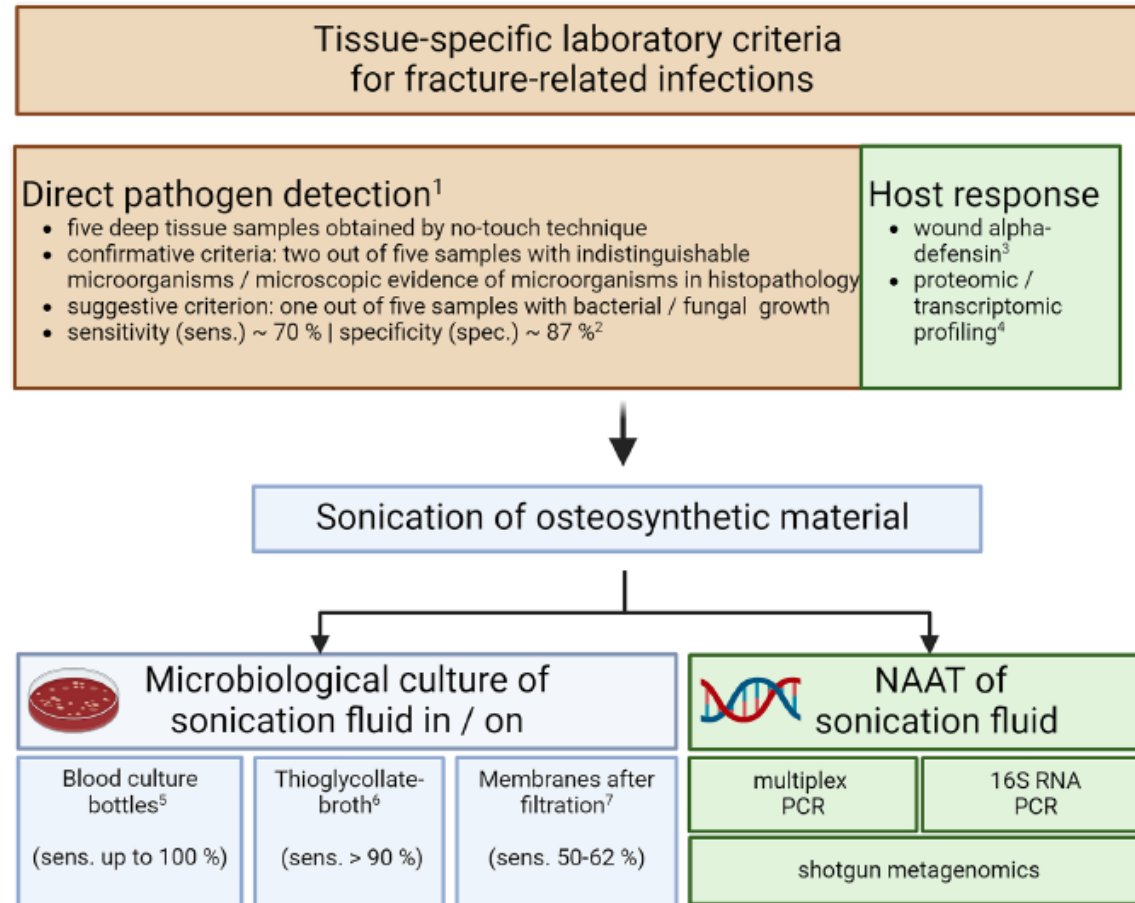
- Stable construct?
- Time interval?
- Host physiology?
- Anatomical location?
- Vital soft tissue envelope
- Sufficient debridement possible?



- Diagnosi
- Debridement
- Stabilità ossea
- Terapia antibiotica
- Ricostruzione ossea e dei tessuti molli



- Diagnosi
- Debridement
- Stabilità ossea
- Terapia antibiotica
- Ricostruzione ossea e dei tessuti molli



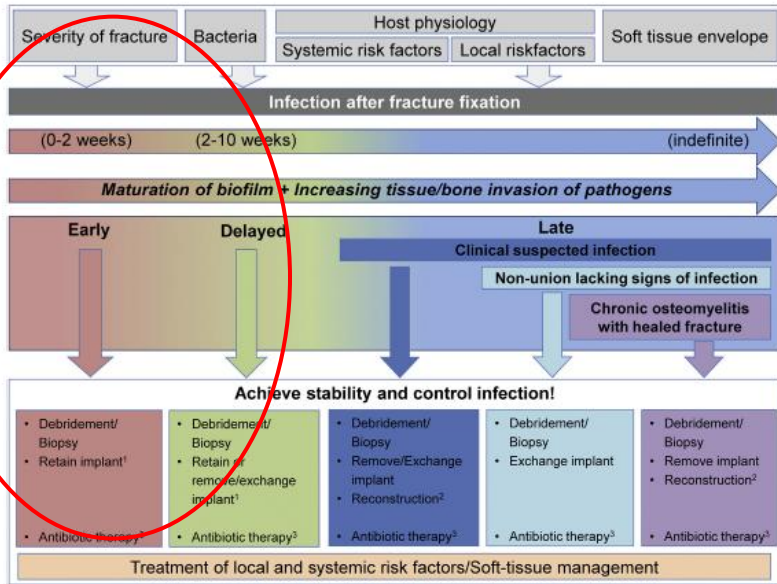
**Fig. 1. Diagnostic work-flow for fracture-related infections (FRI).** The diagnostic work-up should include the points highlighted in red-brown color. The processes colored in blue have already been tested and promise improvements over the current gold standard. Processes marked in green are experimental in nature and promise significant progress in the future. <sup>1</sup> Metsemakers et al. [17]; <sup>2</sup> Dudareva et al. [21]; <sup>3</sup> Kumar et al. [55]; <sup>4</sup> Fisher et al. [32]; <sup>5</sup> Portillo et al. [33]; <sup>6</sup> Yano et al. [23]; <sup>7</sup> Trenkwalder et al. [39]. NAAT: Nucleic acid amplification test. Figure was created with Biorender.





# Infezioni acute

W.J. Metssemakers et al./Injury, Int. J. Care Injured 49 (2018) 511-522



## Maintenance of Hardware After Early Postoperative Infection Following Fracture Internal Fixation

By Marshall Berkes, MD, William T. Obrenskey, MD, MPH, Brian Sannell, MD, J. Kent Ellington, MD, Robert A. Hynes, MD, and Michael Bosse, MD, and the Southeast Fracture Consortium

- Protocollo DAIR : 21.4%
- Sostituzione mezzi di sintesi: 12,5%
- Conversione in fissazione esterna: 10,1%



### Indicazione alla rimozione dei mezzi di sintesi

Fissazione instabile

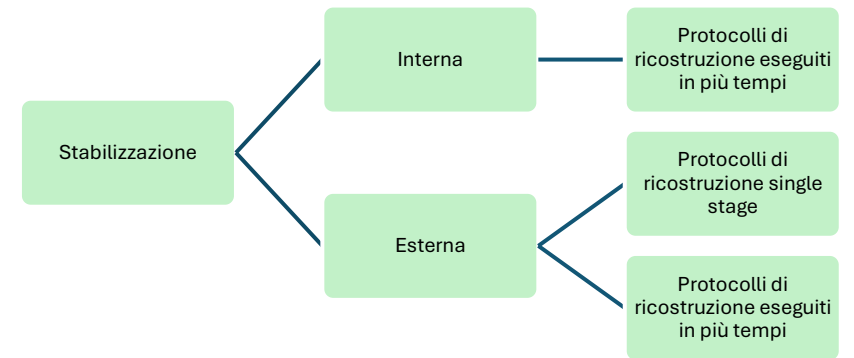
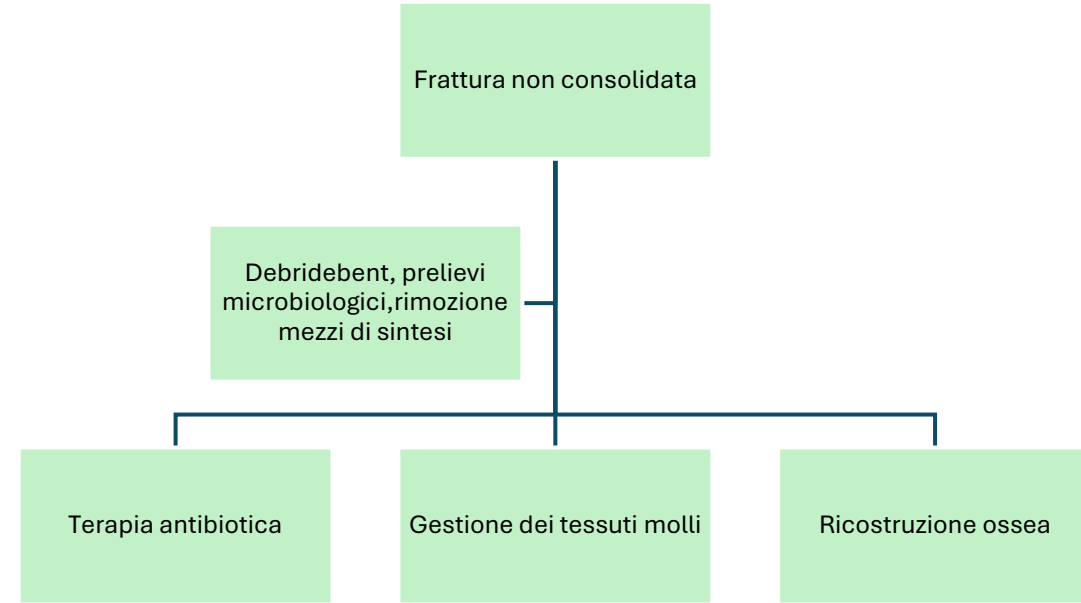
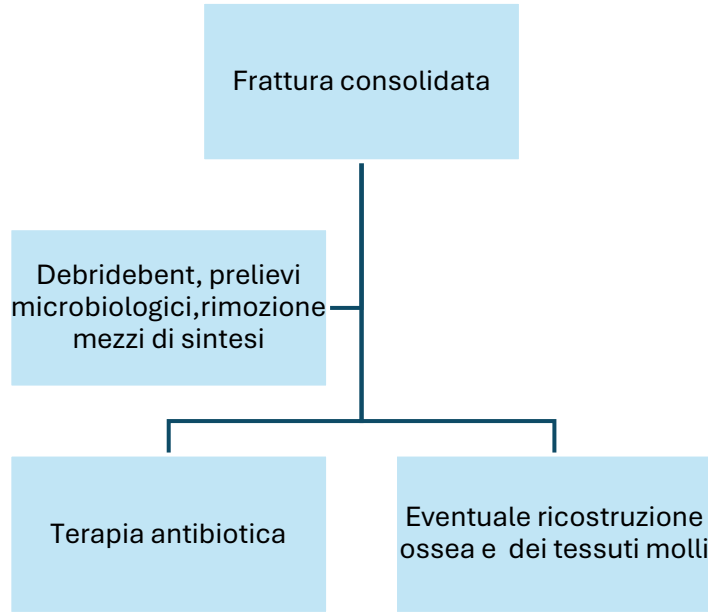
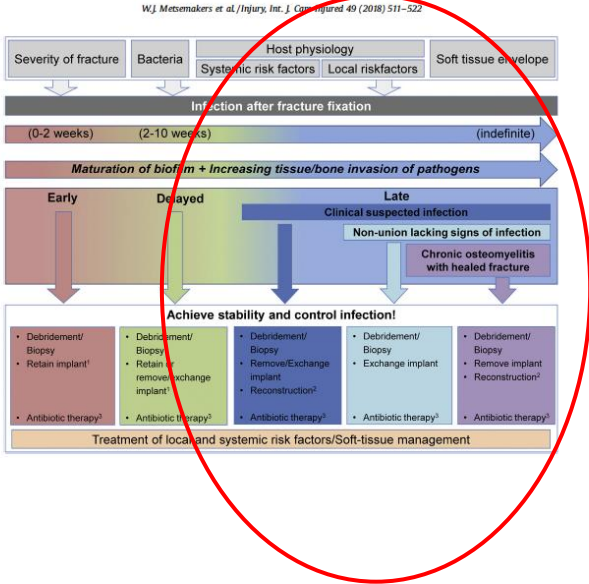
Fratture esposte

Tessuti molli compromessi

Chiodi endomidollari

Condizioni cliniche del paziente scadenti

Patogeni difficili da trattare



- Diagnosi
- **Debridement**
- Stabilità ossea
- Terapia antibiotica
- Ricostruzione ossea e dei tessuti molli

Comparative Study > [J Bone Joint Surg Br.](#) 2001 Apr;83(3):403-7.  
doi: 10.1302/0301-620x.83b3.10727.

**Chronic osteomyelitis. The effect of the extent of surgical resection on infection-free survival**

A H Simpson<sup>1</sup>, M Deakin, J M Latham

Storicamente si è sempre considerata necessaria una resezione ossea «oncologica» \ radicale

Necessità di ricostruzione ossea  
– lunghi tempi di guarigione

Recidive

. 5mm	100% successo
. < 5 mm:	28%. recidive
. Sbrigliamento senza resezione.	100% recidive

- Diagnosi
- Debridement
- Stabilità ossea
- Terapia antibiotica
- Ricostruzione ossea e dei tessuti molli

BJO

■ GENERAL ORTHOPAEDICS

Surgical debridement in long bone chronic osteomyelitis: is wide tumour-like resection necessary?

EVOLVING CONCEPTS AND A REVIEW OF CASES IN A TERTIARY BONE INFECTION UNIT

M. B. Langit,  
K. S. Tay,  
H. K. Al-Omar,  
G. Barlow,  
J. Bates,  
C. B. Chuo,  
R. Muir,  
H. Sharma

**Aims**  
The standard of wide tumour-like resection for chronic osteomyelitis (COM) has been challenged recently by adequate debridement. This paper reviews the evolution of surgical debridement for long bone COM, and presents the outcome of adequate debridement in a tertiary bone infection unit.

**Methods**  
We analyzed the retrospective record review from 2014 to 2020 of patients with long bone COM. All were managed by multidisciplinary infection team (MDT) protocol. Adequate debridement was employed for all cases, and no case of wide resection was included.

I nostri «Nemici»:

- Biofilm
- Tessuti molli mortificati
- condizioni cliniche generali / habitus del paziente

- . Adeguato Debridement
- . Gestione dei tessuti molli
- . Antibiotici locali
- . Preparazione del Paziente

Ridotta tossicità sistemica

- Minimum Biofilm Eradication Concentration (MBEC)

- Diagnosi
  - Debridement
  - Stabilità ossea
  - Terapia antibiotica
  - Ricostruzione ossea e dei tessuti molli
- 
- Fondamentale approccio multidisciplinare
  - Infettivologo
  - Ortopedico
  - Chirurgo plastico

## Prevenzione

### A Prospective Randomized Trial to Assess Fixation Strategies for Severe Open Tibia Fractures: Modern Ring External Fixators Versus Internal Fixation (FIXIT Study)

Robert V. O'Toole, MD,\* Joshua L. Gary, MD,† Lisa Reider, PhD,‡ Michael J. Bosse, MD,§  
Wade T. Gordon, MD,|| James Hutson, MD,¶ Stephen M. Quinnan, MD,¶ Renan C. Castillo, PhD,‡  
Daniel O. Scharfstein, ScD,\*\* Ellen J. MacKenzie, PhD,‡ and METRC



### Fix and flap: the radical orthopaedic and plastic treatment of severe open fractures of the tibia

S. Gopal, S. Majumder, A. G. B. Batchelor, S. L. Knight,  
P. De Boer, R. M. Smith

*From St James's University Hospital, Leeds and York District Hospital, York, England*

#### Prevention

##### Closed fractures

- Perioperative antibiotics
- Soft-tissue care
- Early stable fixation

##### Open fractures

- Orthoplastic care:  
Early stable fixation and  
timely soft-tissue coverage
- Antibiotic prophylaxis
- GA type I/II 24 hours
  - GA type III 72 hours

#### An overview of open fracture management

Anthony Rayner

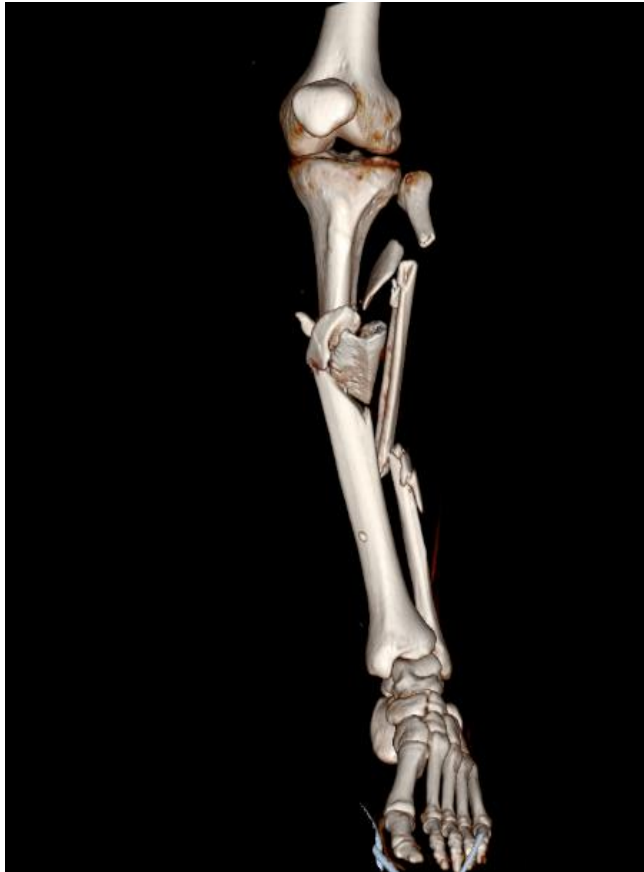
. La principale causa di un'infezione è una scorretta gestione dei tessuti molli

. La principale causa del fallimento nel trattamento delle infezioni è un debridement non accurato  
Associato ad una scorretta gestione dei tessuti molli

- Non esistono differenze, in termini di infezioni, nel trattamento delle fratture con fissazione interna o esterna



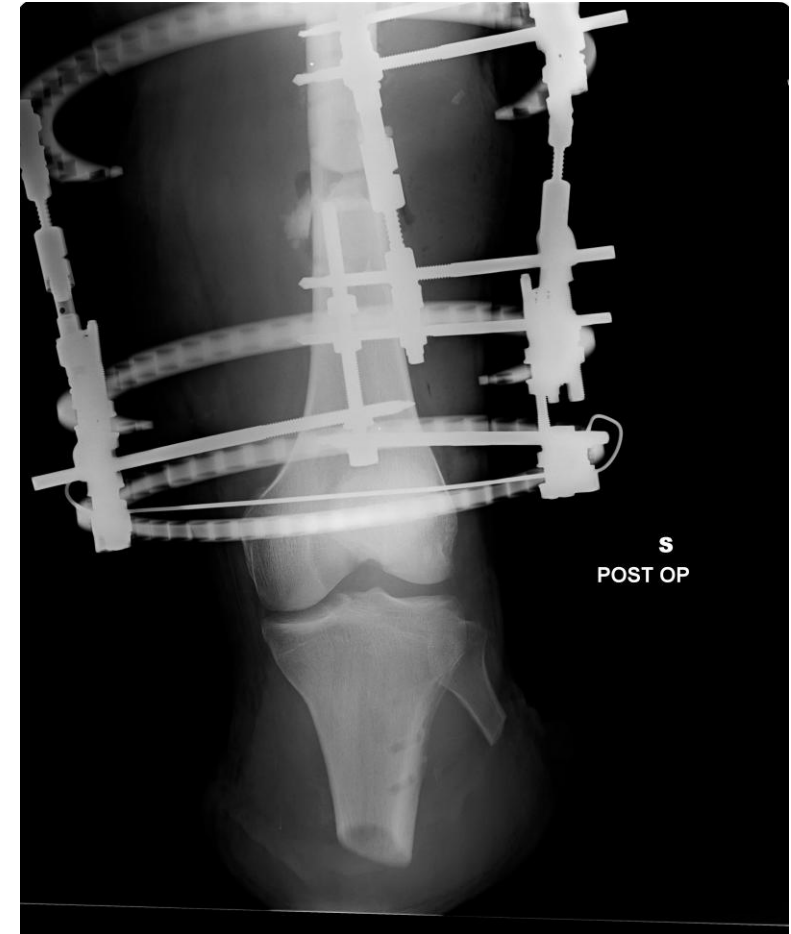
Debridement di fondamentale importanza



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Letteratura

In un qualunque ospedale



Secondo Me

A Prospective Randomized Trial to Assess Fixation Strategies for Severe Open Tibia Fractures: Modern Ring External Fixators Versus Internal Fixation (FIXIT Study)  
 Robert F. O'Toole, MD\*, Joshua L. Gary, MD†, Lisa Holder, PhD‡, Michael J. Stone, MD‡, Wade Z. Gordon, MD§, James Fruton, MD¶, Stephen M. Quinlan, MD¶, Roman C. Carilli, PhD‡, Daniel O. Schepstein, ScD\*\*, Ellen A. MacKenzie, PhD‡, and METRC

**Fix and flap: the radical orthopaedic and plastic treatment of severe open fractures of the tibia**  
 S. Gopal, S. Majumder, A. G. B. Batchelor, S. L. Knight, P. De Boer, R. M. Smith  
 From St James's University Hospital, Leeds and York District Hospital, York, England

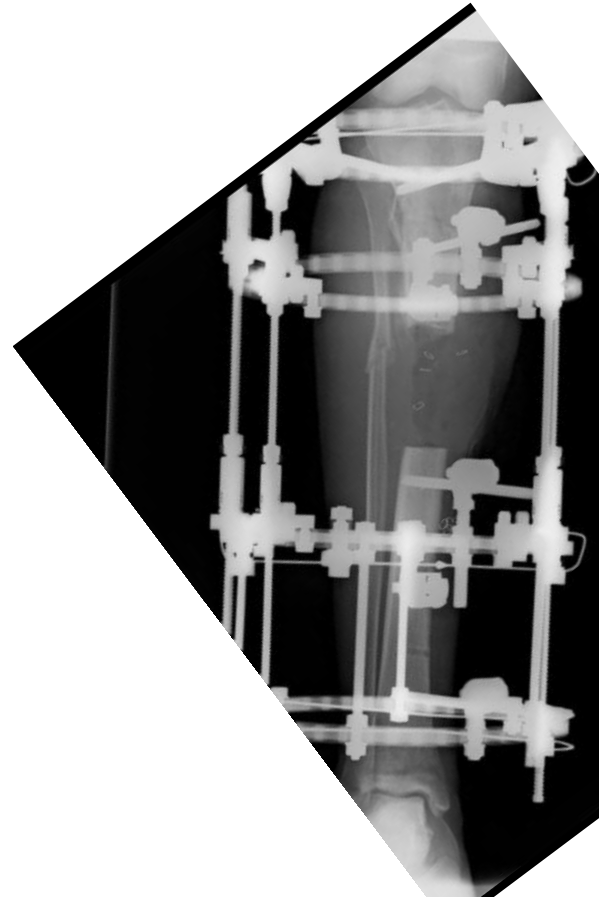
BJR INFOGRAPHIC  
 Fracture-related infection  
 S. Baertl, W.J. Metsmakers, Cite this article: Bone Joint Res 2021;10(6):351-353.

Il meglio è nemico del bene

Si è sempre fatto così



Frame & flap



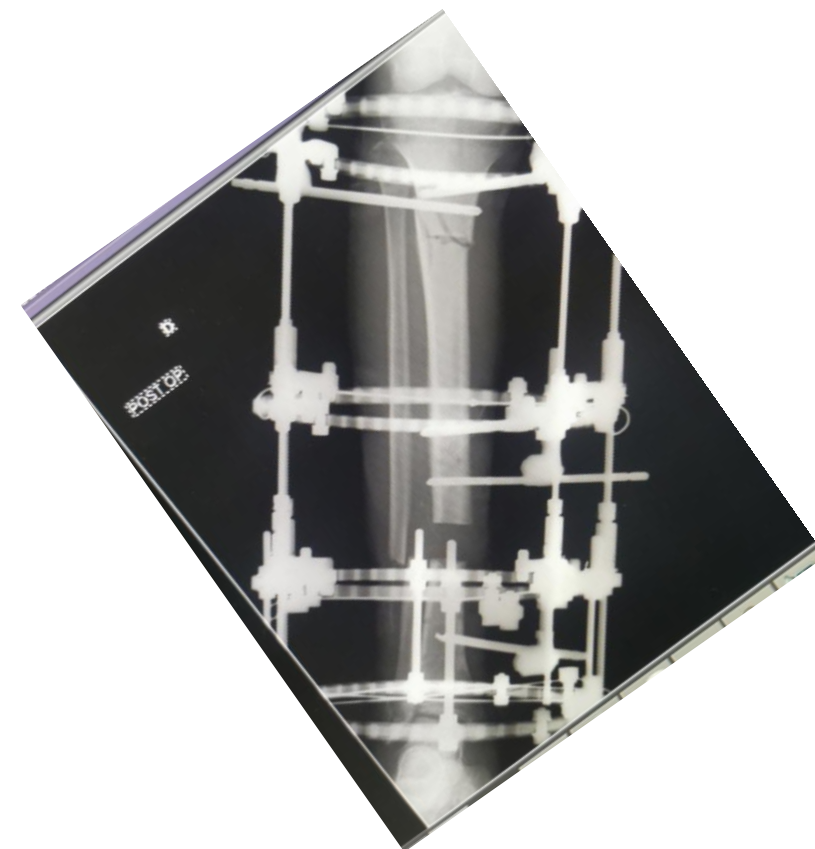
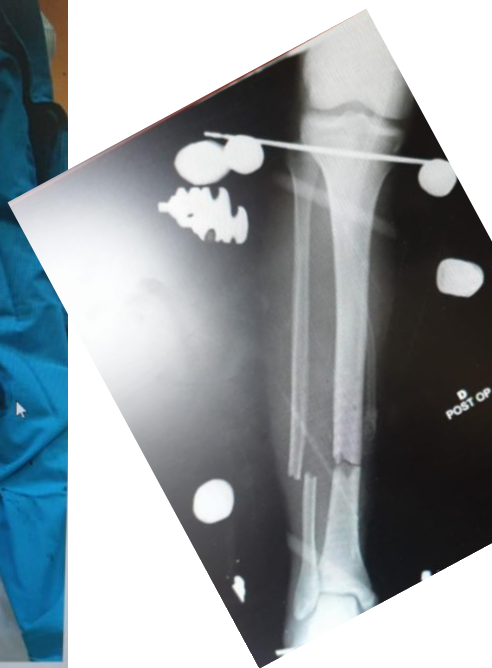
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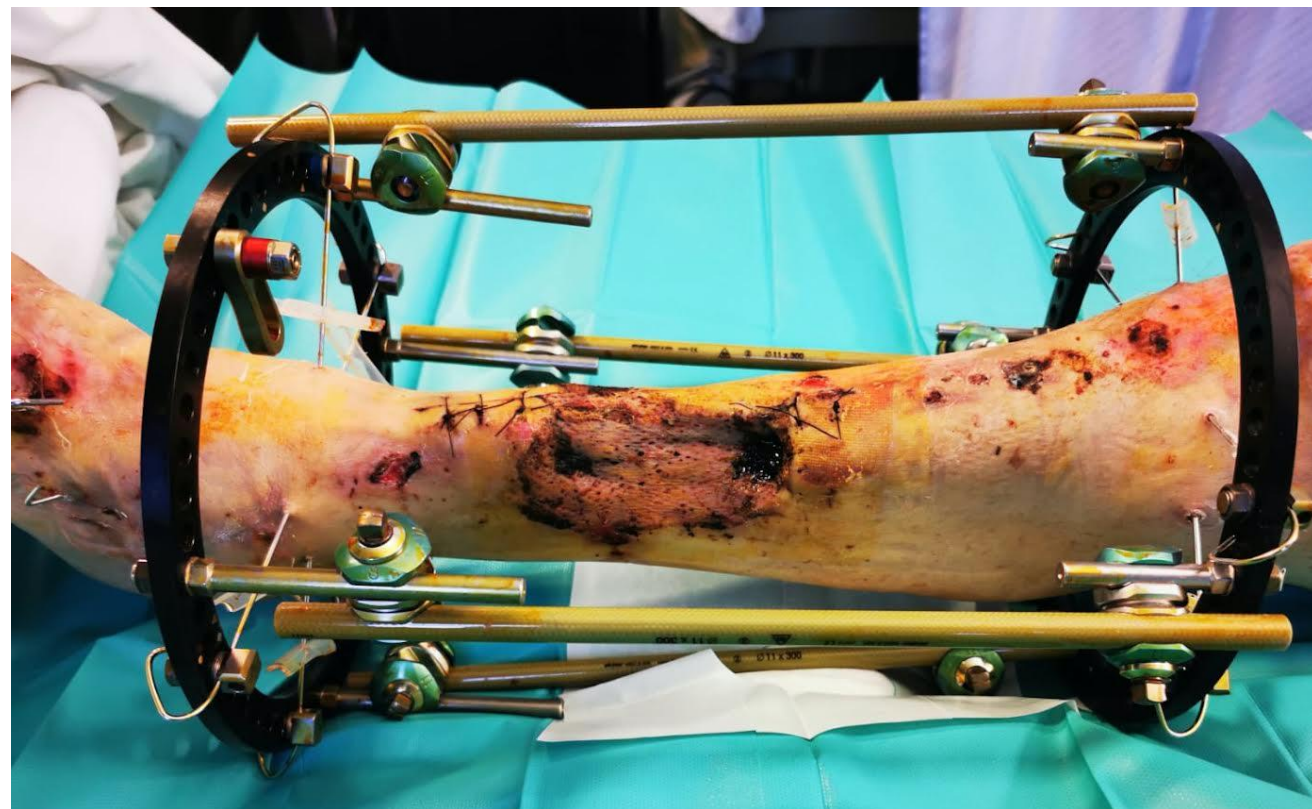
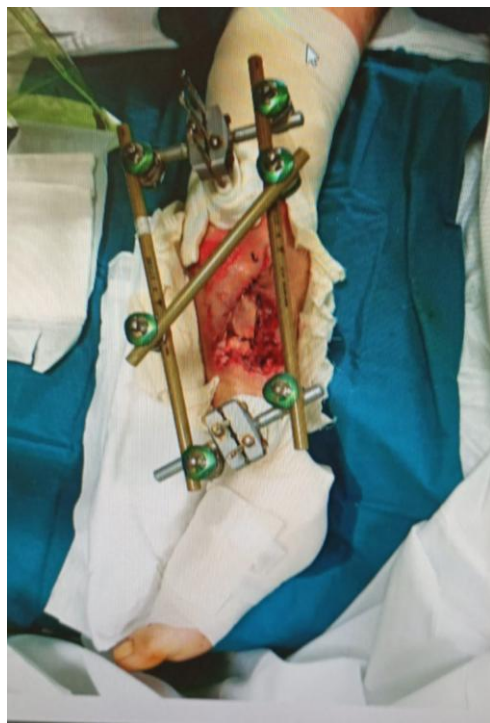
### Frame & flap



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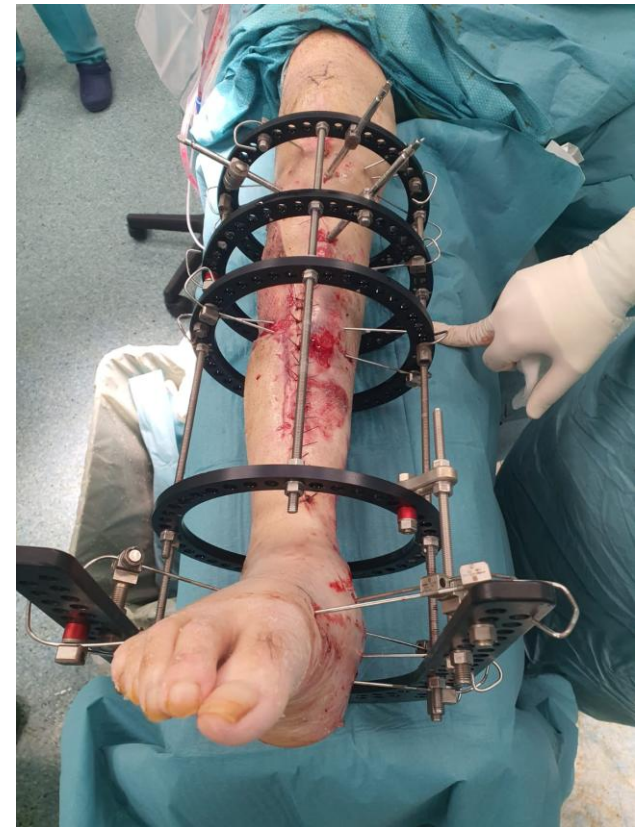
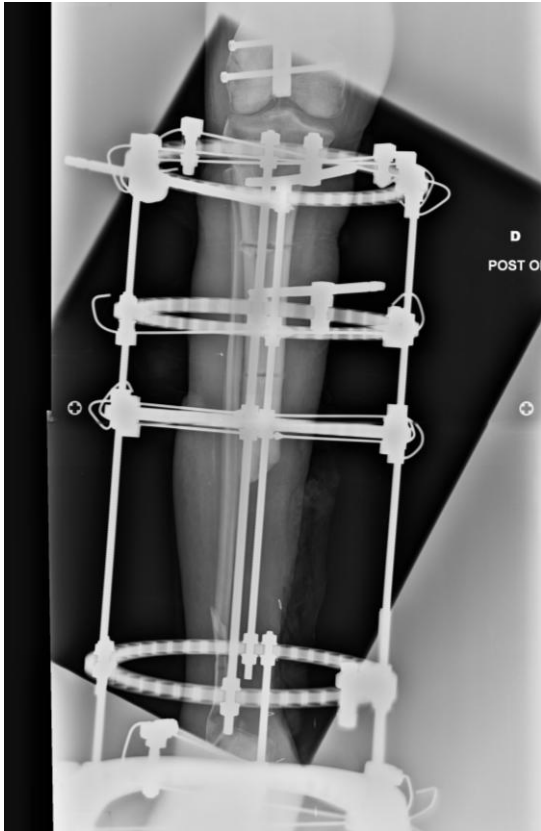


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. secondari



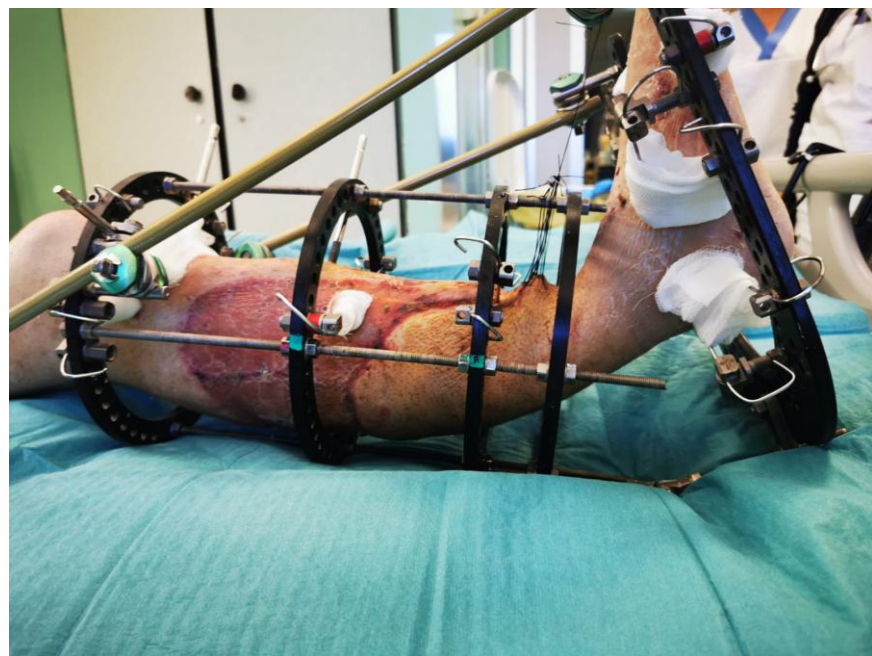
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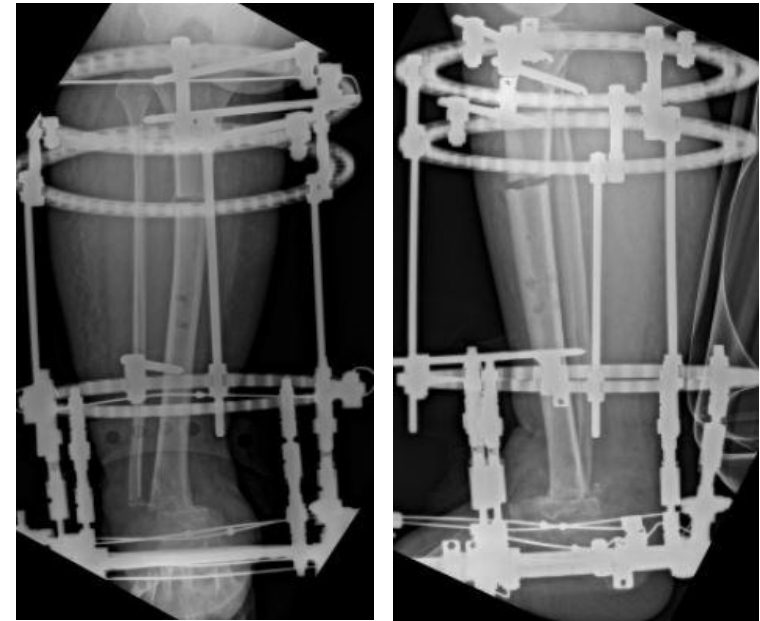
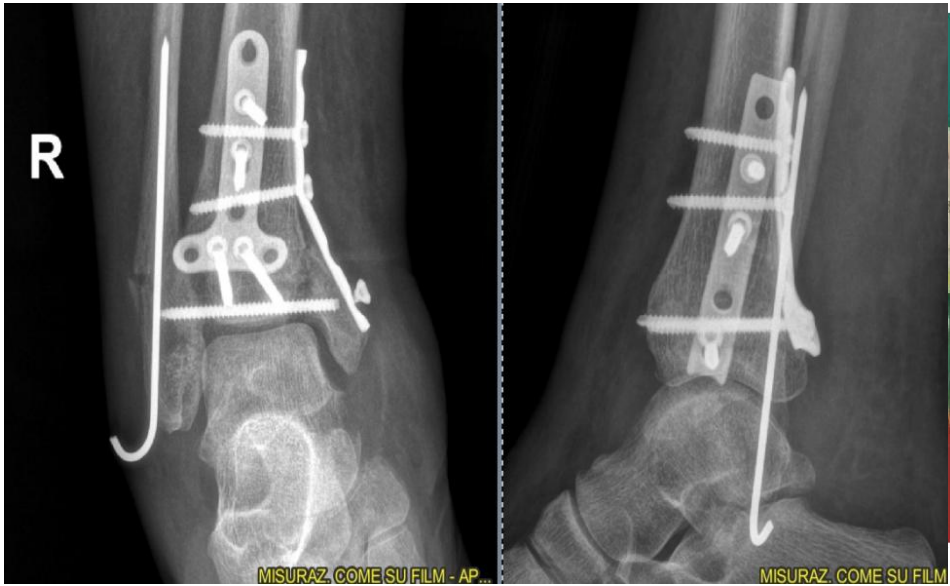
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# trattamento

Accorciamento in acuto



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GRAZIE PER L'ATTENZIONE